North Tabor Elects New Board on October 19th

On Tuesday, Oct. 21st, there was a great turnout in response to the notice in the SE Examiner that the North Tabor Neighborhood Association was on the brink of disbanding. Ten members of the community signed up to serve on the board (there were still more vacancies on the board and on committees), many of them stating that they had been meaning to come to a neighborhood meeting for some time but just hadn’t gotten around to it. Here is a bit of information about our new board.

Nicholas Barbour has lived in North Tabor for 10 years, is a General Contractor and works out of his house on 53rd and Everett. “I have seen the changes in and around our neighborhood and have always been curious as to how decisions are made that directly affect my quality of life. This, and the unforeseeable circumstances within our neighborhood, has led me to becoming a new board member. I encourage others to look closer to home and come join us at our next meeting. Make your voice board where you live.”

Grill Morris and her husband John have lived on Everett Street for 36 years. “I really want to see the North Tabor Neighborhood Association kept alive so that why I volunteered to be on the Board. A lot has changed during the years but it is still a great place to live and I would like to help keep it that way.”

Aja Hopp is a first generation American from a Sikh family, who is proud to be one of the newest residents of North Tabor along with her wife Christ. “I have been working in Special Education for the past 12 years and am currently working in the Centennial School District. From a young age I was raised to understand the importance of serving others and being involved at a local level in my community. I am very excited to be a part of the board at this critical time in the future of North Tabor.”

Aliora Gravis has lived in the neighborhood for the last 8 years and has a child attending Mount Tabor Middle School. “I am excited to be the CEO of a consulting company which is also based in the neighborhood. With a deep belief in the power of organizing to strengthen communities, I can imagine 10 years of grassroots community development experience to help make North Tabor Neighborhood Association a more effective forum for all of the people who live here.”

Moonrose Doherty joined the NTNA Board because she is invested in the idea of a pedestrian-friendly neighborhood where local businesses can flourish and the natural environment is honored and included as a part of the community. “Community engagement and building a sense of place or ‘neighborhood identity’ are two things I would like to work on. I believe that connectivites for North Tabor residents through events, projects, associations, outreach, and partnerships with schools and corporate bodies can also improve the added benefit of making our community more sustainable. North Tabor is a unique place and I want to see it progress in a way that enhances our unique community.”

Zachary Michaud initially wanted to attend an NTNA meeting so he could get some shirts for his neighbors and learn about events and projects in the neighborhood. “When I read that the Board may have to disband and that the neighborhood might lose this valuable resource, I felt compelled to get more involved. New board members need to meet and develop relationships with the neighborhood, like me, would have starting place for getting involved with the neighborhood.”

Jacob Wollner is returning to the board after taking some time off to get used to being a new parent. “I look forward to working with North Tabor neighbors to make this community a safe and beautiful place to live. There is much to do and I hope to roll up my sleeves and work in concert at addressing the everyday quality of life issues.”

Shawn Sieren has worked in many neighborhoods around Portland, and is excited to join the NTNA Board. As an owner of Frickly McGrass’s at 60th and Gilsen, he looks forward to working with NTNA to bring a pedestrian-friendly Active Business Association to the area, as well as many of the standing projects the NTNA already has in the works. New board members need to meet and develop relationships with the neighborhood, like me, would have starting place for getting involved with the neighborhood.”

The board will be meeting soon to discuss terms and plans for the upcoming year. There are opportunities for neighbors to support the board by participating in the various committees and projects of the North Tabor Neighborhood Association. Every little bit helps. Bake some cookies or show up for the Friends of Trees crew on January 22. Put up a poster for a neighborhood event in your yard for free. Submit an article to or photograph for the North Tabor News. Organize a National Night Out party on your block. Volunteer at the annual cleanup. Testify at a hearing on a land use issue affecting the neighborhood. Offer to entertain at a neighborhood event. Organize a Neighborhood Watch group. Give whatever you can to help make your neighborhood a strong, vibrant community.

You can contact board members with your concerns or ideas by emailing board@northtabor.org or leave a voicemail message at 503-928-4681.
Welcome To North Tabor
We encourage you to become an active member! Neighborhood associations are a recognized voice in the City of Portland. Let your voice be heard! Participation is voluntary and open to all residents who live, work, own property, or have a business, nonprofit or government facility within our boundaries.

