

# North Tabor News

www.northtabor.org c/o Southeast Uplift 3534 SE Main St., Portland, OR 97214 (503) 928-4655 chair@northtabor.org

## North Tabor Neighborhood Association Calendar of Events

**NTNA Monthly Meetings:**  
7pm to 8:30pm  
Providence Cancer Center, Conf. Rm D  
4805 NE Glisan St.

**Tuesday, February 16th**  
Board Meeting, Open to all

**Tuesday, March 16th**  
Board Meeting, Open to all

**Tuesday, April 20th**  
Membership Meeting: Board Elections

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## Annual Neighborhood Tree-Planting a Huge Success! By Joe Recker



About 100 volunteers show up for the neighborhood tree planting event! The morning started early, with two Penske rental trucks arriving at the corner of SE Yamhill and SE 35<sup>th</sup> at about 6:45 am. Inside were over 100 trees to be planted in the

North Tabor, Sunnyside, Laurelhurst and Kerns neighborhoods (but most were destined for our neighborhood – North Tabor). Friends of Trees staff had picked up the trees from a nursery outside of Boring, OR the day before.

Over the next hour, dedicated volunteers gathered on SE 35<sup>th</sup> Avenue – blocked off to traffic for the morning – to organize the trees for ten different planting crews, composed of neighborhood residents like you and me. Inside the basement of the Sunnyside Methodist Church, several neighborhood residents and volunteers from the church set up breakfast treats, including pastries and juices donated by Whole Foods, donuts donated by Mio Gelato, bagels donated by Noah's Bagels and delicious coffee donated by Peet's Coffee. As volunteers arrived, Grant High School students helped them register for duty, receive a nametag with a letter on it, and instructions on where to find the coffee (it was still before 9am on a Saturday) and treats. (Continued on Page 4)

## Passive House Under Construction in North Tabor

By Robert Hawthorne, AIA, LEED AP, CoreHaus



Rendering by Doty Hawthorne, artist design with the construction of a Passive House at 616 NE 61<sup>st</sup> Place. Passive House is a building energy standard from Germany that results in a 80-90% reduction in energy required for heating and cooling. An ultra-insulated, airtight building envelope, along with minimized thermal bridging and proper orientation, eliminates the need for a furnace. While thousands of these homes exist in Europe, there are only a handful in the US. This project, called CoreHaus, aims to be the first speculative Passive House in the Northwest when it is completed this summer. For more information about this home and for further information on Passive House, visit [www.corehauspdx.com](http://www.corehauspdx.com).

## Solarize Portland: Round 2

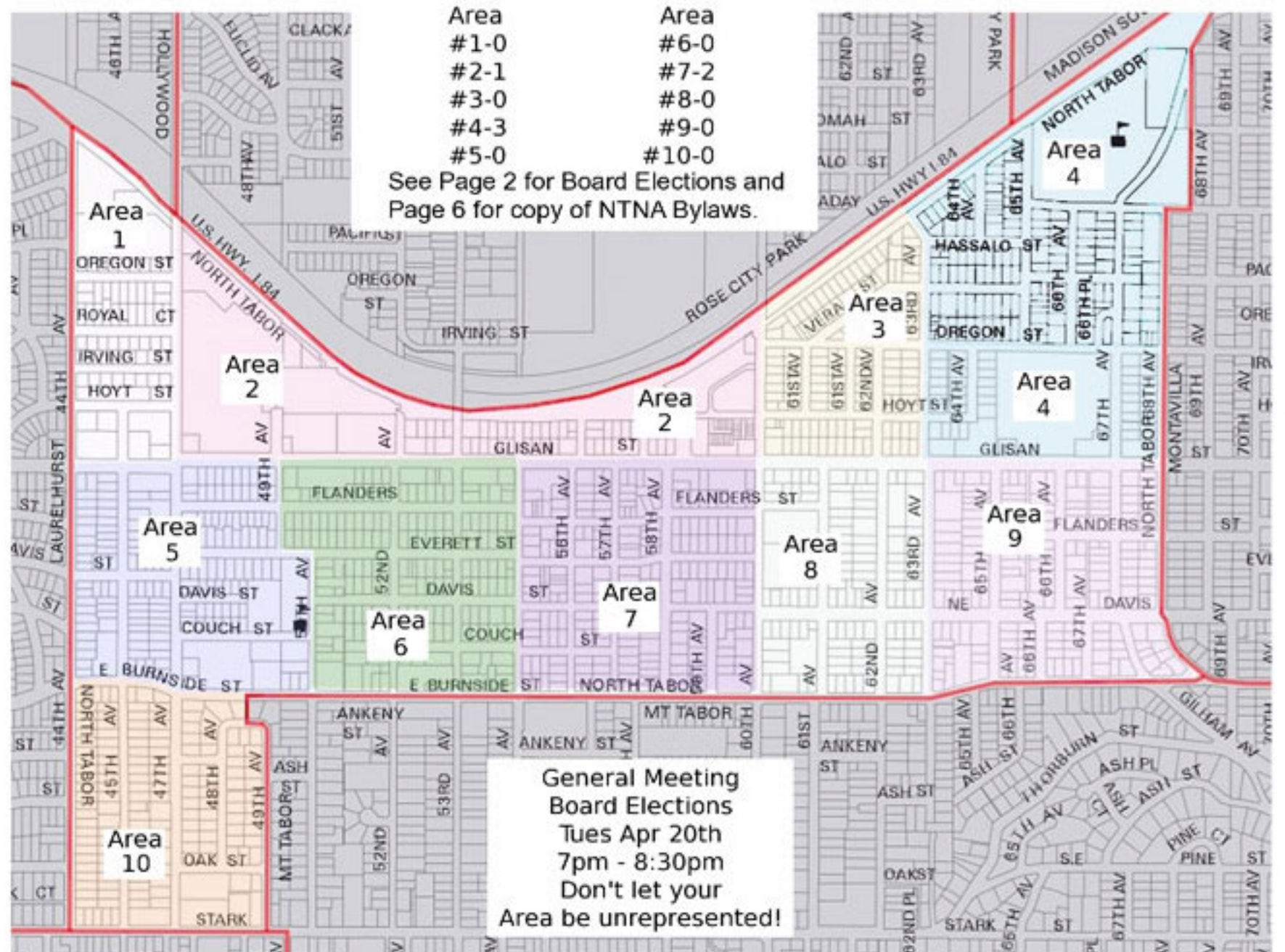
By Tim O'Neal, Sustainability Coordinator, SEUL

Solarize Portland is a community solar installation project initiated by a volunteer from the Mt. Tabor Neighborhood Association and SE Uplift. The project aims to simplify the process of installing residential solar electricity by offering educational workshops to homeowners and providing guidance throughout the process. The project also provides up to a 20% discount on the installations by negotiating a group rate with the installer. In the first round, the price of a typical solar installation was reduced to around \$3,500, after the tax credits, Energy Trust of Oregon cash incentive, and the bulk discount. Solar electricity has never been this affordable.

The first round of Solarize Portland is coming to a close, and has been a great success! In the past six months, hundreds of homeowners have attended community workshops and received free site assessments to determine whether solar is right for their home. Over 100 homes throughout Portland are now outfitted with affordable, renewable energy through the collaboration of community members.

There are now multiple Solarize projects happening throughout Portland. The Northeast Coalition of Neighborhoods has initiated a project for residents of North and Northeast Portland. And SE Uplift is happy to announce another Solarize project for residents in Southeast Portland. (continued on Page 3)

The Table below shows which sections of North Tabor have representation on the board. If you are not being represented, please consider a position on the Board or committees.



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NTNA North Tabor News  
3534 SE Main St  
Portland, OR 97214



## Welcome To North Tabor

We encourage you to get involved! Neighborhood associations are a recognized voice in the City of Portland. Let your voice be part of the process. Participation is voluntary and open to all residents who live, work, own property, or own a business within our boundaries.



The North Tabor Neighborhood (NTN) is bounded on the west by 44<sup>th</sup> Avenue and on the east by 68<sup>th</sup> and 69<sup>th</sup> Avenues. The southern edge of NTN is Burnside Street, except in the area between 44<sup>th</sup> and 49<sup>th</sup> Avenues where the neighborhood extends south to Stark Street. The Banfield Expressway (I-84) creates the northern boundary of the neighborhood.

## Next Issue

The deadline for submissions is March 15, 2010 for distribution in mid-April.

Submit articles and photos to: [editor@northtabor.org](mailto:editor@northtabor.org) or call (503) 928-4655.

Articles need to include the title and author plus photo captions and credits. Photo(s) need to have a filename referring to the article's title.

Submit ads to [advertising@northtabor.org](mailto:advertising@northtabor.org) by March 15<sup>th</sup>, 2010. Ad placement is based on payment and the earliest receipt of ad copy. Call 503-234-6592 to reserve space.

