Meetings and Events

NTA Board meetings are now being scheduled to meet the availability of board members. Our new website, www.northtabor.org, will carry information on scheduled meetings and agendas and you may also call 503-928-4655 for announcements of meeting dates and locations and notice of any rescheduling.

Portland Plan Fairs
March 6-8, 10-12 (see page 6)
Meeting to Explore Gilsan Business District
Fri., Mar 18, 10 am Pastong, 800 NE Glisan (see page 7)

NTNA Board Meeting
Eve., Mar 22nd, 6-30pm, 7 Victories, 40th & Glisan

Planning and Sustainability Commission Hearing on 60th Ave Station Community
April 12th (see page 1)

North Tabor/MT. Tabor Annual Cleanup Saturday, May 14th (see page 2)

Do you really know your chickens next door or in your backyard are up to?

Then and Now
These corners of 47th and Burnside have seen a lot of changes since this 1948 photo. The building on the NW corner has gone from Rudy’s Service Station to Mt. Hood Pizza, Dan’s Pizza and Coffee Shop and is currently being updated to become the Laundrette Cafe. Nel Shannon’s gas station on the NE corner and Charly’s Grocery to the north morphed into a Subway in the 50’s and a pizza parlor in the 70’s. Time marches on!

Send us your photos and stories from North Tabor’s past!

Is It Spring Yet?
By Bonnie Bruce
I know by the lyrical songs of birds spring is coming. It is hard to resist daydreaming of spring when you see the very first snowdrop (Galanthus nivalis) or daffodils nuzzling up from soggy ground. As shown at left, it is not too early to think about pruning this year’s vegetable seeds, especially if they need to be sprouted indoors. Geoff Dunn submitted this photo of his son in front of a cozy fire readying peas for their garden.

Most of us tackle the art of starting seeds indoors in a bit of mass fashion. I have had some impressive failures by sitting on this cavalier attitude. So, over time, I have discovered there are a few basic dos and don’ts that will make sprouting more successful.

First, there are several seeds that love cool weather and can be sown directly in the ground right now, like peas and spinach. The caveat here is you soil must drain well or you get compost as a result (and trust me we will) seeds will just rot in the ground. Other vegetables, like tomatoes, eggplant, peppers, broccoli, and cauliflower, do better planted outdoors as small plants, referred to as “starts”. Those are few candidates for sprouting indoors.

Then, if you want to try your hand at starting your own veggies from seed indoors, it is important to know when the last frost typically occurs in your area. You want to start your seeds 6-8 weeks before they can be planted in the ground and you don’t want to plant before the last frost. Nothing kills a little tender sprouter faster than a late frost.

The following link will help you determine when the last frost date is typically in your area: http://ppd.nod.noaa.gov/dimatetomahab/12l+2030+spp+stataes/CH.pdf

Portland’s last frost ranges from March 31st to mid April. If your area is different than the exceptions, but, for the most part, this is a good rule of thumb. All of this means begin NOW.

The Do’s and Don’ts:

- Read your seed packages carefully. There is valuable information there. Take it to heart. For example, some seeds prefer to be covered with a thin layer of soil; others don’t. Pay attention to the details as your rate of success depends upon it.
- The planting of medium-making a huge difference. It needs to be light, fine textured and sterile. (Cont. P 7)

So What’s Going on with the Montavilla Food Co-op?
Story by Rande Bognuts, Photos by Moonnose Do hart
Montavilla Mt. Tabor residents, together with residents from other local neighborhoods, are working on a new food co-op for well over a year on efforts to bring a co-op to the neighborhoods. What began as a simple idea has blossomed into a reality with full intentions looming on the horizon. While we have made many strides forward, we still need help from the community to keep the momentum going.

In late summer of 2009, an email thread on the Montavilla Neighborhood Association listserv about the idea of an abandoned parking lot generating discussion about the prospects of a healthy food retail option. Shortly afterwards, friends at a back yard barbecue expressed the idea of a neighborhood food co-op and quickly began to set this in motion.

We decided to organize community meetings to assess neighborhood interest and then, with a few dedicated volunteers, recruited additional support. The response we got from the local community was of overwhelming enthusiasm! We quickly formed a steering committee, recruited members, and attended a retreat to carve out a work plan, timeline and mission. We became the Montavilla Food Co-op (MFC). Early on, monitoring from People’s Co-op gave us confidence and guidance to propel us forward. Last spring, our proposal was among the few accepted as a Portland State University Community Development project and a fantastic group of students helped us launch our initial outreach efforts. The students conducted a preliminary neighborhood survey. The results will help inform us when we eventually conduct the upcoming feasibility study - an essential part of gaining financial support. Thus, a community-based project was set in motion with the sweet equity not just within our neighborhood community, but beyond.

Now about 1 ½ years since MFC’s inception, we are officially incorporated, have 8 member steering committee and several dedicated sub-committees all working together to build the MFC from the ground up! Currently, we have support from over 450 Facebook fans. Twitter followers, local businesses and an excited neighborhood community eager to get involved! To date we’ve had three successful fundraising events, including one dine-out night and a concert event (thank you to all our supporters!). Our food buying club has now almost 150 members and we’re already looking into a start-up storage space for our bulk purchasing options, while staying focused on the ultimate goal of a storefront. Just recently, the Northeast Cooperative Development Center (NWCO) agreed to become the co-op’s sponsor, which allows donations made to the co-op through them to be tax deductible. We could not have gotten this far so quickly without the help and encouragement from individuals, volunteers, organizations and businesses in our neighborhood and beyond!