North Tabor Neighborhood Association

The North Tabor Neighborhood (NTN) is bounded on the west by 44th Avenue and on the east by 49th and 49th Avenues. The southern edge of NTN is Burnside Street, except in the area between 44th and 49th Avenues where the neighborhood extends into Barth Street. The Banfield Expressway (I-84) creates the northern boundary of the neighborhood.

Next Issue
The deadline for submissions is December 15, 2010 for inclusion in January. Submit articles and photos to: editor@northtabor.org. The deadline for the December 22nd edition is December 6, 2010. Articles need to include the title and author plus caption and credits. Photos need to have a filename referring to the article title. Please submit as plain text, no formatting. Images should be 3.25" wide at 300dpi. Submit ads to advertising@northtabor.org by December 15, 2010. Ad placement is based on payment and the earliest receipt of ad copy.

Publication
The North Tabor News is published by the North Tabor Neighborhood Association.

Adverting: Candice Jordan Distribution: Lon Kennedy

North Tabor Neighborhood Association Board Members

Voicemail messages can be left for any board member or committee at (503) 928-4655. Email can be sent to the Board at boarc@northtabor.org. Board members manage the daily affairs of the TNTA, make decisions and represent the interests of North Tabor, appoint committees and work groups to address issues, and report to the neighborhood and maintain and encourage open communication and involvement between neighborhoods, TNNA and other organizations and government agencies. For more information or to apply to serve on the TNNA Board or any committee, please leave a voicemail at (503) 928-4655 or email board@northtabor.org. New board members were elected at the October 19th General Meeting and as of 6th publication date the officers had not been elected.

David Ball Nicholas Callaway David Delk
Moorose Doherty Alan Grzywacz Apa Hoa
Zach Michaud Anna Mead Shann Sireen
Jacob Wolter

Work Group Contacts
Volunteer Coordinator, volcan@northtabor.org Community Resource Coordinator, corn@northtabor.org
Annual Cleanup, dcleanup@northtabor.org
Ferndale Streets, bferndale@northtabor.org
Land Use, landuse@northtabor.org
Outreach, outreach@northtabor.org
Newsletter, editor@northtabor.org
Webmaster, webmaster@northtabor.org

Volunteer Coordinator, volcan@northtabor.org

Friends of Trees Signup Ends Dec 20
North Tabor FOT Coordinator, Moonshine Doherty
CT Friends of Trees, the City of Portland, and neighborhood volunteers are working together once again in preparation for planting trees in North Tabor. As a new board member I am excited to take on the role of coordinator for this year’s planting in North Tabor along with veteran coordinators Joe Rice and Mary Jo Jordan. Our goal this year is to see more street trees planted and it is estimated that we have the capacity for at least 500 additional street trees in our neighborhood. Street trees are planted in areas between the sidewalk and street curb, even in the 25’ wide strip! The width of the grassy area determines what types of trees can be planted, but root access because there are trees of an appropriate size available for you at a reduced rate. A typical 50’ foot wide residential lot can accommodate six to eight street trees and corner lots can typically accommodate six street trees.

Registration for the North Tabor planting closes December 20th and trees must be ordered by January 9th for the January 22nd planting. The sooner you register and order your trees the better selection you have to choose from. If you sign up with Friends of Trees for our annual tree planting, an inspector will come by your property and will let you know how many street trees can be planted in front of, or next to your home as well as any limitations on types of trees. There are many reasons to plant trees, but there are three that should get everyone interested in ordering their tree(s) today:

• Reduce your property and maintenance costs.
• Trees shade asphalt, parked cars, pedestrians, and help to significantly cool neighborhoods and homes during summer without being an energy drain for you. Need for trees.
• Protect the river ecosystem. Trees collect hundreds of gallons of rainwater before it ever reaches the storm drain, reduces the amount of water that Robert文旅 overflow in the Willamette River a result of our combined sewer overflow system.
• Support the wildlife in your neighborhoods. Trees make wonderful habitat for birds, insects and squirrels that bring beauty and life to our neighborhood.

The winter’s first tree planting is on January 22, 2011. This date is a combined tree planting day with the Laurelhurst, Kema, and Sunnyside neighborhoods. If you do not know that you have street trees in your area, they will be planted the better, since it allows the root systems to grow during our wet winter months and helps ensure healthy tree growth through the summer.