## Publication

The North Tabor News is published by the North Tabor Neighborhood Association. Unless otherwise noted, opinions expressed are the opinion of the author and not those of the North Tabor Neighborhood Association or its board. The newsletter is in part mailed and hand-delivered by wonderful volunteers. To help in your area contact [volunteer@northtabor.org](mailto:volunteer@northtabor.org).

**Advertising:** Candice Jordan

**Distribution:** Lori Kennedy

## North Tabor Neighborhood Association Board Members

Voicemail messages can be left for any board member or committee at (503) 928-4655. Email can be sent to the Board at [board@northtabor.org](mailto:board@northtabor.org).

April Burris, Co-Chair/SEUL Delegate,

[chair@northtabor.org](mailto:chair@northtabor.org)

Joe Recker, Co-Chair,

[chair@northtabor.org](mailto:chair@northtabor.org)

Kaity Tammen, Secretary

[secretary@northtabor.org](mailto:secretary@northtabor.org)

Sam Fuqua, Treasurer,

[treasurer@northtabor.org](mailto:treasurer@northtabor.org)

Sean Besso, Land Use,

[landuse@northtabor.org](mailto:landuse@northtabor.org)

Shirley Nacoste, Outreach,

[outreach@northtabor.org](mailto:outreach@northtabor.org)

Candice Jordan, Communications,

[editor@northtabor.org](mailto:editor@northtabor.org)

Lori Kennedy, Volunteer Coordinator

[volunteer@northtabor.org](mailto:volunteer@northtabor.org)

## Work Group Contacts

Annual Cleanup, [cleanup@northtabor.org](mailto:cleanup@northtabor.org)

Friends of Trees, [fot@northtabor.org](mailto:fot@northtabor.org)

Land Use, [landuse@northtabor.org](mailto:landuse@northtabor.org)

Newsletter, [editor@northtabor.org](mailto:editor@northtabor.org)

Night Out Events, [nightout@northtabor.org](mailto:nightout@northtabor.org)

Outreach, [outreach@northtabor.org](mailto:outreach@northtabor.org)

Rosemont Bluff, [rosemontbluff@northtabor.org](mailto:rosemontbluff@northtabor.org)

Volunteer Coordinator, [volunteer@northtabor.org](mailto:volunteer@northtabor.org)

Webmaster, [webmaster@northtabor.org](mailto:webmaster@northtabor.org)

Yard Sale, [yardsale@northtabor.org](mailto:yardsale@northtabor.org)

## NTNA Bylaws Currently Under Review

A copy of the current bylaws can be found on page 6. If you have changes to suggest, email [chair@northtabor.org](mailto:chair@northtabor.org) or leave a voicemail at 503-928-4655.

## Board Elections Coming Soon!

(Cont. from p1)  
Diversity also comes in the form of renters and business community members, who can provide a unique perspective in helping us achieve our neighborhood association's purpose:

- ◆ To enhance the livability of the neighborhood and of Portland by establishing and maintaining an open line of communication and liaison among the neighborhood, government agencies and other neighborhoods.
- ◆ To provide an open process by which all members of the neighborhood may involve themselves in the affairs of the neighborhood.
- ◆ To do and perform all of the activities related to said purposes, to have an enjoy all of the powers granted, and engage in any lawful activity for which nonprofit corporations may be organized under ORS Chapter 65.
- ◆ For all other objectives as are approved by the Board of Directions or membership (YOU! – how's that for flexibility!)

What does the board do? We organize fundraisers to support the newsletter, tree plantings, outreach events, and community networking events. We help plan for and respond to change in the neighborhood by working with city planners on land use and transportation matters such as the MAX station area plan and development applications within the neighborhood. We also help connect residents and businesses with available resources such as grants, mediation services, and other residents and business leaders with common interests.

Upcoming items for board consideration coming up include pedestrian, bicycle, and traffic safety on major streets, Main Street planning for our commercial streets, and Providence Portland Medical Center expansion. In the case of Providence Portland Medical Center, the neighborhood has a Good Neighbor Agreement with the hospital to allow us to work together to provide an opportunity for mutual understanding and thoughtful planning of the medical center. Board members and neighborhood residents can help inform the conversation in these and many other issues in the neighborhood that may come up at any time.

I hope you'll consider volunteering a few hours per month as a Board member or perhaps as a contributor to the newsletter. There are opportunities for all individuals within the neighborhood to participate and the more participation we have, the greater the benefit to existing and new volunteers. Thanks for reading and being a part of our community!

## Free Listings Available on NTNA's New Online Business Directory

NTNA is pleased to announce the addition of a local businesses directory on our website, [www.northtabor.org](http://www.northtabor.org). All businesses within North Tabor (see boundaries map on page 2) are eligible for a free standard listing and businesses in adjacent neighborhood associations may be listed for a small annual fee. The listing is a public area on the website, viewing is not restricted to membership. A standard listing will include the business name, location, and phone number, a category selection and the option to list special offers to members of NTNA. Categories will be added as needed. Users will be able to select from a list of categories or view the entire listing in alphabetical order.

We are also offering premium listing options, free to all our North Tabor News advertisers and for an annual fee to others. Premium listing options include a rotating logo that will appear on various pages of the website, served up in random order, a short message to viewers on the main directory page, and optional additions to the business detail page including a link to the business website, a larger graphic ad image, expanded text area for information to viewers, and ownership/management details.

Revenues received from paid listings will be used to offset the costs of maintaining a further developing our website and to defray some of the cost of publishing and distributing the North Tabor News. If you wish to have your business added to the directory, please email [advertising@northtabor.org](mailto:advertising@northtabor.org) or call and leave a message at 503-928-4655

## Rosemont Bluff – Herbicide Update

Lynn Barlow, City Nature, Portland Parks & Recreation  
This past January, Portland Parks & Recreation-City Nature staff (PPR) assessed the effectiveness of volunteer efforts to date against spreading invasive vegetation at Rosemont Bluff Natural Area. For the past two years PPR and the Friends of Rosemont Bluff have attempted to restore the site's native habitat by manually removing invading, non-native vegetation without using herbicides. Despite well-meaning efforts by the Friends and other volunteers, our recent assessment of the site shows we are not making progress using only manual removal efforts.

After a discussion with the Friends leader, April Burris, and other interested people, we all agreed that PPR should begin judicious use of herbicides in addition to volunteer efforts. PPR uses herbicides in accordance with our federally reviewed and approved Integrated Pest Management program. For info call 503-928-4655, email [rosemontbluff@northtabor.org](mailto:rosemontbluff@northtabor.org) or see [www.northtabor.org](http://www.northtabor.org).

## Plans Underway for Annual Cleanup

North Tabor Neighborhood is joining forces with Mt. Tabor Neighborhood for a combined cleanup in May this year. As of this writing some specific details are yet to be determined, but information on the date, the location, fees and items accepted will follow in the next issue of the North Tabor News, and will be posted on [www.northtabor.org](http://www.northtabor.org) or may be obtained by leaving a voicemail request at 503-928-4655.

North Tabor will be taking care of the applications and permitting process and the final reporting to Southeast Uplift and Metro while Mt. Tabor will be primarily responsible for the logistics on the day of the event. We are looking forward to a successful collaboration with Mt. Tabor and hope it will open the door to more shared events and projects in the future.

If you are interested in helping determine the recycling and reuse options for this event please contact Lori Kennedy (contact information at the end of this article). If you would like to volunteer the day of the event or if you have a good location for a yard sign for this event (1-2 weeks prior to event) Lori would love to hear from you.

There will be several changes to the event this year as the result of new rules and regulations regarding certain types of materials and due to reduced funding by Metro for these events. We will not be reimbursed the tipping fees for yard debris—so please be sure to check in advance to see if yard debris will be accepted. It would be advisable to check on the list of items and pricing which will be included in the next issue of the North Tabor News as well as posted well in advance of the event on [www.northtabor.org](http://www.northtabor.org).

Annual neighborhood cleanups are made possible by partial funding from the City of Portland and by waivers of tipping fees for most items by METRO. These cleanups offer a convenient way for neighbors to dispose of unwanted items at rates below those normally charged by METRO in most cases. By combining loads additional savings can be made and the distance required to travel is less.

We will again make every effort to coordinate with various agencies and services to assure that maximum recycling and reuse opportunities are used and will also provide a sales area for appropriate items donated.

If you have a pickup and would be available to provide assistance to elderly or disabled neighbors on the day of this event, please contact Lori Kennedy.

Contact information for the Cleanup:  
NTNA Volunteer Coordinator Lori Kennedy, 503-928-4655 or email [volunteer@northtabor.org](mailto:volunteer@northtabor.org).

For information or details on the Cleanup, 503-928-4655, or email [cleanup@northtabor.org](mailto:cleanup@northtabor.org). Information will also be available next month on [www.northtabor.org](http://www.northtabor.org).

