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Will you be having a Party?

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June/July 2013 • Volume 5 • Number 3

North Tabor News

www.northtabor.org • c/o SEUL, 3534 SE Main Street, Portland, Oregon 97214 • 503.928.4655 • editor@northtabor.org

The North Tabor Mural Project, A Permanent Landmark for Community-Building

by Kristen Hagstrom, Deputy Director, SE Uplift



47th Ave Portion of Mural to be painted this summer. Design by Spacecraft Mission to Arts

Unlike most coalition neighborhoods, North Tabor does not have a park, library or school within their boundaries. The lack of physical neighborhood identifiers combined with the neighborhood association's recent name change from C.E.N.T.E.R to North Tabor has been a barrier to participation and engagement. In an effort to increase neighborhood recognition and build a sense of place, the North Tabor Neighborhood Association (NTNA) created the Neighborhood Identity Project. Last year, NTNA completed the first two phases of their Identity

Project, which consisted of the creation and installation of 20 pole banners and held a Health and Safety Fair. Both projects have proven effective in building neighborhood recognition and pride.

Building off the success of these first two projects, the NTNA is now moving forward with the next phase in their Neighborhood Identity Project, a Community Mural. I had the opportunity to meet with Christin Huja and Gail Morris, the mural project coordinators, to chat about the development of the mural to date and the lessons they've learned

throughout this process. We met at the Laurelhurst Café, directly across from the future mural- the large wall on the northwest corner of NE 47th Avenue and E Burnside Street.

After finding the right location and getting permission for the site, Christin and Gail began writing articles in the North Tabor News and held their first public mural meeting in March 2012. They attended the Rules and Regulations for Creating Murals in the City of Portland training, which they found to be hugely helpful in navigating the permitting process, and planned to apply for the Regional Arts and Culture Council (RACC) Mural grant last summer. According to Christin, "Gail and I really wanted to get the mural started, but quickly realized we didn't have the mass of people supporting the project to really get it going. We decided to postpone painting until summer '13 instead." In an effort to get more interest from neighbors, they wrote several more articles and tabled at community events.

After these efforts, they felt more confident about neighborhood support, so they decided to move forward with an application for grant funding through SE Uplift's Neighborhood Small Grants Program and the development of a RFP process to select an artist for the mural last fall. While several artists applied, the NTNA ultimately chose to hire Spacecraft: Mission to Arts since they had

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Infill and increasing density in North Tabor: A Second Opinion

by Joe Recker

After reading the article "Infill and increasing density in North Tabor" [North Tabor News, April/May 2013] I felt compelled to offer a different perspective on infill development. I would argue that infill has historically occurred in North Tabor at densities similar to current development, that infill is particularly appropriate for our neighborhood and can be adequately supported by our infrastructure, that infill provides many benefits to our state, region, and neighborhood and suggest some ways in which we, as a neighborhood, can positively influence the Portland Plan process to improve the compatibility of new infill.

Infill development in North Tabor is old news. Most of the neighborhood doesn't have to look far to find a duplex, townhome, or apartment building – often on the same block – that was constructed in



The City of Portland recently completed a design contest for more compatible skinny homes. This home was built using one of the winning designs. Advocating for improved design standards is one way we can ensure more compatible infill like this occurs in North Tabor.

the latter half of the 20th Century. Some of these developments turned out well and some didn't (in my humble opinion), but the neighborhood has moved on and come to accept them as part of the ever-changing landscape of an inner urban neighborhood. Three new homes being developed on NE 57th Ave have been highlighted as a cause for concern. I understand the concern about the scale of new buildings and privacy, but believe the density is consistent with the existing neighborhood and that even more density will help make our neighborhood more complete and support more commercial services. The three new homes on NE 57th will be on lots about 2,000 sq. ft. in size. About 100 years ago, a similar development occurred one block away on NE Flanders St. Each of these two story homes was built in 1911 on lots less than 2,000 sq. ft. each. A triplex built in 1968 sits across the street on just 7,500 square feet of land. Less than a block down 57th, a four-plex built in 1957 sits on a 5,800 sq. ft. lot amid a string of duplexes. A block away on NE Davis near 58th sits a four-plex on a 10,000 sq. ft. lot. A block away in the opposite direction, three

townhomes built in 1997 sit on less than 2,000 square foot lots as well. I could go on, but you see the point. Infill has been occurring at roughly the same, or greater, density over the past 100 years. This isn't news and it shouldn't be testing our tolerance for state planning efforts.

North Tabor's amenities make it appropriate for infill and attractive to homebuyers and renters. Our neighborhood is geographically central to the Portland metro area, in close proximity to major employers and downtown, and has great transit access. Few places in the region outside of downtown have such great access to transit (three good bus lines and three MAX lines). We also have freeway access, two full-size grocery stores, and a scattering of restaurants, shops, and bars within walking distance. Ideally, our neighborhood would support a more complete main street on Glisan and/or Burnside, but we just don't have the critical mass yet. Infill will help achieve that critical mass of pedestrians walking on these two streets.

(Continued on Page 3)

North Tabor Neighborhood Assoc.
c/o 3534 SE Main St
Portland, OR 97214

WHAT'S MISSING FROM NORTH TAVOR IS YOU.

Building a great neighborhood doesn't just happen. It takes volunteers to be part of not only ideas but the grass roots efforts involved in making a better neighborhood.

Are you interested in?