Last year, we had about 60 trees planted in the neighborhood and we had over 50 individuals registered to participate this year. Volunteers are needed to help with registration, provide food and nourishment for the planting activity, prepare the trees to be planted, and help with pickup and delivery of trees and for many other tasks. If you cannot help this effort, even if you are not getting a tree this year your time would be greatly appreciated. If you are a resident and would like to contact your landlord about this program, please let us know as soon as possible. We will be offering to any more neighborhoods as well. So I hope you’ll go to www.plantportland.org and take a few moments to sign up for the annual tree planting now. If you no longer need the assistance and need assistance, please call 503-928-4655.

Community Resource Fair
This event is an opportunity for neighborhood volunteers and anyone else to learn more about community-based initiatives and grassroots organizing around issues of planning, transportation, environmental justice, public health, sustainability and livelihood. People will have the chance to learn about everything from neighborhood based infrastructure projects to creating a grassroots legislative agenda. Participating organizations will be on hand to tell the story of the event providing in formation on their organization or a particularly relevant project of the organization. There will be 3-4 "maker stations" on topics such as advocacy, asset mapping, and grant writing. This event will also be an opportunity for organizations to network with each other. This will be an informal event, not another meeting, and hopefully inspire greater self-empowerment in our neighborhoods! Please join us to check out what other organizations are doing in our communities.

Saturday, November 6, 2010, 10:00 AM to 2:00 PM, South Eastfill Pub, 3354 SE Milwaukie St. Call 503-928-4655 if you have any questions. And you can ride to bike or walk from any North Tabor to this event.

What about planting street trees at rental or commercial properties?
Do you live near, or, in a rental or commercial property that could use one or more street trees? There are a number of ways to solicit the owner’s participation. If you already know the owner, just go ahead and ask if he or she would be willing to participate. Sometimes, absentee landlords don’t know the value of a tree. Some suggestions include offering to pay for the trees yourself and offer to water the trees during the summer months for the first year or two. Most property owners already have landscapes that tend to the fallen leaves in early winter. If you don’t know the owner personally, you might try the property management company or look up property owner information at www.portlandmaps.com and write a letter with your request.

Creating CommYOUity
Candice Jordan, Editor, North Tabor News

As each year comes to a close it is often a time to reflect on changes that one can consider for the coming year. One thing to be considered is whether or not you want to become an active member in your neighborhood. Do you want to know more of your neighbors, or know them better? Would you like to have a sense of security in the knowledge that you and your neighbors are looking out for each other? Would you like to feel more safe and secure in your home, on your block or as you travel through the neighborhood? Would you like to see more small, local businesses offering goods and services that are conveniently located nearby? Do you sometimes wonder how you can have greater influence in your neighborhood decisions that effect your neighborhood? Do you wonder why and how some neighborhoods get for special events, projects or to use streets in North Tabor? Do you have a bunch of junk stored up that needs to be disposed of but you don’t know where to take it? Do you often wish there was a way to take advantage of the space that the city has for you? Do you want to help start a local food coop? Or are you answering yes to any of these questions? If so, consider becoming active in your neighborhood, perhaps by considering joining the North Tabor Neighborhood Association. The city of Portland is organized into a network of neighborhood associations that are open to all residents, business owners and organizations within their individual boundaries. You do not have to own property to be a member of a neighborhood association. Neighborhood associations provide a mechanism for communication and feedback between local government and the citizens in the communities they represent.

Neighborhood associations are volunteer organizations and can by only accomplish what their resources allow, and they can only accomplish what their resources allow, and therefore the critical role depends on the involvement of the members of their communities. Events such as the upcoming Friends of Trees planting and the Annual Neighborhood Cleanup provide opportunities for the members of their communities to become involved in the volunteer spirit of their communities. Organizing a Neighborhood Watch for a small area requires that someone make the arrangements for training from the Crime Prevention Project, and invite neighbors to attend. Organizing a National Night Out block party also requires someone to step up and volunteer to do the necessary permits and to coordinate the event. There are lots of little jobs and some really big ones when it comes to creating a community. If you would like to find your place in the North Tabor Neighborhood, attend a meeting, email volunteer@northtabor.org or call and leave a message. At our meetings we invite all neighborhood members and members who are looking to the community to help create new solutions to old problems. Want you give a hand?

Advertise in the North Tabor News
Reach 3000s North Tabor Residents for pennies per copy.
Advertising rates start as low as $25 per issue.
503-928-4655 or email advertising@northtabor.org

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2
Bicycling in east Portland has gotten much easier and safer over the years thanks to an ever expanding network of bike friendly streets, as well as new bike paths. North-south travel however remains difficult due to a less interconnected north-south street system and limited crossings of the I-405 freeway. Thanks to a federal grant the City of Portland has received tremendous opportunities to improve a major section of north-south bicycle network.