Watch for more information in the next North Tabor News. If you rent in North Tabor and you might want to pass on this information if there is material you would like to have cleaned up.

## North Tabor News—Here to Serve You!

The primary purpose of the North Tabor News is to disseminate information to the residents, businesses and organizations within our boundary. In this day and age of electronic information we are concerned that some of our neighbors may not have access to the internet, whether by choice, by economics or by lack of training. Production of the North Tabor News is expensive both in volunteer resources and cost of printing and distribution, however we are firmly committed to continue the North Tabor News and do our best to deliver a copy to every address in North Tabor. If you would prefer to receive your copy via email to help us keep our costs down, you can subscribe by emailing [editor@northtabor.org](mailto:editor@northtabor.org) to request an electronic copy or notice when the electronic copy is added to the website. We can remove you from the delivery list if you choose this option. Send us your name, email address and street address. If you are in shared quarters let us know if we should still deliver to that address for the benefit of any housemates. And anyone who would like to send a donation to help defray the printing and postage costs for this paper can send or deliver to: North Tabor News, c/o 302 NE 57<sup>th</sup> Ave., Portland, OR 97213.

## Providence Health Systems as a Partner of the Sullivan's Gulch Trail

Lynne Coward, Sullivan's Gulch Trail Committee  
As Providence consolidates aspects of its operation, outlying facilities are moving into the core areas around the Medical Center. The newest facility is just east of the 24 Hour Fitness Center in Hollywood.

Providence invited representatives of the Sullivan's Gulch Trail Committee along with land use chairs from Hollywood and Rose City Park to explore together how the Medical Center's plans might affect the route of the future trail. Collaboration among the several entities that have access interests in the Gulch will also be required.

In keeping with their mission, Providence reaffirmed their interest in being a partner to the future Trail and offered to be available for further consultation when issues arise. (Continued on Page 3)



**Sullivan's Gulch** (Continued from Page 2)

A larger picture is how the Trail could lead to a transformation of the Gulch itself. (The recently completed 60th Ave. MAX station plan shows how nodes in this transportation corridor can be redeveloped.) Providence with its size and prominent central location has the opportunity to set the standard for such a transformation.

**Solarize Portland, Round 2** (Cont. from Page 1)

North Tabor neighbors with addresses in Northeast (i.e. north of Burnside St.) are eligible for Solarize SE and possibly for Solarize NE. The pricing will be very similar but the two projects will use different contractors. Solarize NE will use Solar City and Solarize SE will use Imagine Energy. To get information about Solarize NE and to see a schedule of workshops, go to <http://solarize.necoalition.org>, email [solarize@necoalition.org](mailto:solarize@necoalition.org) or call Kelly Rodgers, 503-823-4575. For information about Solarize SE visit [www.solarizeportland.org](http://www.solarizeportland.org), or call Tim at 503.232.0010 x313.

**Work on Traffic Signals along Glisan St**

Sometime in the near future you will see crews working on the traffic signals along Glisan St., NE 47<sup>th</sup> Ave. to NE 82<sup>nd</sup> Ave. At the intersection of NE 60<sup>th</sup> and Glisan St. the signals will be modified to allow protected permitted phasing for left turns. This new signal display will help smooth the flow of traffic by providing additional opportunities for left hand turns at this intersection based upon the traffic flow. Motorists will be given an opportunity to turn left when they see a gap in traffic when a flashing yellow arrow is indicated. This is intended to reduce the time that drivers wait at the intersection and the line of cars are waiting to turn left.

The communication equipment will be upgraded to ensure that the traffic signals along the Glisan St corridor can communicate effectively, thereby facilitating smoother traffic flows along Glisan St from 47<sup>th</sup> to 82<sup>nd</sup>.

Finally, the city will likely increase the amount of time that is allowed for a pedestrian to cross Glisan at 60<sup>th</sup> (traveling north/south). These upgrades will require crews to be stringing wires which may result in a temporary slowdown of traffic while the work is being completed, but the resulting improvements should be well worth any minor inconvenience during the project.

**Culture in North Tabor**

Seven Virtues Coffeehouse might seem like a new shop in 2010 but in actuality it is a process of evolution. The local business is now in its third year and continues to make changes in an effort to improve things. Mike Blair continues to introduce people to the ever changing North Tabor neighborhood with monthly art openings every third Thursday of the month.

February's featured artist has been Valerie Pensworth whose images become short stories to the mundane, yet vital, rituals we all take part in. In March, Mark Crummett's whimsical series of photographs, titled Ghosts in the Machine, a spiritual exploration of man's relationship with technology, will be featured. In April, Seven Virtues will feature the art of Kim Hamblin, whose cut paper art combines themes of landscape, anatomy, and dreamscape.

Highlights at Seven Virtues Coffeehouse:

Added seating including a second living room area.  
All brewed coffee now done using the French Press.  
Monthly art openings every third Thursday.  
Baked goodies from Nuvrei.  
Organic syrups and sugar-free ones made with agave.  
Outlets accessible from almost any seat.  
Focus on cleanliness, friendliness, and quality.  
Seven Virtues t-shirts, travel mugs, and greeting cards.  
Get a Kettleman's bagel and a 12oz cup of Stumptown brew for \$2.50 weekday mornings until 9am.

Seven Virtues Coffeehouse  
5936 NE Glisan St. (60th and Glisan)  
Mon-Fri : 6:30am-6pm, Sat & Sun: 7:30am-6pm  
(503) 236-7763 [www.sevenvirtuespdx.com](http://www.sevenvirtuespdx.com)

**Laurelhurst School Foundation Auction**

"IMAGINE THE FUTURE" is the theme for Laurelhurst School Foundation's 8<sup>th</sup> Annual auction and celebration, March 6<sup>th</sup>, 2010 at the Bison Building, 419 NE 10<sup>th</sup>, behind Franz Bakery. Parents, neighbors and community businesses are invited to help us IMAGINE THE FUTURE for our school, our students and our community.

Comprised of a large and active parent group, the Foundation is seeking local businesses and community members as sponsors for the auctions or to advertise in the auction catalog. Sponsorship opportunities are available at all levels and supporters will be widely recognized in auction and school materials and well as our website [www.laurelhurstfoundation.org](http://www.laurelhurstfoundation.org). For more information contact Tim Knight at 503-704-2943 or [tim@laurelhurstfoundation.org](mailto:tim@laurelhurstfoundation.org).

Laurelhurst School Foundation annual auction and celebration is the primary fundraiser of the Foundation, to fund staff and enrichment programs at the school.

**Providence Good Neighbor Agreement and Steering Committee**

The GNA was created in May 2003. The goal statement reads:

The primary purpose of the terms of this Agreement is to develop an on-going communication plan between PPMC, Center (now North Tabor) and LNA (Laurelhurst Neighborhood Association) throughout the life of PPMC's Conditional Use Masterplan and to establish the foundation for on-going communication and collaboration among the parties and the community at large.

The standing committee is comprised of members of the three groups and is directed to meet periodically to maintain open lines of communication, work collaboratively to improve the livability of the neighborhoods adjoining PPMC, provide a forum to discuss and resolve issues arising from matters identified in the GNA, maintain accountability, and achieve consensus on decision and make recommendation that all groups can take back to their respective organization sponsor for ratification.

North Tabor members of the standing committee include Martha Westgate and Judy Kennedy with standing positions for our Land Use Committee Chair and Chair of the NTNA Board of Directors.

Providence hosted it's annual Good Neighbor Agreement presentation on Wednesday, Jan 20, 2010. Providence was represented by James Arp and Renee King, and several neighbors from North Tabor were in attendance, as well as from other neighboring associations.

NTNA CoChair Joe Recker welcomed all and made introductions. As there were many new attendees, James Arp reviewed the intent of the Good Neighbor Agreement and several Standing Committee representatives commented that through this framework the hospital and neighbors have a good relationship, with a foundation of trust and respect.

The current conditional use master plan (CUMP) was adopted in 2003 and is a 10 year plan. James reviewed an aerial photo of the campus. It was clarified during the meeting that the dotted yellow line on the photo is the "growth boundary" for Providence Portland Medical Center as recognized by the City of Portland. There was discussion about a geographic boundary for the CUMP. Providence will research this and discuss at the next Standing Committee meeting.

Much was discussed about long term plans for Providence and it's impact on the adjacent neighborhoods, including plans for the properties west of NE 47<sup>th</sup> Ave., north of Glisan that have been acquired by and will be further developed by Providence. Clarification was sought as to whether these parcels are subject to the current agreement.

The Good Neighbor Agreement that has been developed here is being used as a model in other locations. The Standing Committee will continue to meet periodically during 2010 as a conduit to voice concerns from the neighborhoods to Providence and as a mechanism for Providence to inform the community of activities which may impact upon the neighborhoods. If you would like copies of the minutes or find out how to become involved in the process between Providence and it's neighbors, please leave a voicemail request at 503-928-4655.