Feb. 26th we held a forum allowing neighbors to share updates about our progress (pictured above). Over fifty attendees came from all around the local neighborhoods. We heard about why people are interested in a co-op, with reasons running the gamut from a desire for good, local food, to a community space, a place to get (Cont. P 7)

Jacksons Food Stores President Meets With North Tabor Neighbors
Randy Jackson
A group of about 15 North Tabor board members and neighbors, Matt Wickstrom, Southeast District Liaison, City of Portland, Bureau of Planning and Sustainability, and Katherine Anderson, Southeast Crime Prevention Coordinator met Tuesday evening, March 1st at 7 Virtues to discuss the plans underway for Jackson Food Stores to remodel and add a convenience store to the Shell station at 58th and NE Glisan. Jackson President Andrea Jackson, Regional Manager Beverly Try and District Manager Gin Utterback gave a presentation (Cont. P 3)
Welcome To North Tabor
Neighborhood associations are a recognized voice in the City of Portland. We encourage you to become an active member! Let your voice be heard through the North Tabor Neighborhood Association. Participation is voluntary and open to all residents who live, work, own property, or have a business, nonprofit or government facility within our boundaries.

The North Tabor Neighborhood (NTN) is bounded on the east by 44th Avenue and north by 66th and 49th Avenues. The southern edge of NTN is Burnside Street, except in the area between 44th and 49th Avenues where the boundary extends to the Multnomah School District. The Barnfield Expressway (I-84) creates the northern boundary of the neighborhood.

Next Issue
The deadline for submissions is April 15, 2011 for distribution in May. Submit articles and photos to: editor@northtabor.org. Articles need to include the title and author more photos and credits. Photos need to have a filename referring to the article title. Please submit as plain text, no formatting. Images should be smaller than 300 dpi. Submit ads to advertising@northtabor.org by April 15th, 2011 to reserve space. Ad placement is based on payment and the earliest receipt of ad copy.

Publication
The North Tabor News is published by the North Tabor Neighborhood Association. Unless otherwise noted, opinion or expression are the opinion of the author and not those of the North Tabor Neighborhood Association or its board. Publication and distribution of the North Tabor News is the result of a combined volunteer effort. To help with publication, please send to: volunteer@northtabor.org or submit your articles, stories, photos, announcements or suggestions via email to editor@northtabor.org, by post to North Tabor News, 600 Southeast 21st Ave., Portland, OR 97214 or have a message at 503-928-4655. Printing and postage expenses for the North Tabor News are paid from advertisers fees with a supplement from the North Tabor Neighborhood Association and a small grant from Southeast Uplift.

North Tabor Neighborhood Association Board Members
President: David Ball
Vice President: Nichole Barbour
Secretary: Megan Burke, Vice Chair
Treasurer: Allison Gavino, Land Use
Advisory Committee: Cheryl Leslie, Claudia Liason, schoon@northtabor.org

Work Group Contacts
Annual Cleanup, cleanups@northtabor.org
Friends of Trees, friendsoftrees@northtabor.org
Land Use, LandUse@northtabor.org
Night Out Events, nightout@northtabor.org
Volunteer Coordinator, volunteer@northtabor.org

Advertise in the North Tabor News
Rate 1000= North Tabor Residents for pennies per copy. Advertising rates start as low as $25 per issue. Non-profit organizations of your fairs or businesses 503-928-4655 or email advertising@northtabor.org

Annual Neighborhood Cleanup Planning Has Begun! Sat, 5/14
By Moorose Dorothy, NTN Cleanup Chair
North Tabor and Southeast Uplift residents are teaming together again for a combined cleanup this year. The date is set for May 14th, 2011. Metro will provide waivers for the disposal of up to two cubic yards of yard debris per yard. Southeast Uplift will provide reimbursement for many of the expenses, McFarlane’s Bark, Inc. will donate containers for yard debris and wood again, a Master Recycler and two Master Composters and other opportunities will be available, and the planning committee will donate many hours of their time and energy to make this a great event for everyone. So did I mention the volunteers? We hope to have many happy volunteers participate, making the event possible. Yes, this means you.

If you are interested in helping with the recycling and reuse options for this event please contact Moorose Dorothy. If you have a large amount of yard debris to get rid of at your event or if you have a good location for a yard sign for this event we would love to hear from you. Please contact us, cleanups@northtabor.org or 503-234-6592.

Did you know that almost 60% of the waste generated in the Metro region is recycled through recycling, waste prevention, and composting? However, twenty materials have experienced decreased recycling, with the losers being wood (69,103 tons), scrap metal (17,104 tons), corroded cardboard (9,758 tons) and glass containers (-3,531 tons). (Annual figures for 2008 from Metro and DEQ).

Clean-ups are a way for us to recover materials for recycling that might otherwise be sent to the landfill and are a way for us to help keep our neighborhoods free from unsightly debris and neglect, which will also help build the community spirit and give residents a voice about our neighborhood - a known deterrent to crime.

Metro started the cleanups program in 1994 to support community and natural area cleanups, enhancing the appearance of neighborhoods, and improving property values and contributing to the livability of the region. Not only is it a great way to be a part of making our neighborhood more sustainable, it’s a lot of fun.