The focus of SE/NE 50's Bikeway Project is how to best connect existing bicycle lanes on NE 57th Ave just south of Sandy Blvd to existing bicycle lanes on SE 52nd Ave at Woodstock Blvd, a 4.5 mile missing link that traverses eight neighborhood associations and several busy arterial streets.

The most direct route is along NE 53rd north of SE Taylor St and SE 52nd Ave to the south, though other alignments are being considered. A key objective is to create a route that is family friendly, with an emphasis on safety.

Staff from the Portland Bureau of Transportation have been working with a citizen advisory committee since August 2010 to determine the alignment of the route, how to improve safety at arterial crossings, and how to improve the safety and comfort for cyclists along various sections, where traffic speed and volume are a major concern.

In the North Tobor neighborhood, there are two significant issues under discussion. First, is the crossing of E Burnside St at 53rd Ave. To safely cross the intersection a new traffic signal is being considered.

Second is the high traffic volumes and speeds on NE 53rd Ave between Balmiside and Glisan St. Traffic calming and diversion are being considered here to reduce the cut-through traffic.

Once a draft set of updates to the neighborhood associations, project staff plan on holding a series of open houses in the next few months of not yet scheduled to gather public feedback on the issues. The City of Portland will attempt to address the problems that are brought up.

For more information please contact Rich Newlands (503) 823-7780/ rich.newlands@portlandoregon.or, or Sarah Fiegl (503) 823- 8099, sahrafiegl@portlandoregon.or, at the Portland Bureau of Transportation. You can also visit our website to learn more about the project and upcoming public involvement events at: www.portland.or.us/transportation/50s-bikeway/
Grassy Roots
by Dana Hush

Lucky you. That's what people say when they visit the simple apartment complex that I call home. The buildings themselves aren't anything special, just simple, clustered multi-unit dwellings built in the 1940's with particular attention to aesthetics or design. Their grey, peeling surfaces contrast with the more updated buildings of greens and browns. They cluster around a central, expansive green courtyard with neatly mown grass, however, and that's perhaps where the "luck" kicks in. I consider myself particularly blessed in calling this courtyard home, for I am part of a rare entity—an urban, highly-knit, supportive community. The grass in the center of the courtyard brought us together, you see, and it gave our little apartment community roots.

My part in this community began seven or eight years ago. I was brought here by unpredictable life circumstances. Pregnant and sick with fear, I was anxious to settle in quickly and create a "home" to raise my baby girl into the world. In spite of the air conditions battling the late August heat, I wandered into the courtyard when I spotted a young woman painting a mural on one of the walls. She was so engrossed in her work that I didn't see her, but I was delighted that if the "new" in B6. I didn't know at that time that the neighbors behind those doors would in time become dear friends, family, and community to both my daughter and myself. They would cheer her on as she took her first steps under that Magnolia tree that now shades our courtyard. groceries first in the grocery list, every week, printed the names of the very planks that surrounded me, and would watch as her daughter played the same pathway on her bicycle, struggling to avoid those carefully tended flowers. Later, when she built fairy houses among the roses they would be the first to notice, your flax, flowers...random, gleeful tokens of appreciation that would magically appear overnight. Still playing peek through curtained windows at me. The management then commented of our communal shared grassy spaces. The apartment management supported our individual gardening efforts, and the green thumbs among us became friends as we dug our hands in the dirt, enjoying the seasonal offerings and pleasures this brought. Emboldened and mutterd by this new camaraderie, we soon began throwing birthday parties, parties to celbrate a choosening for each birthday celebration. Word spread quickly when dsier was involved, so this became a sacrified institution immediately. We'd meet up around the wobbly old picnic table in the corner of the grass lawn and inevitably a new friend would be brought to the party, which would stoply abandon and introduce themselves. We gathered them into the fold, tempting them with the lure of companionship, laughter, and, usually, wine. On that first party, we pitched in for a few dollars for the table first. We circled our plastic Atrondack chairs around it's crackling glow to eat and drink, share dreams and tell stories. We even made a few eclectic attempts at roasting marshmallows. When the weather warmed up, we brought out the small grills, and sat in that same circle of chairs, watching our kids make a cool fire in our designated "cat lady" spot, listening to the stories for the courtyard's unity. The members of our cross generations, genders and cultural boundaries -- our personalities were different as our stories. Afer some time we began celebrating birthdays and other milestone events together. The cake decorator upstairs decided she would make a birthday cake at her new job and she asked to take a cake of the