**Progress on the North Tabor Website**

Our small but dedicated crew continues to work toward making [northtabor.org](http://northtabor.org) into a resource for the neighborhood. We have just added a Business Directory feature and will be adding local business as they request a listing and provide the information. As mentioned on page two there are both paid and unpaid options and advertisers in the North Tabor News receive the premium level as part of their package.

The website already has the ability for folks to sign up for a free account, post to forums, blogs and to interest and working groups. We hope soon to offer a classifieds function for neighborhood level listing of items you need to find new homes for or items you need for your home.

It is hoped that individuals will soon be logging on, connecting with others to work on projects or sharing interests and skills at a neighborhood level. Our NTNA Secretary has accepted the task of maintaining the calendar features, so if you have an event of interest to North Tabor, send your information to [calendar@northtabor.org](mailto:calendar@northtabor.org) or call 503-928-4655 and it will be posted.

If you would like to become involved in the further development of this neighborhood resource, please contact [volunteer@northtabor.org](mailto:volunteer@northtabor.org) or call 503-928-4655.

By now some of you are probably wondering who is the poor person who is having their phone number published for every activity of the NTNA. Last year NTNA obtained a voicemail account so that no one participating with the NTNA would have to give out private information. This voicemail system, together with [northtabor.org](http://northtabor.org) email addresses assures that you can participate at whatever level you want without concerns of having calls to your home at inconvenient times or having your email inbox fill up with mail. It also allows for easy transitions when responsibilities move from one person to another.

**North Tabor Neighborhood Association Board Member Application 2010-2012**

The North Tabor Neighborhood Association Board of Directors elected to move the General Meeting and Election of Board Members from May to April. This decision was made as May is generally quite full with the Annual Cleanup. At present it is estimated that there will be at least 8 vacant or seats to be filled on the Board. If you would like to be considered for one of these vacancies or for participation on any of our committees or workgroups please send the following information by April 13<sup>th</sup>, 2010 either by email to [chair@northtabor.org](mailto:chair@northtabor.org) or call 503-928-4655 to leave your contact information and someone will get in touch with you.

Please provide the following items of information:

Name, Street Address, Zipcode, Phone Number and email address if you have one. If you will be representing an organization or business in North Tabor, please identify.

Please also briefly share your concerns, ideas, interests and skills you would bring to the organization and identify any specific committees or workgroups on which you would like to participate.

If you will be apply for a position on the Board of Directors, please sign and date your submission and include the following statements:

1. I have received and reviewed the current North Tabor Neighborhood Association Bylaws. (See page 6)
2. I understand the commitment to the term of the Board of Directors position and it's responsibilities.
3. This application represents my intention, if elected, to serve on the Board of Directors of the North Tabor Neighborhood Association.

Statements will be made available at the April 20<sup>th</sup> General Meeting of the North Tabor Neighborhood Association for review by voting members of the North Tabor Neighborhood Association (see Bylaws, Page 6 for membership requirements).

**Purple Ribbon Project**

Molli Mitchell, Transition Services Manager for Bradley Angle, an agency with the mission of offering survivors of domestic and sexual violence options for safety, self empowerment, healing and hope and collaborating with communities to create social change requested support at the January 19<sup>th</sup> Board Meeting for a special project.

Purple ribbons will be tied around trees in the area, including Rosemont Bluff, to raise awareness of the issue of domestic violence in our communities. If you notice purple ribbons around North Tabor they are in support of this project.

Regardless of race, age, gender identity, background, sexual orientation, or religion, individuals deserve to live in a world where physical, emotional and sexual abuse are not tolerated. Bradley Angle offers a safe, non-judgemental environment for all domestic violence survivors, offering individualized services to meet a wide range of cultural and personal needs.



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FAX 503-233-7322  
[corey@coxandfidler.com](mailto:corey@coxandfidler.com)

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5711 E. Burnside St.  
503-232-3711



Tree Planting (continued from page 1)



Bike crew setting up.

Overall, about 100 neighbors showed up to help plant the trees, mostly homeowners who purchased trees, but also others who just wanted to help. Dozens of neighborhood residents volunteered to participate in bike planting crews, using trailers and bakfiets (Dutch-style utility bikes), to deliver and plant dozens of trees. The bike crews were also being filmed by FOT staff to be part of a film for the upcoming Filmed By Bike film festival next summer.



Nothing beats hauling trees by bike on a sunny January morning.

By 9:30am, with greetings from Friends of Trees staffer Whitney Dorer, and each of the volunteer neighborhood coordinators (myself included), the volunteers set off, under the supervision of trained crew leaders to plant their assigned trees. The bike crews pedaled while other crews carpooled from site to site. The first tree to be planted always takes a bit longer so that the crew leader can train participants on every detail of tree planting, from proper hole depth to ensuring the lateral arms of the trees are facing the desired direction. In some crews, volunteers became specialists like hole digger, stake driver, or tree waterer. In others, volunteers took turns at different functions. It was an opportunity to meet neighbors, do something great for our home, and enjoy some unseasonable warmth and sun for a January morning.



Every crew member learned the ins and outs of proper tree planting.



Imagine all the benefits this young tree will provide.

After crews finished planting their trees, they returned to the church basement to be greeted by 13 large pots of soup, cooked by neighborhood residents, and fresh bread baked by Grand Central Bakery. There, neighbors could be found chatting about things they just learned about each other, or just reminiscing on some of the morning's events, over a hot bowl (or three) of delicious soup.



Doug indicates that the soup was good.

As I mingled, many neighbors explained what a terrific deal this was for them with street trees costing less than \$40 a piece. One neighbor was surprised to find that the tree planted in front of her home that morning was the same size as the one next to it that she spent \$300 to have planted on her own two years ago! Some owners of corner lots purchased five, or even six, trees to fill all the available spots along the street! For them, the event alleviated the potentially backbreaking task of hauling, digging, and planting so many trees at once all on their own - not to mention how much money they saved! There were also landlords present, who understand that street trees are a wise investment for their income property and just the right thing to do.

As you walk through the neighborhood this summer and enjoy the shade and natural habitat of our North Tabor trees, just remember that each one started with someone thoughtfully planting a young tree with this end in sight.



Watering trees will be the most important task this summer.

Please consider participating in the winter 2011 Friends of Trees Tree-Planting. Registration will begin later in the summer. If you can't wait to help, please become a summer tree inspector, where you will be trained in tree care and assigned a couple dozen newly planted trees in the neighborhood to visit once or twice this summer. It's easy, educational, and a great way to experience a sunny summer afternoon. Please visit [www.friendsoftrees.org](http://www.friendsoftrees.org) or call (503) 282-8846 for more information.

July Concerts at Mt Tabor Park

NTNA board voted to once again provide a sponsorship donation in support of the July Concerts at Mt Tabor Park. Summer fun includes four Tuesday-in-July Concerts at Mt Tabor Park. It is easy to walk to the concert bowl, picnic with the band, and return home before dark. This year, North Tabor residents who would enjoy choosing the bands may attend the March 31st parks committee meeting, Wednesday evening at 7pm. Meeting directions at 503-238-2984, ask for Marin. See you there?

If you are interested in volunteering at any of these concerts in July, please contact [volunteer@northtabor.org](mailto:volunteer@northtabor.org) or leave a message at 503-928-4655.



Celtic music that touches the heart, mind, and soul.

Arrangements have been made for a performance by CRAICMORE this season. CRAICMORE plays contemporary traditional Celtic music. With deep roots in the music of Scotland and Ireland, CRAICMORE features the critically acclaimed vocalist Nancy Johnston. Her deep, rich, contralto voice is rare in the genre. Driving rhythms from guitar, bass, Bohdran drum, conga and other percussion, along with high-spirited whistles, flutes and bagpipes, powerfully render jigs & reels. Four part harmony, rhythmic hardshoe dancing, an East Indian Shruti Box and rumbling Didjeridoo all accent the warmth and passion of CRAICMORE's fiery performances. They have toured for over eight years throughout the Western States and recently performed a 14 concert engagement in Shanghai, China. Don't miss the chance to experience the excitement, the humor and the sheer joy of this music from CRAICMORE. What better place for a fiery performance than the top of our own volcano, Mt. Tabor. Stop by and meet your neighbors at our NTNA table.

Peter Vicki

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**If you missed this year's planting, you can still take advantage of the City's TreeBate program!**

If you plant a tree on your residential property, the City will provide a 50% rebate of up to \$40 (up to \$50 for native trees). For more information, please visit: <http://www.portlandonline.com/bes/index.cfm?c=51399&> or call Erica Timm at 503-823-5729.