Let’s do our part to reduce the materials being sent to our landfill! Let’s have a successful clean-up day where our community activity, curiosity, and support of local programs for discarded items, interact, and learn about sustainability. The event benefits the community at large because it provides an opportunity for neighbors to contact the city, get recycling, reuse, and waste reduction education, and reduce landfill-bound waste.

Your disposal costs at the clean up are at rates below those charged by Metro. Some of the fees may be paid using loads with friends and neighbors, additional savings can be made, the travel distance is less to the clean-up than to a local disposal station for residents, and the travel distance for the haulers taking materials away is reduced since they are making a direct trip. Less travel means less carbon footprint, and lower costs for residents.

We will again coordinate with various agencies and services to assure that maximum recycling and reuse opportunities are utilized and that the materials are sent to their proper place in a community reuse area. Any proceeds from this event will benefit Mt. Tabor Middle School, Mt. Tabor Garage Sale, the Neighborhood Associations, and other community non-profits. You can find more information from Portland ReBuilding Center, ARC, S.C.R.A.P., Free Geek, Green Century Electronic Recycle and other organizations. The reuse/recycle area will again be open to all, organized, and ready for you to come and find that item that you were hoping to find. “Someone’s got to use it, no longer destined to sit in a landfill,” is our theme for 2011.

We will be recycling metals, different plastics, electronics, certain appliances, cardboard & papers. Check your May issue of The News for complete details on which items and the conditions or limitations on any of the items that will be accepted, as well as for fee rates.

Please refer to the May issue of North Tabor News for listing items and fees before you come, as some changes in the program may restrict what we can accept or fees we must charge.

Please note that hazardous waste is not accepted at the clean-up: hazardous waste (used batteries, oil, antifreeze, wood stumps, pool chemicals, pesticides, motor oil, antifreeze, solvents, thinners, household cleaning products, across the street from your neighbors) or other chemicals will not be accepted at the neighborhood clean-up, but Metro does have two permanent hazardous waste collection facilities at the Portland Recycling/Glass Recycling stations (Portland and Orange City). There may also be a hazardous waste collection event in the area as they are generally advertised in the local news. Check Metro’s website from early March through June to get more information.

To get more information go to Metro’s website http://www.oregonmetro.gov.

If you have a pickup truck and would be available to provide assistance to delivery or clean up before the event or any other day of this event, consider offering them your (Cont. P 3)
North Nabor News

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(Cont. from P 3) assistance. We need pickup trucks to take reusable items to our partnering organizations at the end of the day, along with bags for the household items that you or your neighbors may have for donation. If you’d like to bring a load to a designated pickup site, please contact us to sign up.

We could also use donations of food and beverages for the open house celebration. If you have food, drink, the neighborhood, or you happen to have gloves, safety vests or cordless power tools in your possession, we could use those items loaning them to North Nabor. Other than that are wheelbarrows, tabs, pop-up tent covers, and orange road cones.

If you rent in North Nabor and your landlord does not reside in North Nabor you might also want to pass on the clean-up information to your landlord and encourage his or her participation. We look forward to another successful event and we hope you will join us. For volunteering at the Clean-up, to donate an item or service, offer use of your pickup, to post a yard sign, or to help out in another way, please call 503-928-4655 or email cleanup@northnabor.org.

Please remember to check the May North Nabor News issue for the updated clean-up info. We will be posting clean-up info on www.northnabor.org as well.

Sense of Place in North Nabor

Monique Doherty, NTHA Board Member

Connection to place is something that is absent in many communities today. Many neighborhoods have disconnected between place, people, community, nature, heritage, and generations. Portland has been known for connecting people to place. Making a connection between today and our heritage is important to our sense of place—a connection that makes the neighborhoods is valuable because this is where we live.

What in North Nabor stands out to you? There are many pieces of the neighborhood tangible and intangible that sign North Nabor. Maybe it’s the landmark rock at North Glinas that looks like it was brought to us on an ice raft from the glacier-like rock of the Missisquoi Rocks, maybe it’s the strip of wildflowers along Glinas between 63rd and 65th, maybe it’s the woodland sitting at our Rosemont Buff Natural Area, or maybe it’s the community spirit at the annual cleanups or the Friends of Trees plantings. Perhaps it’s the pizza, coffee, pastries, and pub places that offer a chance to imbibe or visit with friends and neighbors. At any rate, we are all the same, clothing store, and flower shops that offer a chance to adorn. Our many surrounding elementary, middle, and high schools are what make us who we are as parents get engaged and offer support. Mt. Tabor Park is a little mountain oasis that feels like our own as the mountain top breezes over the trees and the values of North Tabor residents. And although we don’t have a community center or community gardens, we have Portland Parks and Rec U.S. and it enhances—events in Montavilla and in Mt. Tabor. Additionally, we have a very strong interest among North Taborans to see our neighborhood the North Tabor along with other projects to benefit the community.

We can rejoice in the pieces of community presently here today and we can look to the future to build onto those pieces. What I am saying is that the latent or intended sense of North Tabor was to encourage this freedom to take action and build on what we are and as parents get engaged and offer support. Mt. Tabor Park is a little mountain oasis that feels like our own as the mountain top breezes over the trees and the values of North Tabor residents. And although we don’t have a community center or community gardens, we have Portland Parks and Rec U.S. and it enhances—events in Montavilla and in Mt. Tabor. Additionally, we have a very strong interest among North Taborans to see our neighborhood

Jackson Food Stores (Cont. from P 1) on the changes planned for this facility and discussed concerns with those in attendance.