For The Chicken Hearted: A Very Fine Specimen!
Montana Misc

Before buying new chicks, prospective urban farmers should read the fine print: only hens are allowed! Fortunately the chickens are not, as we have found, the rooster risk. We enjoyed the fluffy little creatures in April and May and some weeks after that wondered what had happened, as at first we thought the chick characters running through our yard, these scruffy bodies so slowly maturing into lovely, healthy looking chickens. Now, of course, knowing they were the same, we laughed. By the small one at B6. The white with dark grey, Evha the black giant one, and then there was also a tiny one, the Poppy was the white with dark specks, Evha the giant black one, and that was the smallest one.

Unlike the others, Margaret had been named fairly early on, inspired as we were by her behavior, rather than by the physical characteristics that have helped me name the others. Yet, how beautiful she was! Compared to Evha, Margaret was medium sized and delicately feathered, with a sophisticated grey-white design -- like an optical illusion reminiscent of a bat wing. Those in her favor were allowed to remain in place but only as long as they made themselves invisible. This invited the avoiding of eye contact, as well as the noiseless performance of one's job, much like well-trained waiters in an old fashioned restaurant. Based on this elitist attitude, Margaret's name could have been "The Queen", or "Madame Pompomadour". But it was her downright abusive behavior towards the mock of the coop, that made us decide on the name. Margaret would position herself on the fence, with her majestic chest pushed forward and her head up and high-backed, a full blown peacock. We then realized that which other chickens appeared wrongly positioned. A split second later, she would run back, the white with dark specks, and would begin chasing her, its wings, while trying to find a place -- any place -- to continue pecking the earth. At first it was brief, very short, but soon, while she was chasing her smooth wings and softly instructing about her world, I noticed that her tail feathers were getting longer. At length, she had grown very beautiful, and she was indeed a prize, a little crown was set off by the gray in her shiny feathers and her legs were of an exquisite orange yellow. There was something about her, something that could not be the others separated from the others. Margaret was a very fine specimen.

She would hardly let us catch her now. Then, on a lucky day, as I sat with her on a bench in the sun, her smooth wings and softly instructing about her world, I noticed that her tail feathers were getting longer. At length, she had grown very beautiful, and she was indeed a prize, a little crown was set off by the gray in her shiny feathers and her legs were of an exquisite orange yellow. There was something about her, something that could not be the others separated from the others. Margaret was a very fine specimen.

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**Paint 'til you Faint**

By Candice Jordan

PotteryFun is one of the newest businesses to open along SE Stark this past year, and brings a unique family-oriented activity center close to North Tabor. A crowd of over 60 attended the grand opening Oct 2nd.

PotteryFun offers you a safe place where you can let the artist in you (no matter how small!) come out to play. Want something new to do? Come in and add your favorite color to a magnet, personalize a food dish for your pet, or paint a landscape on a planter or pitcher.

Even if you have no experience at all, PotteryFun can help you create a hand-painted pottery masterpiece, for you to keep for yourself or give to someone special. With 64 paint colors to choose from, brushes, sponges, and stamps to use as tools, it’s easy to find a palette and technique that works for you. Bring in your baby, toddler, or pet and add handprints, footprints, or paw prints to a piece that you (or maybe the grandparents!) can treasure forever.

Maybe you want to include some friends or family. Have a party, shower, or team building event. Reserve one of the Pottery Fun party areas and you and your group can paint until you faint.

Owner Mark Moore moved to Portland three years ago transitioning from teaching English and drama to connecting with his inner artist. After managing a pottery studio for the past two years, Mark decided to strike out on his own and feels he has found the perfect location for his new venture. “This is a great little neighborhood with an artist community. Moore feels that PotteryFun will add to the appeal of this area by offering a place where individuals, families, friends and other groups can gather to do something fun and leave with a hand-painted piece of pottery for themselves or someone they know. Why don’t you let Mark help you shorten that holiday gift list you have. Stop by and see what PotteryFun has to offer.”