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**A Taste of Africa and the Middle East  
Right Down the Street** by Robert Jordan

What a difference half a century makes - when I was growing up in the 50's, pizza and tacos were considered exotic "ethnic" food! Now even the chain grocery stores have aisles dedicated to Hispanic and East Asian ingredients, and there might even be a shelf with a few East Indian spices on it.

Still, in many parts of the country, those looking for African or Middle Eastern ingredients might have to go to the internet - but not here in our neighborhood. We are very fortunate to have not just one, but several nearby shops specializing in otherwise hard-to-find African, Mediterranean, and Middle Eastern items. Check them out for yourself!



**International Food Supply  
8015 SE Stark**

Located in the very trendy Stark St business district in Montavilla, International Food Supply is owned by John Attar, who also owns and operates the popular Ya Hala Lebanese Restaurant next door. Originally from Lebanon, John has been in business in Portland for over 25 years, and about ten in this location. The store offers a wide variety of both imported and domestic prepared foods and spices and a wide variety of halal (Islamic certified\*) products, drawing customers (particularly those with heritage from Near East, North Africa, or East Europe) from all over SE Portland.

Looking for ajvar (Turkish pimiento paste), Bulgarian cheese, or bulk quantities of fenugreek, Syrian saffron, or falafel spice? This would be the place for you. Most of the items in the store are those one would use in the preparation of African, Middle Eastern, or Eastern European dishes - but there is also a shelf of fine German and English chocolates. And don't forget to bring home a box of Turkish Delight!



**East African Market  
7830 NE Glisan**

This shop sells not only halal food products geared toward East African cuisine, but housewares and fabric as well. Owners Aweys Shiekh and Amina Mohamed (originally from Somalia) opened the store in the spring of 2008, and serve customers both from the immediate neighborhood and from the wider East Portland area.

The cuisines from lands around the northwestern part of

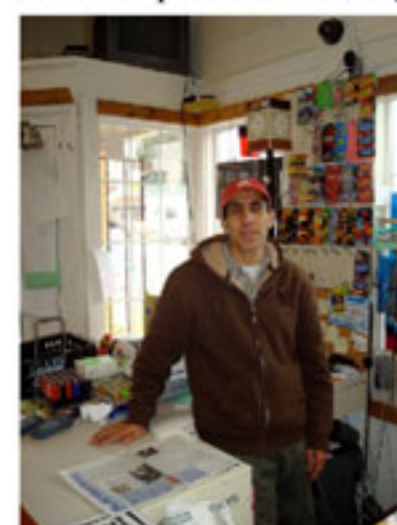
the Indian Ocean - Arabia, India, and East Africa - utilize many of the same ingredients, a wide variety of which are offered here. You can find ghee (clarified butter used in Indian cookery), red lentils, coconut powder, juwar (sorghum) flour, dry hominy, ...the list goes on... as well as spices in bulk at very reasonable prices. Though many of these items are unfamiliar to most Americans, Amina will be glad to explain their use to you!



**Amir Halal Food Grocery Market  
7100 NE Glisan**

"We only sell healthy, halal food," says clerk Said Laishkan. "No candy, cigarettes, or alcohol!" Fresh and frozen meats (some from a halal slaughterhouse in Salem) are available, as are bulk quantities of many varieties of rice, kefir and paneer cheeses, spices like kalonji and ajwain seeds, even yerba maté (the tea drunk by Argentine gauchos).

"And we are cheaper than WinCo or Costco", says Said. "Just compare the 20 lb bags of rice!"



Much like the other two shops, Amir Halal draws its customers from the Muslim immigrant community and from Americans who have discovered the wonderful cuisines of the Mediterranean, the Middle East, and Africa. Telephone cards are popular with customers calling family back home. "And we have many Russian and Ukrainian customers as well," Said told me. "Though I am from Afghanistan, I have also lived in Russia, and can speak Russian with them!"

As might be expected, all three of these shops sell many of the same staple items such as rice, olives, and a variety of cooking oils. Their prices, especially for spices, are much lower than you will find in the standard American supermarket - and of course, many of the items simply can't be found elsewhere. And perhaps most importantly, each of these shops (and the people who operate them) gives us a window into another culture, and another set of experiences. So visit all three, Google those strange spice names, and try some exciting new recipes!

\*Sometimes thought of as the Islamic equivalent of kosher, halal food is prepared according to rules laid out in the Koran. These rules are in some cases similar to the Jewish dietary laws (as is well known, pork is forbidden in both traditions), but in other cases they differ. There is kosher wine, for example, but there can be no halal wine since alcohol is forbidden to Muslims.

Chris Musser of Lost Arts Kitchen has provided us with a couple of recipes you might like to try.

**Tsatsiki**

Makes about 1 pint

Variations on tsatsiki can be found all around the Mediterranean, but most Americans associate this blend of yogurt, garlic, cucumbers, and olive oil with Greek cuisine. The sauce goes especially well with meats, such as gyros or souvlaki, but also drizzled over falafel or tossed with fava beans. During my recovery after having my wisdom teeth removed last summer, one of my favorite foods was tsatsiki smoothies.

- 1 medium cucumber, peeled, seed and diced
- 2 cloves garlic, minced
- 1 tablespoon red wine vinegar or lemon juice
- 1 tablespoon olive oil
- 1 pint Greek-style yogurt, or regular yogurt, drained in several layers of cheesecloth or a lint-free towel for several hours to thicken.

Squeeze the diced cucumber in your hand, or if you prefer, in a clean, lint-free towel, to remove excess moisture. Mix the cucumber with the remaining ingredients, cover and refrigerate, for a day if possible, to let the flavors meld.

**Harissa**

Makes about 1 cup

For some, this spicy North African condiment has replaced ketchup, salsa, and hot sauce. Put it on chicken, lamb, eggs, and legumes, in soups and stews, on potatoes...anywhere you want some mild heat and intense flavor. Consider getting a pepper grinder dedicated to grinding small amount of spices for recipes such as these, as buying whole spices and grinding yourself costs less and makes a tremendous difference in terms of flavor.

- 4 ounces dried chiles (equal amounts of New Mexico, guajillo and chipotle chiles)
- 5 cloves garlic, peeled
- 1 1/2 teaspoons kosher salt
- 1 1/2 teaspoons caraway seeds, freshly ground
- 1 1/2 teaspoons coriander seeds, freshly ground
- 2 tablespoons best-quality olive oil, plus extra for storage

Place the chiles in a large bowl and cover with boiling water. Let rest until softened, about 30 minutes. Drain, then remove the seeds and stems from the chiles. Wear latex or rubber gloves when you do this to avoid irritating your skin. Place the seeded and stemmed chiles into the bowl of a food processor with the garlic and pulse a couple of times. Add the salt, caraway and coriander. Process until smooth, pouring the olive oil into the feeding tube on top as you blend. Add a little water if necessary to achieve the right consistency: The harissa should be a thick paste. To store, top off with a thin layer of olive oil and refrigerate. Keeps for a month (top off with more oil after each use).

**Hummus**

Makes 2 quarts

Kids love it, grown ups love it. This healthy spread is perfect with falafel, of course, but also as a dip for vegetable crudites. You can make this with canned beans in a pinch, but the flavor from dried, soaked bean is much cleaner...and you can avoid the pesky BPA that lines most commercial cans. Make a big batch and freeze it in pint-size containers.

- 1 lb dried garbanzo beans or chickpeas soaked overnight
- 1 cup tahini
- 3/4 cup lemon juice
- 1/2 cup olive oil
- 6-8 garlic cloves, peeled
- 1-2 tablespoon salt, to taste

Bring chickpeas to a boil then simmer about 45-60 minutes or until tender. Drain chickpeas, reserving liquid. Let stand until just cool enough to handle. (Using warm to hot chickpeas makes it possible to process a softer texture that will then stiffen to a nice, spreadable paste). Process in blender or food processor in 2-3 batches according to the capacity of your equipment. Use enough of the cooking liquid to get a texture like soft peanut butter. Mix the batches together in a large bowl. Taste and adjust seasoning if necessary.



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## Bylaws of North Tabor Neighborhood Association

### Article I NAME OF ORGANIZATION:

The name of the organization shall be North Tabor Neighborhood Association (NTNA).

### Article II PURPOSE:

The purposes for which NTNA is organized are:

- To enhance the livability of the neighborhood and of Portland by establishing and maintaining an open line of communication and liaison among the neighborhood, government agencies and other neighborhoods.
- To provide an open process by which all members of the neighborhood may involve themselves in the affairs of the neighborhood.
- To do and perform all of the activities related to said purposes, to have and enjoy all of the powers granted, and engage in any lawful activity for which nonprofit corporations may be organized under ORS Chapter 65.
- For all other objectives as are approved by the Board of Directors (Board) or membership.