The major concern voiced were related to issues of safety surrounding the ingress and egress from the Shell station. The traffic situation is already problematic with a traffic count of 1,844 per hour. The tendency of drivers to make illegal left turns other entering or leaving the Shell station. Residents are concerned that the upgrade of facilities may damage the Jerry Brown rock outcrops what is already an obstacle course for pedestrians, bicyclists and motor vehicles. After considerable discussion it was determined that this issue went beyond any changes that would come as a result of the facility upgrade and that we need to seek assistance from the City of Portland to do something about the Jerry Brown rock outcrops.

Other concerns were raised regarding the application for an off premises license for the sale of beer and wine, especially of the demand to be sold in large single containers and result in an increase in street drinking, drunken driving, disorderly conduct and littering, as well as other associated nuisances and potential crime.

Overall Andrea Jackson made a favorable impression among those in attendance and indicated a willingness to work closely with the North Tabor Neighborhood Association and nearby residents to assure that presence will be of benefit to the community. NTNA will hold another meeting at 7 Virtus on the corner of 60th and Mar, Tuesday evening, March 22nd at 6:30pm to draft a Good Neighbor Agreement to submit to Jacksons. If you have concerns about the impact of this facility upgrade on the neighborhood, you can email or write to our concerns to landuse@northnabor.org or call and leave a message at 503-928-4655. We will be adding information on this issue to our website so be sure to look there. You may want to check any of the previous contact options prior to the meeting in case of any changes.

They go out to Mike Blak of Seven Virtues for providing space for this meeting and future NTNA meetings!

Schools Reports

Alison Gavin, School Liaison

The following items have been submitted for schools which are attended by children in North Tabor:

All schools in Oregon will be closed for Spring Break from 3/12/11 - 3/25/11 Portland Public schools will be closed for teacher orientation on 4/6/11.

GRANT HIGH SCHOOL

Grant High School Spring Musical Production presents “Sweeney Todd” a barber who turns customers into mint pies. Performances scheduled from April 29-May 1 and May 6-8. All shows are at 7:30pm in Grant’s School auditorium, 2245 NE 36th Ave.

Grant High School Community Forum asks “How can Grant use its limited resources to best serve our students?” Please join Principal Vivien Ofsen in a discussion about school policies for the next year. This is Tuesday, March 8, 6:00-8:00 pm in Grant High School Library on Tuesday, March 12, 10:00-12:00 in Grant High School Library.

FRANKLIN HIGH SCHOOL

Franklin High School Auction “Stand By Me” will take place on Saturday April 2nd 2011 from 7-11pm at Mount Scott Community Center, 3152 SE 31st Avenue. The school is currently looking for donations of art, vacation homes, airline miles or restaurant certificates—but no donation is too small. All donations are tax deductible. Anyone having donations is asked to call Jessica Butryn at 971.222.4776.

MT. TABOR MIDDLE SCHOOL

Local composer, producer and contemporary recording artist Michael Aletta will present a concert to benefit Mt. Tabor Middle School. The public concert will be held at Mt. Tabor Presbyterian Church, 5441 SE Blaisdell Street, Thursday, March 31st at 7 - 8:30 pm and will feature a special appearance by the Mt. Tabor Jazz Band. Tickets $5/adults, $5/students and seniors. Tickets may be purchased at the door in advance by calling: (503) 916-5646, (503) 234-6493 or (503) 231-6351. Dessert reception will be served following the concert.

Submissions may be sent to editor@northnabor.org if your school is having an event or project you would like included in the North Nabor News.

Cafe Monet

5420 E Burnside 503-212-1621
Now fully staffed and open daily serving specialty coffee and teas, paninis and Texas style fresh baked pastries, soups, baked goods and a neighborhood-friendly atmosphere. Free WiFi

Hours: Mon - Fri 6am - 3pm Sat - Sun 9am - 3pm

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Where Do You Fit in the North Tabor Puzzle?

Email chair@northnabor.org or call 503-928-4655.

Now Delivering Every Night!

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Portland, OR 97213

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UFO Pizza

HAPPY HOUR prices during all NCAA Tourney Games

This Month's Offer

A Large 2 Topping Pizza, a Medium Cheese Pizza, a Family Sized Salad and 4 Soft Drinks for ONLY $30 ($46.00 Value)

Offer Valid with Coupon Only! Expires 3/31/11

Meeting to Explore Glisan Business Opportunities

By Candice Jordan, North Tabor Neighbor

I recently attended a workshop hosted by Montavilla Neighborhood Association. Some representatives from the Hillside Neighborhood Association and Business Association gave a presentation on their progress in developing a Main Street project in Hillside. In a discussion regarding businesses along Glisan and whether or not the area and surrounding communities could be broken from the downtown area and with mission of developing a healthier and more vibrant business community along Glisan to the ultimate benefit of both the business community and the surrounding neighborhoods. In Hillside it took the combined efforts of many different organizations joining together on projects that have had a synergistic effect and have helped create a wide array of community events in place of use.

After the meeting a few of us decided we would like to continue this discussion and would like to invite other interested parties to meet to pool ideas on how to approach things to the benefit of the whole community and benefit the overall business climate along Glisan. We will have our first meeting on Friday, March 18th, 10am at the Patfong Thai Cuisine, 8000 NE Glisan. If you cannot attend but would like to get more involved, please pass on this or future meetings, you can have a voice in the message at 503-928-4655 with your contact details.