**Stumptown Acupuncture: Portland’s Mobile Acupuncture Service**

By Shanna McCaig, LAc

“You do what?!” is a response I frequently hear when I tell people about my acupuncture practice. Followers of CCC say “so you’d really come to my home and do acupuncture for me and my sister (neighbor, coworker, friend, etc.)” The idea to create a mobile acupuncture business in not a brand new concept. However, inviting others to join in on the experience, in the convenience of your own home, is a little different. Inspired by the growth and interest in community acupuncture clinics, the decision is to add this possibility to an affordable, accessible acupuncture care came easy.

Acupuncture is a simple, low-cost healthcare option that is safe and effective in any setting. Taking into account that people may be tied to their home due to transportation, child care, injury, illness or the average busy, over worked schedule, Stumptown Acupuncture was created to fill this need. Appointment and scheduling options are available by visiting the website: http://stumptownacupuncture.com/

This holiday season Stumptown Acupuncture has partnered with the Community Cycling Center (CCC) to help them reach their Holiday Bike Drive goals. This month, December, the CCC will provide 400 children from low-income families with their first bicycle, new bike helmets and basic safety education. The annual event exemplifies the CCC’s mission to broaden access to bicycling and its benefits through hands on programs, volunteer projects and neighborhood bike shop. It is a huge community-building event that, as a local small business owner, I am honored to help support. Through December 31, 2010, Stumptown Acupuncture will provide free acupuncture treatments in exchange for donations of $40 or more made to the Community Cycling Center at the time of the appointment.

Curious about experiencing the benefits of acupuncture while helping to get kids on bikes? Check out http://stumptownacupuncture.com/ and support a great community event.

Stumptown Acupuncture is a proud member of the Community Acupuncture Network (CAN). Based right here in Portland, CAN leads the growing national movement dedicated to providing a affordable, accessible, effective healthcare. Not sure if mobile acupuncture is for you? Visit http://www.communityacupuncturenetwork.org/ to locate a community acupuncture clinic in your neighborhood.

Stumptown Acupuncture
stumptownacupuncture.com 503.926.2334

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_**Paint it Portland!**_

Find your tree at friendsoftrees.org

_**Friends of Trees**_

Presented by Fred Meyer

Downtown Portland, 5:30 p.m.-9:30 p.m.

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_**Providence Festival of Trees**_

Portland’s premier holiday event. Stroll through a festive village decorated with more than 100 trees, wreaths and holiday vignettes, while enjoying:

- Live entertainment
- Demonstrations for making your own festival-style tree
- Visits with Santa Claus
- Kids’ crafts in Santa’s workshop
- Model trains and more!

**Providence Medical Foundation**

**Provided by**

**Oregon Convention Center**

**Hall A**

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**Plant It Portland**

PLANT IT PORTLAND!

PLANT IT PORTLAND!
Liquor License Renewal – North of Burnside

All liquor licenses North of Burnside within the Portland City Limits (East & West) will expire on January 1st, 2011, unless renewed by the Oregon Liquor Control Commission (OLCC). As part of the renewal process, the City of Portland makes recommendations to the OLCC on renewal applications using information gathered from neighbors, community organizations, and public safety officials. The City of Portland is home to approximately 2,500 liquor license establishments, about half of which are coming up for renewal. Neighbors, Neighborhood and Business Associations, and Community Organizations have a very important role in this process.

The annual renewal is an opportunity for communities to address problems or concerns with licensed establishments in their neighborhoods. Concerned neighbors and community organizations wanting to oppose a license renewal should advise the Office of Neighborhood Involvement as soon as possible. Licensed establishments not identified by the City of Portland as problems are processed as though they received a “favorable” recommendation. Opposition received by individuals and organizations is considered by the City before a recommendation is made to the OLCC. If neighbors have concerns but do not want to formally oppose the license renewal, this is an excellent opportunity to engage in problem solving to address concerns internally.

Information about liquor establishments with ongoing problems must be received by November 5th, 2010.