### Article III BOUNDARIES:

Boundaries of NTNA shall be defined as: North, the Banfield Freeway and Halsey from 44th to 69th. West, 44th Avenue. South, Stark from 44th to 49th, then north on 49th to Burnside, then east on Burnside to 68th. East, 68th from Burnside to Hassalo, then east on Hassalo to 69th, then north on 69th to Halsey.

### Article IV MEMBERSHIP

Section 1 Qualifications: Membership in NTNA shall be open to all residents, property owners, business owners or licensees, governmental agencies, and nonprofit organizations located within the boundaries of NTNA as defined in Article III of these bylaws who request to be a member.

Section 2 Voting: All members as defined above, eighteen (18) years of age or older, shall have one vote each to be cast during attendance at any general or special meeting. One representative from each business, government agency or nonprofit organization located within NTNA boundaries shall have the same privilege as the residents listed above.

### Article V FINANCIAL SUPPORT:

Charging of dues or membership fees shall not be made; however, voluntary contributions will be accepted and fund raising activities may be authorized by the Board.

### Article VI MEMBERSHIP MEETINGS

Section 1 General Membership Meetings: There shall be at least two (2) general membership meetings yearly. The meetings shall be convened in the fall and spring and upon any day decided upon by the majority vote of the Board. Notification shall be by mail, posted notices, telephone calls, or any other appropriate means of communication apt to reach a majority of the members. Notification shall require seven(7) days advance notice to all members.

Section 2 Special Membership Meetings: Special meetings of the membership may be called by the Chairperson or by majority vote of the Board as deemed necessary.

Notification shall be by mail, posted notices, telephone calls, or any other appropriate means of communication apt to reach a majority of the members. Notification shall require seven (7) days advance notice to all active members.

Section 3 Agenda: Subject to the approval of the Board, the Chairperson shall prepare the agenda for general and special meetings of the membership. Any person may add an item to the agenda by (a) submitting the item in writing to the Board at least seven (7) days in advance of the meeting, or (b) making a motion to the Board to add an item to the general or special agendas at those respective meetings. Adoption of that motion requires a second and majority vote.

Section 4 Quorum: A quorum for any general or special meeting of NTNA shall be the number of members present with a minimum of seven (7). Unless otherwise specified in these bylaws, decisions of NTNA shall be made by a majority of those members present at any meeting.

Section 5 Participation: Any general, special, Board, or committee meeting is open to any person and all who may wish to be heard regarding any item on the agenda. All actions or recommendations of the general or special meetings shall be communicated to all affected parties, including minority reports.

Section 6 Procedures: Robert's Rules of Order-Revised shall be followed in all areas not covered by the bylaws.

### Article VII BOARD OF DIRECTORS

Section 1 Number of Board Members: The Board shall determine the exact numbers of Board positions annually. There shall be at least eleven (11) and no more than fifteen (15) Board members.

Section 2 Eligibility of Board Service: Only persons eligible for NTNA Membership shall be qualified to hold an elected or appointed position.

Section 3 Terms of Office: Terms of office are for two years and staggered, dating from the initial designation of terms of office in 1992, in which half were designated as one-year terms for that election only.

Section 4 Board Vacancies: The Board may fill any

vacancy on the Board or on a committee by majority vote of the Board. A member appointed to fill a vacancy shall serve the remainder of the un- expired term and until his or her successor is elected or appointed.

Section 5 Election of Board Members: Board members shall be elected annually by a vote of the membership at the spring meeting which is normally the third Tuesday of May. The names of all candidates for the Board shall be placed in nomination by a nominating committee or by any member of NTNA. Election requires a majority vote of the membership present.

Section 6 Election of Officers: Board members shall meet after the spring general meeting (thus, normally the third Tuesday of June) and, by majority vote of the Board members present, elect a Chair, Vice Chair, Secretary, and Treasurer. The remaining Board members shall be members-at-large.

Section 7A Duties of Board Members: The Board shall have the following responsibilities and powers:

- Manage the daily affairs of North Tabor Neighborhood Association.
- Make decisions and represent the interests of North Tabor Neighborhood Association on all matters for which it is impractical to present to the membership in advance. All such actions shall be reported to the membership at the next regular meeting.
- Appoint committees to perform necessary functions and represent North Tabor Neighborhood Association on specified topics.
- Establish a plan for maintaining and encouraging involvement in North Tabor Neighborhood Association.

Section 7B Duties of Board Officers:

- Chairperson: The Chairperson shall preside at all Board meetings and all membership meetings and shall perform such duties as the Board and the membership from time to time authorizes. The Chairperson shall represent the position of the Board and the interests of NTNA.
- Vice Chairperson: The Vice Chairperson shall perform the duties of the Chairperson in the Chairperson's absence and as authorized by the bylaws or regulations of the Board.
- Immediate Past Chairperson: The Immediate Past Chairperson shall serve as a guide and assist the current Chairperson in transition and would act in the absence of both the Chairperson and the Vice Chairperson.
- Secretary: The Secretary shall record and maintain minutes of membership and Board meetings, assist the Chairperson with correspondence and maintain the non-financial files of NTNA. The Secretary will maintain a list of Board members and their terms.

e. Treasurer: The Treasurer shall have charge of all funds belonging to NTNA and shall receive, deposit, and disburse funds for NTNA in a bank(s) or financial institution(s) in such manner as designated by the Board. The Treasurer shall make financial reports as designated by the Board.

### Section 8 Board Meetings

- Board meetings are held periodically with the attendance of the Board and interested members. These meetings are chaired by the Chairperson.
- Special meetings may be called by the Chairperson by giving notice to each officer and Board member of the time, place, and term to be discussed or acted upon at least seven, calendar days before the special meeting. A special meeting shall not be called unless sufficient time is unavailable to consider a pertinent matter at the regular Board meeting.

c. A quorum consists of a majority of the currently elected Board members.

d. The Board shall be notified not less than seven days preceding any Board meetings. Notification shall be by mail or telephone calls to all Board members and any media apt to reach a majority of membership.

e. In extreme circumstances an emergency meeting dealing with a single subject may be called. Such a meeting requires 24-hour notification, and the minutes must state the reason for the meeting and the reasons why normal notification was not feasible.

Section 9 Powers of the Board: The Board shall be responsible for all business coming before NTNA and for assuring that members are informed of business that affects them through reasonable means of notification. The Board has the responsibility of acting in the best interest of the neighborhood but is not specifically bound to act according to the majority of members attending a particular meeting.

Section 10 Termination for Nonattendance: Board members failing to attend three consecutive Board meetings may be terminated from the Board upon written notice.

### Article VIII COMMITTEES:

There may be standing committees as designated by the Board and special committees may be established by the Chairperson. Committees must have at least two (2) Board members on them.

### Article IX CONFLICT OF INTEREST PROCEDURES:

A transaction in which a Director may have a direct or indirect conflict of interest may be approved by a vote of the Board if in advance of the vote by the Board all material facts of the transaction and the Director's interest

are disclosed to the Board. A conflict of interest transaction is considered ratified if it receives the affirmative vote of the majority of the Directors who have no direct or indirect interest in the transaction. A transaction may not be authorized by a single Director. If a majority of the Directors who have no direct or indirect interest in the transaction votes to authorize, approve or ratify a transaction, a quorum is present for the purpose of taking action. The presence of, or vote cast by, a Director with a direct or indirect interest in the transaction does not affect the validity of the action taken by the Board. The Director with the direct or indirect conflict of interest may elect to abstain from voting on the transaction.

### Article X GRIEVANCE PROCEDURES

Section 1 Grievance: Any person or group may file a complaint based upon an alleged violation of the Neighborhood Association's bylaws or the ONI Standards. The complaint must be made in writing to the Board within forty-five (45) days of action.

Section 2 Grievance Components: The petition shall include the name and address of the petitioner, the nature of the grievance and suggested remedy.

Section 3 Grievance Committee: Within seven (7) days after the receipt of the petition, the Chairperson will establish a grievance committee of three to include: one representative appointed by the Board of Directors, one representative appointed by the petitioner and one representative from the neighborhood district coalition. The committee shall investigate the matter and report to a general or special meeting within sixty (60) calendar days from receipt of the grievance.

Section 4 Grievance Hearing: The grievance hearing shall appear on the notification of the general or special meeting. The general membership, by a majority vote of those present, can take action on the grievance. Such actions include, but are not limited to: sustaining the original action, reversing the original action, revising the original action or deferring further action pending further investigation. A tally of votes and the minutes from the grievance hearing shall be documented and forwarded to the affected individuals and groups.

Section 5 Appeals Process: Only upon unsatisfactory resolution of a grievance with a Neighborhood Association may the grievant appeal to the District Coalition and the Office of Neighborhood Involvement as indicated in the Office of Neighborhood Involvement Standards.