Greenspace/Community Garden Proposal for Wilcox Grade School

A meeting at Wilcox Grade School, 833 NE 74th, was held on Tuesday February 22 and we had quite a turnout of neighborhood members. Many of the people showed up to have the Portland Public School system grant the play area to the neighborhood. Then we will try to get a grant for creating a greenspace for this area. Currently the area is just asphalt and weedy, with an existing play set for children and basketball court. We would like to tear up the asphalt and replace it with pathways, low growing grass, trees, benches for the parents to watch their kids, and a community garden. We are all very excited and are working on approval. The building is used by PPS for special education instructors and they are concerned about losing their parkings spaces! Hopefully we can reach a compromise.

If you would like more information or to participate on this project, send your inquiries to wilcox@northnabor.org or leave a message on the North Nabor News forum.
Bui Natural Tofu, “Fresh from the bean, every day.”
Story and photos by Mente Swaroode

The Bui family operated a tofu business in Vietnam since 1975. When the family came to the US in 1994 they did not think that Americans would want tofu. They were making a little bit of tofu for family and then gave some to friends, who remarked that it was the best tofu they had ever tasted since leaving Vietnam. The family started making tofu in their garage in 1998 and delivering to homes, even in small amounts. A neighbor next door helped them to get a business license. Since July of 2005 the business has been in its present location, an attractively designed building by professional architects as well as a desit- style counter and food display shelving.

Bui tofu starts with soybeans, which are grown in Minnesota. They are soaked overnight, and ground the next morning the process begins. Workers grind the softened beans with water. The mixture is then boiled, which causes it to become solid. The solid tofu is pressed with cloth to remove any remaining water. From there, some is flavored and fried, such as with onion, pork and cakelollies, lemon grass, etc.

The Bui family comment that the neighborhood is friendly and the customers like the toasts that the staff makes. Besides tofu, they make other food to sell fresh daily in the dr. For example, they sell salted rolls with shrimp or tofu and homemade peanut sauce, spring rolls, sticky rice and many flavors such as black bean and peanut, tofu pudding, pudding and tapioca pudding with coconut cream or mixed beans, and more.

Bui Natural Tofu supplies tofu to many local area restaurants and Asian markets.

With such a large and diverse customer base here is the point: the people are so friendly and efficient, always answering my questions. It’s a great place to go when shopping for people of varying dietary needs or preferences, such as vegetarian, vegan, gluten free. There’s a good selection of non-tasty items, too. I didn’t really care one way or the other about tofu before, until I tasted Bui’s tofu. I’m sold. It’s so fresh and good tasting and comes in a variety of flavors. It’s great to have a business like this in the neighborhood.

The dining room atmosphere is pleasant and cheerful. With good lighting and energetic colors. Traditional wood carvings are displayed on the wall and shelf, as well as handmade fabric fame lions and countryside scenes. The dining room doesn’t get overly loud even when nearly filled with customers.

Many of the recents used in the kitchen are from: family. Nancy’s mother used to cook for high class people in Thailand and Laos, including colonels and generals in the military. She has studied a lot of cookbooks and experimented first, altering the process and ingredients to get just the perfect combinations. More than just the ingredients, the way they combine some ingredients adds a big difference in how a dish turns out.

Kham said that in Laos, it’s traditional to serve a dish called Lab at weddings and other special occasions, such as if you were to be a guest in his house. The name of the dish sounds like the word for “lucky”, which you will be when you try it. Some of the dishes in Northern Thailand and Laos, though it is also common in Thailand. It’s a spicy chopped meat dish with strong surrounding flavors and certain ingredients. Not only is this dish very rich but it has a lot of fresh ingredients, but it’s also hearty enough to be a meal. Or just right to start with an appetizer or to save room for dessert, such as sweet sticky rice with mango, or fried bananas with coconut sauce. Another popular dish in both countries, served here, is Papaya salad. It features shredded green papaya mixed with chili peppers, tomatoes, fish sauce, lime juice and ground peanuts.

The menu has a wide variety of dishes, spicy to mild, so that everyone in a group will find something to please them. Kham would like you to come by and try the food. He’s sure that you will like it and come back. Patong caters weddings and other events. More than 60% of the business is carry-out.

This is my favorite Thai restaurant and I feel so lucky to have it close by. The service is quick, attentive, and never overbearing. They are always able to answer all my questions about ingredients, or to make something with a special request. They are very accommodating for celebrations and for large groups, especially if you let them know in advance. Did I mention the food? Very good! You will want to go back.

Patong Thai Cuisine
200 NE Gilman St, 502-258-6766
Lunch 11-3M-F Dinner 4-930M-F Sat 12:30 Sun 4-930

The People’s Grill:
“We Serve The Best People In Town!”
Story by Mark Pederson

In 2009, when Charlie and Lynne Kamen bought the establishment at 7901 N. Gilman and decided to name it the “People’s Grill”

Says Charlie: “We wanted it to reflect our catering to the people”. They liked the feel of the area. Lynne wants house to house to distribute flyers in an eight block radius. She found the people to be talkative, open and friendly. They met with an enthusiastic response to their new business approach.

The Kamen’s enjoy hosting neighborhood people of all ages. They like to host big parties and encourage people to come out of their way to offer a homey, warm environment. They are creating a place that is both welcoming and relaxing, with a variety of activities to enjoy. There are a pool table, ping-pong machine, three large flat screen televisions and free Wi-Fi with computer printouts. The variety of activities is really placed out of sight, behind the obligatory wall to allow for a family friendly environment. Charlie has started to collect fun new signs, which decorate the walls. Outside under the large overhang, are tables and benches, for those who prefer to sit in the open, while allowing the children to run around outside.