Contact Thomas Marchesi, Liquor Licensing Specialist - GNI 1221 SW 4th Ave Ste 110 Portland OR 503-823-0392 or thomas.marcheti@portlandoregon.gov

To view applications currently in process, go to http://www.portlandoregon.ie/ons/index.htm?&AC=48007

Montavilla First Friday
Friday, November 5th
Entertainment and Specials
www.metba.org for more info

Biddy McGraw's Public House
Happy Hour Specials
M - F 3 - 6 pm
Free Live Music

Weekend Brunch
9am - 3pm

Pub Quiz
Tues 7:00

60th & NE Glisan
biddymcgraw.com
Providence Portland Medical Center–Humble Beginning to Present Day

Providence Portland Medical Center (PPMC) has a major presence in the day to day events in North Portland. While some, especially those living closer to the hospital do experience related problems with traffic, parking and noise, all benefit from having such excellent medical facilities so close. I would suspect many of our residents have found employment at PPMC and conversely PPMC staff have found housing in North Portland. PPMC has supported NTPA (and other contiguous neighborhoods) over the years by providing meeting space, services such as donating bannes for neighborhood events, and has provided financial support for the North Tabor News. As part of the 2003 Conditional Use Master Plan (CUMP), the hospital entered into a Good Neighbor Agreement with Center (now North Tabor) and Laurelhurst north borough associations and the GLSA Area Business Association (currently not active). The purpose of the agreement was to develop a plan for the hospital’s future. The only article in the agreement is to support the GLSA. Over the years the standing committee has met to discuss project identifiers in the master plan, most prominently during the design and construction of the North Pavilion. The hospital has found its way in the area and seeks to be a contributing community asset. The hospital supports the good neighbor agreement in the 2010 Conditional Use Master Plan. Renée King, PPMC Public Relations Manager, provided the following historical information and photos.

The beginning

While Oregonomes were celebrating their new statehood in 1859, just across the Columbia River a remarkable group of five women were making history of their own. They had completed an arduous journey from Montreal, Quebec, two years earlier, stepping off a steamer at Fort Vancouver in the Washington Territory. These pioneering Sisters of Providence in their distinctive black habits settled into a land with no hospitals, few schools, and scant charitable services for people suffering the misfortunes of frontier life. The sisters were led by a skilled carpenter and architect of great compassion and vision named Mother Joseph of the Sacred Heart. Equipped with simple tools, enormous grits for creating and building, and a deep faith, Mother Joseph and her sisters soon set to work teaching children and giving tender care to the poor and vulnerable.

Pioneer sisters venture west

The pioneer sisters quickly demonstrated their tenacity and determination, as well as their adaptability. Taking use from the interests of the people of Vancouver, the sisters opened a boarding school.

Mother Joseph responded also to the citizens’ request for a hospital, converting a small building that she had planned to use as a laundry and bakery. In exchange, the women of the town promised to support the poor of poor patients, and on July 6, 1858, the sisters opened St. Joseph Hospital, the first permanent hospital in the Northwest.

Popular stories about Mother Joseph on the construction sites abound, painting a vivid image of this apostle of the Sacred Heart. One can well imagine her bouncing on wooden beams to test their strength, climbing up to inspect a roof, or working late into the night to rebuild a poorly managed. In 1861, she described her: “Mother Joseph striking across the ground near Fort Vancouver, Washington, hammer danging from her belt like the satchel of the Old West carried six guns, and wicking a saw in her hand.”

Her finest building, Providence Academy in Vancouver, built in 1873, still stands as a testament to her aesthetic vision and workmanship. In 1876 the sisters established Oregon’s first permanent hospital, St. Vincent Hospital, which began as a three-story wooden structure in northwest Portland.

For 50 years, Mother Joseph opened, designed, and built hospitals, orphanages and schools throughout the Northwest. To raise money, she begged in the mining camps. The begging tour lasted for months and exposed Mother Joseph to harsh weather and primitive living conditions (including wolves, snakes and bandits). But each series of trips to the mining camps could yield up to $5,000 – a significant amount even by today’s standards.

A life fulfilled

In 1910, Mother Joseph’s legendary strength began to fail. In July she was treated for breast cancer at St. Vincent Hospital in Portland. The operation caused her pain for a while and she was able to travel again. It was only when the tumor spread to her brain that she retired to her room near to the chapel at her beloved Providence Mother Joseph of the Sacred Heart. Providence Hospital opened on March 19, 1912, at the age of 79.

For more information about the pioneer sisters and their early history in the Pacific Northwest visit the Providence archives or, The Bell and the River by Sister Mary of the Blessed Sacrament, the excellent account of Mother Joseph and the Mission of the Sisters of Providence.

The legacy continues

Over the decades, the Sisters of Providence health care ministry has evolved into today’s Providence Health & Services. People of Providence continue the sisters’ works by living a Mission of revealing “God’s love for all, especially the poor and vulnerable, through our compassionate service.” Providence serves communities in Oregon, Washington, Alaska, California and Montana.