### Article XI PROCEDURE FOR CONSIDERATION OF PROPOSALS

Section 1 Submission of Proposals: Any person or group, inside or outside of the boundaries of NTNA and any City agency, may propose in writing terms for consideration and/or recommendation to the Board. The Board shall decide whether proposed items will appear on the agenda of the Board, standing or special committees, or general or special meetings.

Section 2 Notification: The proponent and members directly affected by such proposal shall be notified in writing of the place, day, and hour the proposal shall be reviewed not less than seven (7) days in advance.

Section 3 Attendance: The proponent may attend this meeting to make a presentation and answer questions concerning the proposals.

Section 4 Dissemination: NTNA shall submit recommendations and dissenting views as recorded from the meeting to the proponent and appropriate parties.

### Article XII PUBLIC MEETINGS AND RECORDS REQUIREMENT

NTNA shall abide by all Oregon statutes relative to public meetings and public records as outlined in the ONI Standards adopted July 2005. Official action(s) taken by NTNA must be on record or part of the minutes of each meeting. The minutes shall include a record of attendance and the results of any vote(s) taken. A summary of dissenting views should be transmitted along with any recommendation made by NTNA to the City. Official records will be kept on file at the Southeast Uplift office.

### Article XIII NONDISCRIMINATION

NTNA will not discriminate against individuals or groups on the basis of race, religion, color, sex, sexual orientation, gender identity, age, disability, national origin, income, or political affiliation in any of its policies, recommendations, or actions.

### Article XIV ADOPTION AND AMENDMENT OF BYLAWS

All amendments to these bylaws must be proposed in writing and submitted to members at least seven (7) days before voting on their adoption may proceed. Notice of proposal to amend the bylaws, specifying the date, time, and place for consideration, must be provided to all members at least seven (7) days before voting. Adoption of and amendments to these bylaws shall require a two-thirds (2/3) vote by the members present at a general meeting.

**Initial adoption of these bylaws: 7 Oct 1992. As amended, 21 October 2008.**

Please email [chair@northtabor.org](mailto:chair@northtabor.org) or call to 503-928-4655 with any comments or suggested changes to prior to April 1st, 2010



**Blair Edmiston Interview** (Continued from Page 8)  
make along the path And so I really try to keep those two things balanced as much as possible because I think it's imperative that [Portland's] homes become more sustainable.



An Edmiston Design Build Project

two because sometimes one crowds out the other, unfortunately. There are sacrifices to make along the path of making a place sustainable. There are sacrifices to **Typically, how many projects are you working on at one time?**

On average, two, but it just depends on the type of project. If it's a complicated, big project that's taking all of your resources, it's one. If it's a fairly cut-and-dry project then there might be three other projects, and those other two projects have to also be cut-and-dry and can't demand all of your resources.

**How well have you come through the recession?**

I'm actually doing better right now....I've done a lot of networking, I've done a lot to get ourselves out there. I think that if you're focused on the right things in any economy there's always the need for that. We're focused on sustainability, we're focused on high quality [and] listening to our clients.

## Homebuyer Tax Credit Changes

By Greg Zimmerman

Did you know Congress has given first-time homebuyers until April 30 to get that tax credit of up to \$8,000? And Congress also expanded the program to include up to a \$6,500 credit to current home owners who buy a home by that April 30th deadline.

To take advantage of the first-time homebuyer credit, you may not have had interest in a principle residence for three years before the purchase, and you must make no more than \$125,000 as a single person or \$225,000 for a married couple.

Current homeowner must have used the home they are selling as their principle residence consecutively for five of the previous eight years. The same income limits of \$125,000 for singles and \$225,000 for married couples apply. A key difference with the current homeowner credit is homeowners may take the credit so long as the purchase contract is in effect on April 30, 2010, and the purchaser closes on the home by July 1, 2010. The price of the home being purchased is limited to \$800,000, and there are additional documents required by the homeowner and first-time homebuyer claiming the credit. Talk to your accountant or tax professional to be sure you qualify.

Greg Zimmerman is a Broker with Meadows Group Inc., Realtors, and resides in North Tabor.

## Metro Household Hazardous Products and Metro Recycled Paint

Reduce your use of toxic products in the home and garden. Properly dispose of household hazardous products and paints. Purchase recycled paint for interior or exterior applications at Metro's retail store, and learn how to dispose of all paints correctly.

503-234-3000 [www.oregonmetro.gov](http://www.oregonmetro.gov)

## Multnomah County Environmental Health — Vectors and Viruses

Protect your home and health.

503-988-3400 ext. 25860 [www.mchealth.org/vector](http://www.mchealth.org/vector)

## Oregon Food Bank

Distributes food weekly to more than 300 food pantries, soup kitchens, shelters and other programs that help low-income individuals. Programs include Harvest Share, Community Basket, nutrition education classes and the learning garden.

503-282-0555 [www.oregonfoodbank.org](http://www.oregonfoodbank.org)

## Portland Office of Emergency Management (POEM)

Community training program using neighborhood, business and school emergency teams to assist in a widespread emergency.

503-823-4375 [www.portlandonline.com/oem](http://www.portlandonline.com/oem)

## Utilities Savings

### Energy

#### Community Energy Project

Empowers Portland metro area residents to maintain healthier homes, control utility costs, and conserve natural resources through hands-on workshops and in-home services for qualified households.

Home Weatherization: Workshops and in-home services for income-qualified households.

Lead Poisoning Prevention: Workshops on how to protect your family from lead hazards.

503-284-6827 [www.communityenergyproject.org](http://www.communityenergyproject.org)

#### Energy Trust of Oregon

Residential programs include home energy reviews, tax credits, and cash incentives for home energy efficiency.

1-866-ENTRUST [www.energytrust.org](http://www.energytrust.org)

#### Multnomah County Low Income Energy Assistance

Energy cost assistance to income-eligible households.

503-988-6295 [www.co.multnomah.or.us/dscp/hps\\_energy\\_asst.shtml](http://www.co.multnomah.or.us/dscp/hps_energy_asst.shtml)

#### Multnomah County Weatherization

Energy savings through insulation and related services to income-eligible households. 503-988-6295, ext. 26596

[www.co.multnomah.or.us/dscp/weatherization.shtml](http://www.co.multnomah.or.us/dscp/weatherization.shtml)

#### Oregon Department of Energy

Oregon Residential Tax Credit: Tax credits for purchasing energy efficient appliances, heating and cooling equipment, and solar photovoltaic and water heating.

State Home Oil Weatherization Program: Cash rebates for residents who install weatherization and heating measures in their oil, wood, propane or butane heated homes.

800-221-8035 [www.oregon.gov/ENERGY](http://www.oregon.gov/ENERGY)

#### Oregon HEAT

Resources for household heating needs, including bill payment assistance and information on energy conservation. 503-612-3790 [www.oregonheat.org](http://www.oregonheat.org)

#### Pacific Power Blue Sky

Purchase up to 100 percent renewable energy through Blue Sky. 800-769-3717 [www.pacificpower.net](http://www.pacificpower.net)

#### Portland General Electric

Information on energy efficiency, rebates, bill assistance, weatherization and renewable energy options.

503-228-6322 [www.portlandgeneral.com](http://www.portlandgeneral.com)

#### Solar Oregon

Home tours, educational workshops and incentive information for residential and commercial solar energy systems. 503-231-5662 [www.solaroregon.org](http://www.solaroregon.org)

#### Water

##### City of Portland Bureau of Environmental Services

Stormwater management, downspout disconnection, pollution prevention and naturescaping for clean rivers. 503-823-7740 [www.portlandonline.com/bes](http://www.portlandonline.com/bes)

##### City of Portland Water Bureau

Information and free devices for leak detection and indoor/outdoor water conservation. Bill assistance for income-eligible households: 503-823-7770 503-823-7404 [www.portlandonline.com/water](http://www.portlandonline.com/water)

#### Metro Recycling and Waste Reduction

Find out where to recycle non-curb-side items and how to dispose of non-recyclables properly. 503-234-3000 [www.oregonmetro.gov](http://www.oregonmetro.gov)

#### Yard and Garden

City of Portland Parks and Recreation

Community Gardens: Community garden locations and summer classes for kids 503-823-1612

#### Garbage and Recycling

City of Portland Bureau of Planning and Sustainability - Garbage and Recycling Waste and recycling questions answered. 503-823-7202 [www.portlandonline.com/bps](http://www.portlandonline.com/bps)

#### Urban Forestry:

Street tree planting, pruning and removal permits, general tree care classes and tree regulations.

503-823-4489 503-823-7529 [www.portlandonline.com/parks](http://www.portlandonline.com/parks)

#### Friends of Trees

Neighborhood tree planting projects by volunteer tree-planting teams. 503-282-8846 [www.friendsoftrees.org](http://www.friendsoftrees.org)

## Growing Gardens

Installation of backyard food gardens, after-school garden clubs, gardening classes and workshops for Portland residents.