The Kamen’s have been complimented repeatedly

A GOOD LOCKSMITH
Your Security is Our Profession
Mark Pederson CRL

All Work Guaranteed
Roya Locks

5711 E. Burnside St.
503-232-2771

There are 22 beers on tap, both imports and domestic. The Irish beers on tap include Guinness and Murphy’s stout, Harp lager and Kilkenny ale. All beers are served in class 20 oz. beer glasses. Happy Hour is Monday to Friday from 3:00 pm where you can get small plates of hearty Irish food for under four dollars and $1 off selected tap beers.

Bidi’s is a little place that’s true of the live music scene. They have live music seven nights a week, everything from traditional Irish music to roots, blues, jazz, funk and electric blues. The legendary Portland band, Twisted Whistle, plays every Saturday from 5-7 pm. This is a fun for all ages show formed and families are specially welcome. The whole family is also welcome on Sundays from 6-8 pm when everyone can enjoy all ages live music show with different bands playing every week.

Above the bar at Bidi’s is a digital “Countdown to St Patrick’s Day”. This year Bidi’s will showcase irish dance, as well as a specially selected menu for the day. Music will be available all day long featuring many live bands. All ages until 9pm. Promises to be a great day of music and celebration! See you there!

See all Bidi’s live music listings as well as their line-up for St Patrick’s Day on their website: www.biddysjgm.com

Open every day from noon – 2am (3am – 2am on weekends)

GREAT PRODUCTS

Goodman’s
111 North Willamette Blvd
503-863-7433

Goodman’s offers a huge variety of products, from local farmers markets, all the way to international products. They offer everything from artisan breads and cheeses to fresh flowers and plants. They are open Tuesday through Saturday from 9am-6pm. The store is located at 111 North Willamette Blvd.

The Hours of operation are Monday through Saturday 9am and Sunday 11. 520 NE 78th Ave (N side of Gilman) 503-258-6132

North Tabor News
March/April 2011
Another Successful Tree Planting in North Tabor!

Story by Moonrose Doherty, FoT Coordinator

Thank you to everyone who helped with planting trees in our neighborhood on January 22nd. We planted about 50 trees in North Tabor alone and over 180 for the four neighbors’ trees combined. In addition, several trees have been planted along the bike route subsequent to our neighborhood planting. It makes such a beautiful difference in all the neighborhood! It was so nice to meet new people and enjoy a day of community involvement, so thank you all for participating.

Planting the trees, unloading the trees, bringing soup and goodies, and driving the vehicles or planting by bike were some of the ways that we volunteered and our volunteer efforts really made an immense difference.

Congratulations on your new tree(s) to all who participated and thank you again for planting trees through our neighborhood Friends of Trees planting. Below is information on your trees and how to keep them healthy.

To help make sure your new tree thrives, try to remember these tree care tips:
- Weekly watering of 10-15 gallons is the best way to ensure survival.
- Remove weeds and grass from around the trunk to avoid competition for water and lawn mower damage.

60th Ave Max Station Area Maps
See Page 1 for more info and Public Hearing details.

Hazards of E-Cycling

By Candice Jordan, Cleanup Cmttee Member

When recycling electronics and other products with hazardous elements, it is important to check out who you are recycling with. Will the items be properly handled or merely shipped overseas to become someone else’s problem? One of eight should not be out of mind. Do you really want to be responsible for some child in Pakistan or China being exposed to toxic materials because he or she is saving a pile of trash that includes toxic materials you mistakenly assumed were being processed in an approved manner? Precious and rare elements are components of many of our electronic products and we are finally developing an appreciation for things we have been throwing away.

May 2010 North Tabor Mt. Tabor Resale Area: Let’s hope for better weather this year!

This year the North Tabor Mt. Tabor Resale is partnering with SBK | Green Century Electronic Recycle. The following information is from their website:

“SBK | Green Century Electronic Recycle understands the needs of technology in today’s world. That is why we have developed a way to recycle and re-use all products we buy. Most computers and computer related items are still working and may meet the needs of many people.

We believe computer recycling should be about keeping the item alive as long as possible. This is why we re-use and refurbish most of the computer related items we get; unlike other recyclers who destroy all items working or not. We make sure to refurbish and save.

Items We Accept: (and which will be accepted at the Resale) Computers, Laptops, Monitors (CRT, LCD), Printers / Scanners, Fax / Copy, Ink Cartridges, Keyboards / Mice, Servers, Routers / Rabs, Networking Devices, Communications Equipment (Cont. P 6)
North Tabor News