Twelve actes of land at NE 47th and Glisan was purchased in 1938 for $12,500 and Providence Hospital Portland (now Providence Portland Medical Center) opened Sept. 8, 1941. Six patients were admitted on the first day. Within a year, a capacity was at 195 beds.

Our Lady of Providence Nursery (now Providence Child Center) opened on June 1, 1946, with 16 infants. The first neonatal intensive care unit opened in 1952.

Providence School of Nursing began its first class in February 1944. For the first six months the student nurses resided on the 6th floor of the main hospital. Before the entry of the Second World War, the nurses were quartered in the dorms of the Good Samaritan School of Nursing at the Will Baby Home.

From 1944 through 1946, during WWII, Providence School of Nursing operated as a government sponsored Cadet Corps training program. The school’s first through forth grade classes were composed of these same academians.

In September 1948, the student nurses moved into the newly built Providence Hall, situated on 13 acres, adjacent to the hospital. Providence Hall, their new residence and school, was equipped with the “latest in educational facilities” for instruction in the classroom, it also had “all the advantages for graceful living in the social side.”

Rising costs, higher education standards, demand for qualified instructors and lower enrollments forced most hospital schools to close while others, including Providence Hospital School of Nursing, chose to affiliate with colleges and universities. Under this model, students received class lectures at schools of higher learning, completing their clinical training at Providence.

The last class graduated in 1962, bringing the total number of nurses graduating from the Providence School of Nursing to 635.

In 1945 The American Medical Association approved a medical education intern and resident program. Today, the Internal Medicine Residency at Providence consists of 30 residents each year who come from around the country for advanced training in Internal Medicine. Our residents and faculty are committed to providing high quality patient care and creating a cutting-edge clinical and educational environment.

Growing to meet community need

An expansion of the hospital occurred in 1950, bringing the number of beds to 280. During the 1960s a series of construction projects touched nearly every area of the hospital including surgery, physical therapy, laboratory services and patient rooms – bringing the hospital capacity to 408.

The 1970s saw the 400,000th patient served at Providence; employees began using the Glisan Street parking structure, the hypobaric oxygen unit opened. The hospital prepped to serve wounded ears and to care for patients with carbon dioxide poisoning.

Construction was completed in 1982 on the first phase of Providence Professional Plaza. The building was fully complete in 1991 at the eight story, 278,339 square foot medical office building. Also during this time, Building A and Building B, near 52nd and Glisan, were added to the campus.

In 2001 an expanded master plan allowed replacement construction of the Providence Child Center and for a new patient care tower. In 2005 the original Providence Child Center was replaced by the current 300,000 square foot child center. Also added was the 98,000 square foot North Pavilion parking structure that is a new central utility plant. Design process for the North Pavilion, an 11 story comprehensive cancer center, new surgery department and patient care tower was completed, and construction started in late summer 2005. The building was ready for occupancy in January 2008.

Providence Portland Medical Center currently is licensed for 483 beds and employs about 3,400 staff.

A few facts – 2009 data:

- Births: 2,606
- Admissions: 22,174
- Emergency department visits: 67,874
- Charity and unpaid community benefit costs: $66,822,000
- Volunteer hours: 43,710

This photograph, another from the City Archives’ vast collection, shows the 1934 demolition of the old viaduct on NE 47th Avenue, where it crossed the Union Pacific tracks just north of Providence Hospital (which can be seen in the background) – the first step in the construction of the Broadway Viaduct. The old viaduct had been constructed in the years from 1916-1919, when the railroad tracks were lowered below street level as a safety measure (the original Sullivan’s Gulch only extended from the Willamette to about 33rd Avenue – everything east of that point, where the rail line and now the MAX and L & R are located, is a man-made excavation). In the photograph we can see the temporary wooden bridge that served the area as the concrete viaduct was removed. Of course, construction of the Broadway Viaduct required the condemnation of a whole strip of property south of the rail lines, so the buildings just beyond the bridge, as well as the houses, for instance, on the north side of Hoyt Street between Providence and Center Commissary, were all demolished and the ground beneath them excavated to build the freeway. In the photo we see the 1907 Hoyt Coffee Shop, then at 1005 NE 47th. The 1957 Deli Restaurant still has the Garden Golf Course at 1015 NE 47th, now under 1-44. It’s hard to imagine a golf course at this location, even before the freeway was built. The sign says “18 holes – 35¢.” Was it miniature golf? Do any long-time residents remember??
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