503-284-8420 [www.growing-gardens.org](http://www.growing-gardens.org)

## Metro Natural Gardening

Information and workshops on composting, chemical-free pest/weed control and lawn care, and plant selection for the local climate. Purchase compost bins year-round at Metro's retail store on Swan Island.

503-234-3000 [www.oregonmetro.gov/garden](http://www.oregonmetro.gov/garden)

## Your Home, Your Money

City of Portland Bureau of Development Services Permits, inspections, land use and zoning for residential and commercial properties.

503-823-7300 [www.portlandonline.com/bds](http://www.portlandonline.com/bds)

## Community Alliance of Tenants

Educates renters on their rights and advises tenants how to request improvements in their buildings.

503-288-0130 [www.oregoncat.org](http://www.oregoncat.org)

## Oregon Safe Net (Housing Connections and 211 Info)

Resources and listings for all forms of housing. Connects people with a place to live, housing services, and housing information. Locate health and human services in the Oregon and SW Washington region. Dial 211 or 1-800-723-3638 [www.housingconnections.org](http://www.housingconnections.org) [www.211info.org](http://www.211info.org)

## Oregon Construction Contractors Board (OCCB)

Anyone paid to work on property in Oregon must be licensed. Contact OCCB to check a contractor's license.

503-378-4621 [www.oregon.gov/CCB](http://www.oregon.gov/CCB)

## Portland Development Commission

Loans for home repairs, purchase and renovation. Lead-based paint grants.

503-823-3400 [www.pdc.us](http://www.pdc.us)

## Portland Housing Center

Quality education, counseling and financial assistance for first-time home buyers

503-282-7744x101 [www.portlandhousingcenter.org](http://www.portlandhousingcenter.org)

## REACH Community Development

Community Builders Program

Free home repairs for Portland's senior and disabled low income homeowners.

503-231-0682, ext.142 [www.reachcdc.org](http://www.reachcdc.org)

## 7 Ways to save money on your utility bills

You have the power to reduce your energy bills! Every day we make choices that affect our electricity, gas, water, sewer or garbage costs. It's the right thing to do: Small changes at home can help reduce expenses and create a healthier home for your family.

Contact the Energy Trust of Oregon (ETO) to schedule a FREE home energy review. ETO will recommend energy-saving measures specific to your house and install free compact fluorescent light bulbs, faucet aerators and showerheads. Call 1-800-866-ENTRUST or go to [www.energytrust.org](http://www.energytrust.org)

Order a free water conservation kit (water audit kit, leak detectors and more) from the City of Portland Water Bureau. Call 503-823-7439 or order online at [www.portlandonline.com/water/conservationkits](http://www.portlandonline.com/water/conservationkits).

Buy home appliances and windows that feature the Energy Star® label. Visit [www.energytrust.org](http://www.energytrust.org) for information about cash incentives for these purchases.

Make your home energy-tight: Set home heating thermostat to 68° F daytime, 55° F nighttime and water heater thermostat to 120° F. Add insulation to walls, under floors, ducts and attics.

Replace incandescent light bulbs with CFL light bulbs.

Use a smaller garbage can: garbage rates are based on the size of your can, so reuse, reduce and recycle to move to a lower rate. For more information contact the Bureau of Planning and Sustainability's Garbage and Recycling Hotline at 503-823-7222 or [www.portlandonline.com/bps](http://www.portlandonline.com/bps)

"Phantom Power" is wasteful and can increase your energy bills: Microwaves, stereo equipment, televisions, chargers for cell phones or iPods, and computer equipment all draw power when plugged in. Shutting off the main switch on a power strip stops these devices from drawing power.

Here Are

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Resources

[www.northtabor.org](http://www.northtabor.org)





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**Slip Creative Design Studio & Boutique Opens**  
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New shop on the block.....  
There's a new shop open at 6010 NE Glisan. Kim Amo and Allen Brokate recently opened Slip, a dedicated creative workspace that will also function as a retail-clothing store. Kim and Allen are both artists and offer graphic design services under the name Slip Enterprises. Kimberly is an accomplished fashion designer and also does custom tailoring and alterations. She literally can do anything clothing related and creates her own designs from initial sketches to finished product, and is considering offering one on one private tutoring to people interested in learning pattern making and clothing construction. The retail store currently has a wide selection of fine vintage clothes as well as some of Kim's original designs for the line she's developing under the name Kimamo. Samples of

her work can be found at [www.kimamo.com](http://www.kimamo.com).  
"We're proud to be a new part of the North Tabor neighborhood and feel fortunate to have neighbors like U.F.O. Pizza, The Sweet Cream Café, Seven Virtues Coffee Shop, Electric Tattoo, The A & L Tavern, and Bidy's all on the same block. We've already had the pleasure of meeting quite a few local residents and are looking forward to developing ongoing relationships with other members of the creative community here".

As we go to press, Kim and Allen are still developing their business model but hope to start having local artists and other clothing designers use Slip to display their work. They also have plans to begin doing gallery shows in tandem with The Seven Virtues "Third Thursdays" to support the local art scene.

Allen and Kim are actively seeking people to consign their work, original clothing designs and crafts in the store and will also promote some inventory via online venues such as Ebay and Etsy (some of their vintage clothing can currently be found at [www.etsy.com/shop/slipenterprises](http://www.etsy.com/shop/slipenterprises)). The consignment policy is generally a 50-50 split with the artists with the exception for additional fees associated with online listings.

Local artists interested in consigning with Slip should email [info@slipenterprises.com](mailto:info@slipenterprises.com) or call ahead to arrange an appointment at 503-232-0264. Slip is very much a D.I.Y. Enterprise still in the process of development. Hours are not quite set in stone yet and the official website [www.slipenterprises.com](http://www.slipenterprises.com) is still under construction. General Hours 11am - 7pm, 7 days a week. Subject to change. Please call.

Watch for notices of a Grand Opening soon and in the meantime stop by and welcome Kim and Allen to the North Tabor community.

**Interview with Blair Edmiston**

by Gabriel Frayne Jr.

Blair Edmiston's road not taken began in Fairbanks, AK, his hometown, and passed through Lewis and Clark College, where his academic interests were perhaps somewhat more esoteric than most students'. Today the 31 year-old North Tabor resident runs a successful contracting business with five employees and a growing reputation. His niche is creating more sustainable, energy-efficient homes while preserving Portland's vernacular architecture. "I think Portland could do a lot better with preserving its history," he says.



**Did you grow up with this business? Did your dad do remodeling?**

Yeah, not so much remodeling, but construction. He worked for a custom home—I want to say company, but it was small. It was like him and another person who was very skilled. And then the person my dad worked with, his wife was the architect, so she would do the plans for the clients and then my dad's partner there would do the take-offs and my dad would supervise the jobs.

**How did you get to Portland?**

I came to Portland in '97 to go to school at Lewis and Clark College.

**Did you study architecture or something related?**

Close...German studies and music. (laughs) I was more interested in a liberal arts education, not so much a technical education.

**But you had done some [contracting work] growing up?**

Yeah, I grew up around it. I helped where I could and grew

up around it. I don't know if my passion was ever for contracting, you know, even when I started doing it here. I enjoyed the craft side of it. I enjoyed the projects I had going on at my house that were kind of the craft part of it, and the architectural side of it, the design part of it.

**You're obviously familiar with a lot of the architectural styles associated with Portland—the bungalows, cottages, craftsmen and so on. What piqued your interest in these styles?**

After living abroad, in Prague, [I came back to] Portland and realized Portland is actually an excellent city. And a part of that is that the housing, the neighborhoods in Portland, are outstanding. . . . What I'd say I like about Portland is the "craftiness" of Portland. There's a lot of craft. And you see that in homes, but you also see that in our beers, you see that in our coffee, you see that in our food, so it's not limited to architecture.

**What are the main architectural styles that you've seen in North Tabor?**

I don't do a ton of work in North Tabor. I live in North Tabor, but I don't do a ton of my work in North Tabor. But it seems to me that the majority of the homes are early 1900s homes, and they're primarily bungalows. And variations on that—the "bungaloids," as they're called, something that's pretty close to a bungalow but not quite a bungalow.

**Describe a typical job in your business**

The typical job, well, right now I'm working on a ranch-era home in the Sellwood area, and that's an addition--a master bedroom with a master bathroom—and they're also remodeling their kitchen and adding on a deck. Another job is further out in Beaver Creek, where it's a very, very custom deck that's kind of a three-tiered, three platforms all different staircases all leading to one patio, and that patio having different types of different shelves kind of come off it at different levels for plants. It's really nice.

**Do you do a lot of retrofitting for solar and other energy-saving technologies?**

I'm interested in that. That's what my main motivator is. There are two things that I think are really important: historic homes and sustainable building--and merging those (Continued on Page 7)



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