March/April 2011

D-E-F... More North Tabor Street Names

By Robet Jordan, North Tabor Neighborhood Association

In the last few years the North Tabor Neighborhood News, following the naming of some of our streets - you might recall that Barnside is named for an early businessman, David Barnside (a member of the Civil War general), and that Coach is named for Captain John Couch, one of the true founders of the city. You might remember that during the “Great Renaming” of 1891, when last Portland was纠结 with a series of floods, the western part of the river, many of the street-name duplications had to be eliminated. Both East Portland and Portland together had many simple letter-designated streets (A St, B St etc.). In the renaming, the alphabetical order was kept for those in Couch’s Addition in Old Portland, but the new streets were, of course, the names of prominent individuals to replace the letters. So we move on to Davis Street. Anthony L. Davis was the city’s first Justice of the Peace in 1852, and a banker and insurance agent (an important job then it is now). In 1851 he was instrumental in the opening of the first public school in the city (located where Pioneer Square is today), and his daughter married Davis Barnside (it was a small town). After D, of course, comes E. Apparently there weren’t many good candidates for streets like this. For Edith Event, though not a very worthy gentleman, was only the district agent for the NW Fire and Marine Insurance Company in the 1880s and 1890s, and the City Council owed him a favor! We’ll close with Flanders Street. Captain George H. Flanders arrived in Portland in 1843 with the first bank Marcus Whitman was serving under... Captain John Couch! Not only that, but Captain Couch was married to Flanders’ sister Carolyn, so they had a bit of a connection together. Flanders established the first main wharf and warehouse district for the city, on the river frontage of Couch’s claim – it was started in 1851. Flanders Point, together with the daily Bridge, where the now of Japanese Cherry trees is now located. When he arrived in town, Flanders was single, widowed, until 1882, when he married Fannie, who came to Oregon from Augusta, Maine, as a teacher. Flanders did very well in Portland, dying in 1892 as one of the city’s most successful business men. Over what he would have noted of Ned Flodin of the Simpsons being named after the street that was named after him!..."

Hazard of E-Cycling (Cont’d from P5)

Television, VCRs, DVD players, Stereo & Audio Components, Transistor/Unwanted Products, Cell phones / Telephones. PDAs, Handheld Games, Cameras, Batteries, Misc. Electronics, Misc. Office Machines, Washers / Dryers

We practice safe and efficient recycling. All items are handled in a safe manner with no impact to the environment. We only deal with certified processors in the Northwest. Our goal is to reuse all items and extend the life as long as possible to provide a valuable alternative to e-waste in our landfills.

How we recycle your items:

All items are tested for functionality. Computer related items found to be working are refurbished or parted out to be sold or donated. We know that data security is a serious issue. All hard drives are wiped with DOD standards. If the drives are not in working condition we destroy the drive.

Please be sure to look for this year’s Cleanup details in the May issue of the North Tabor News. There are changes from prior years, there will be an insert in the May issue containing all the details for the May 14th Cleanup. Be sure to email cleanup@northtabor.org or call 503-928-4655 if you want to help plan and participate in this year’s Cleanup.

Ride Connection

Seeding Volunteers in North Tabor

Submitted by Katrinka Eastarday, Community Outreach Specialist

Ride Connection, a private non-profit organization, and its network of service partners work in collaboration to provide vital services that strengthen our region’s current transportation service system. Ride Connection was formed in 1969, the network has provided some focused services, such as safe, reliable transportation options for individuals in Clackamas, Multnomah and Washington counties. Services are aimed at maintaining an individual’s independence. Whether it’s door-to-door transportation, travel training using public transportation, low income job seekers get to an interview or providing general public services in rural communities, Ride Connection delivers transportation access for seniors, adults, youth, people with disabilities, refugees, and low income job seekers. This past year Ride Connection and its service partners provided:

Ride Connection • www.rideonnection.org

Direct: 503.528.1738 • Fax: 503.528.1755
keastday@ridconnection.org

For the Chicken HEARTED

Dronettes: The New Chickens

By Monique Mos

In the January 30 issue of the Oregonian, the headlined story was the pet of the future. It is exactly what we need, to continue our urban back-to-nature dream.

I don’t know about you, but my yard is a mess. The hens have a large run that they do not work in, and the grass is getting so high they are scratching the earth, so that looks like the site of a recent mud slide. Also, to mark their territory, they deposit chicken dung everywhere, including the bed of the old bar that has been a fire hazard for years.

In all summer this is fun, but when it comes, and cold, wet and slow.

But there, on page A2, I located the perfect pet. Peter Finn, quoting an article from the Washington Post, reports that by 2013, the FAA will probably allow routine use of some disarming creatures (or was it “unarmed creatures”)? The drones - let’s call them dronettes (not be confused with dromes, but more like drones in the sky) - are no bigger than a large bumblebee. Right now they are being used in five states, for border control. Now that is just what will all these dronettes need is local in your assistance in the yard... There is little I find more time consuming than the ever returning weeds. So, starting in 2013, the FAA is going to do the weed control complete! Think of all the extra time I’ll have! I can’t wait to welcome the little guys to our house.

Furthermore, “the drones can do an ‘aerial sweep’ of your property. What could be more practical? No more bumblebees attaching from the bomo. Just launch your drone, and they will get the job done. Who could have imagined it! Also, remember that old beehive you’ve been storing in the shed, since all our honeybees went to the honey factory? What a great feeding to know that it can be used again!

Oh, and that’s not all; I can hardly contain my excitement! There is also a bird species, called WASP (I know, you’re wondering if they too are birds? Well, here comes the best part: the WASP doubles as a video recorder... It is hard to detect and able to fit into a small envelope, in which you could launch your WASP and let it roam about the neighborhood, without disturbing anyone and you will get REAI reality TV! All in all, I think the FAA should be infinitely helpful in getting to truly know everybody. The WASPs allow drones the roosting habits of even the most gregarious of insects and birds, and are ideal for urban monitoring! What a great way to keep our little neighborhood safe. Car prowlers beware! Some mobile lay drone that roaming the skies, although maybe they could be trained to poop or lay eggs on automobile car owners.

Now that if won’t kick our urban farming endeavor right into the 21st century!…

I don’t know about you, but I have been thinking about this. No more herding in the evening, Dronettes, as I call them (oh, you’re wondering if they are birds? No. What’s more, you can enter unobstructed. Additionally, they are built (I like to think of it as ‘trained’), to pick up and transmit dangerous conversations. Suppose two hawks are planning an attack on my little winged friends, the dronettes can hear and record, not to mention transmit such dangerous conversations to the authorities (that’s me). I imagine that I will then be informed about the impending blood bath and can take appropriate pre-emptive action.

The article does not mention whether these improved birdies lay eggs. If so, I will request an order form. Think about it! Dronettes, especially the smaller sized species, become a perfect tool for an urban gardener. They are strong enough to suffice to keep them from getting nasty. No more enormous chicken coops and an additional bonus of extra space for the haskis opent in the garden. Naturally clean and tidy, the dronette will be the darling of every real estate agent, turning back yards into pictures of pastoral delight. Since the dronettes is soundless, one will be able to also have roosters, without having to worry about wake-up calls. And they could also color in the color book of my dreams.

I have made up my mind. Give me the remote! It appears they may render any alarm system, dog, or poultry obsolete. If they also sing, then they can replace the classical piano too. My parents thought they were tidier than chickens. I could probably get away with more than three and rascals do not eat them. That would be a deal to me.

The cost? Right now they may be a bit pricey for the average resident... A bit on the high side for you and me. But like all new technology I am confident it will come down.

Eventually.
Montavilla Food Co-op (Cont. from P 1) nutritive herbs and tea products. Michael Brasseu, the Co-op’s Business Manager, offers this through a balance sheet exercise to realize how much aggregate money we spend on Food—money to potentially divert towards an establishment-based business, our values, rather than to some distant and impenetrable profit-driven corporation. We also surveyed participants to assess preferences for a short-term price scale versus a long-term goal of a retail unit atonement and found support for both goals with substantial interest in an eventual storefront. By its for-later’s ending, our brains had acquired for various committees and already got plugged into upcoming activities. We are excited to engage the new energetic participants in our efforts to help our neighborhood.

We have a lot to do this year and must continue to build on our momentum! Next steps include continuing to chart our course with the goals of finding a space, developing a business model, launching a community event drive and gathering financial support to conduct a feasibility study. We also want to increase efforts to better engage diverse members of the organization and developing stronger alliances with more representative individuals, organizations and businesses in the neighborhood.

Check out our website for more about committee meetings, upcoming events and learn how to get plugged in. There are many ways to get involved—from a one-time volunteer effort to being one of our committees—whether you’ve got a couple hours or a couple hundred, we’d love to have you involved! We have a great new location, launching a new website, professional connections which will get us closer to our goals. We look forward to hearing from you! Come join our efforts and help the Mt. Scott neighborhood.

Montavilla Food Co-op mission: The goal of the MFC is to enhance the quality of life for both residents and visitors by providing access to affordable, healthy food in an environment shaped by the community’s values.

Montavilla Food Co-op (971) 232-5743 PO Box 133628, Portland, OR 97213-6280 www.montavilla-coop.org outreach@montavilla-coop

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Typical household hazardous products accepted by Metro for safe disposal

- Aerosol cans
- Antifreeze
- Mercury-containing products
- Paints
- Soap and pool chemicals
- Pesticides and poisons
- Radioactive products (motor oil, antifreeze)
- Thinners, solvents
- Household cleaners and toilet preparations
- Art and hobby chemicals
- Aerosol spray products
- Sharps (medical syringes, lancets, etc.)
- No electronics (cell phones, computers, etc.)
- Waste only

Questions?

Call Metro Recycling Information
503-234-3000

Hablamos español

Metro

Reduction of toxic products

Save a trip to the hazardous waste facility and protect the health and safety of your family at the same time; it’s easy to get started today.

Choose safer alternatives.

- Call Metro Recycling Information at 503-234-3000 or visit www.oregonmetro.gov for a guide on household hazardous waste products.
- The Hazardous Home Handbook is full of hazardous household products and effective, alternative safer alternatives.
- Buy only what you need. Check your inventory before buying new products. If you must buy a hazardous product, buy no more than what’s needed.
- Share leftovers with someone who can use them. Prevent the most common hazardous household products: old paint, electronics, used car batteries, used oil, motor oil, antifreeze, lubricant fluids, and cleaners.

Disposing of toxic wastes

- Metro accepts various types of household hazardous waste for recycling or disposal. Bring it to one of Metro’s two transfer stations year-round, or participate in a Metro hazardous waste collection event from March to November.

- Here’s how to prepare, transport and deliver hazardous products for recycling or disposal by Metro:
- Keep products in original containers. Make sure containers are properly sealed and leaking containers are secured in secondary leakproof containers.
- Label unknown containers if certain of contents. If contents are unknown, alert technician upon arrival.
- Avoid mixing products together, to help prevent dangerous chemical reactions.
- Use containers 5 gallons or smaller only. No drums or plastic bags.
- For hazardous transport pack products in sturdy, leakproof boxes and place them in vehicle trunk.
- Keep load to 55 gallons or less.
- Bring sharp in approved sharp containers.
- Remains in vehicle upon arrival at facility; technician will unload your vehicle. And, please, no smoking.
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