- Land Use Chair
- Place-making
- Social Media Outreach
- Event Planning



Meetings and Events on Page 2

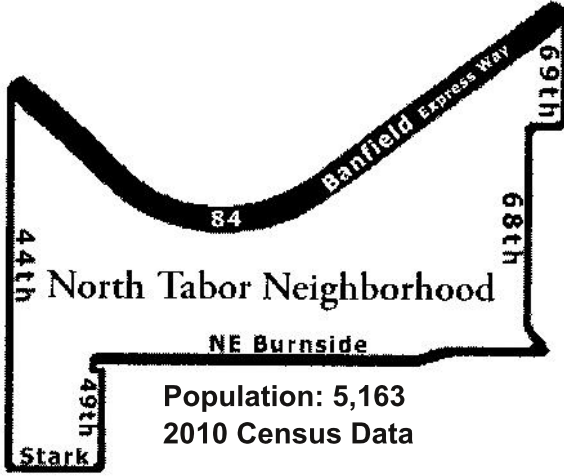
Welcome To North Tabor

Neighborhood associations are a recognized voice in the City of Portland. We encourage you to become an active member! Let your voice be part of the process.

Participation is voluntary and open to all who live, work, rent or own property, or have a business, non-profit or government facility within our boundaries.

Meeting Time and Location

Next meetings are Tuesday, June 18, and Tuesday, July 16. Location of the meeting is 5600 NE Glisan. Check the calendar at www.northtabor.org or call (503) 928-4655 to confirm time, date, and location.



Neighborhood Boundaries

The North Tabor Neighborhood is bounded on the west by 44th Avenue and on the east by 68th and 69th Avenues. The southern border is Burnside Street, except in the area between 44th and 49th Avenues where the neighborhood extends south to Stark Street. The Banfield Expressway (I-84) creates the northern NTNA boundary.

Publication

The North Tabor News is published by the North Tabor Neighborhood Association. The North Tabor News reserves the right to edit material submitted for publication. Unless otherwise noted, opinions expressed are the opinion of the author and not those of the North Tabor Neighborhood Association or its board. Publication and distribution of the North Tabor News is the result of a combined volunteer effort. To help with the production of the North Tabor News, contact editor@northtabor.org or submit articles, stories, photos, announcements or suggestions via email to editor@northtabor.org; by mail to North Tabor News, c/o 302 NE 57th Ave., Portland, OR 97213; or call (503) 928-4655. Printing and postage expenses for the North Tabor News are paid by advertising and sponsorships; a portion of revenue from the annual clean-up; and a grant from Southeast Uplift.

Submissions

Deadline for submissions is July 15 for the August newsletter. Submit articles and photos to: editor@northtabor.org or call (503) 928-4655 and leave a message. Submissions from North Tabor residents about the North Tabor neighborhood will have priority.

Advertise

Reach 5,000+ North Tabor Residents for pennies per copy. Advertising rates start as low as \$32.50 per issue. (503) 928-4655 or email advertising@northtabor.org.

Advertising deadline is July 15 for the August issue. Placement is based on payment and the order in which copy is received.

Board Members

Melissa Bockwinkel, Chair; Moonrose Doherty, Vice-Chair; Gail Morris, Secretary; Candice Jordan, Treasurer; Zach Michaud; and Cathy Riddell.

Contacts

- Board: board@northtabor.org
- Chair: chair@northtabor.org;
- Cleanup: cleanup@northtabor.org;
- Friends of Trees: fot@northtabor.org;
- Land Use: landuse@northtabor.org;
- Mural: mural@northtabor.org;
- Newsletter Advertising: advertising@northtabor.org;
- Newsletter Calendar: calendar@northtabor.org;
- Newsletter/Website Editors: editor@northtabor.org;
- National Night Out: nightout@northtabor.org;
- Sustainability: sustainability@northtabor.org;
- Volunteers: volunteer@northtabor.org

Voicemail messages may be left for any board member or committee at (503) 928-4655. Board members manage the daily affairs of the neighborhood association; make decisions and represent the interests of North Tabor Neighborhood; appoint committees and work groups for projects and issues of concern to the neighborhood; and maintain and encourage open communication and involvement between neighbors, the neighborhood, and the city. For more information or to serve on the Board or any of its committees, please leave a voicemail at (503) 928-4655 or email chair@northtabor.org, or mail to NTNA, c/o SEUL, 3534 SE Main St., Portland, 97214

Upcoming Meetings and Events

Tues June 18 NTNA Monthly Meeting

Jilayne Jordan, ODOT on the I-84 Paving Street Closures this Summer; Rich Newlands, PBOT Update on the 50's and 20's Bikeway Construction; Possible Speak on Glisan Street Traffic Project; Light food provided by Falafel Hut & UFO Pizza; 6:30 pm, 5600 NE Glisan

Tues July 16 NTNA Monthly Meeting

6:30 pm, 5600 NE Glisan, see website or call 503-928-4655 near meeting for update.

Montavilla Farmers Market (page 5)

House of Dreams Book Sale (page 7)

North Tabor Mural Painting TBA

Contact NorthTaborMuralProject@gmail.com, visit www.northtabor.org or call 503-928-4655 for updates or to volunteer.

Mt Tabor Summer Concert Series 6:30 pm

- July 9 LoCura - Rebel-Spirited Bay Area Latin
- July 16 Sassparilla - Raucous Dust-Bowl Blues
- July 23 Nancy King - Portland's Jazz Chanteuse
- July 30 Dr. Theopolis - Wacky Funk & Hip-Hop

Laurelhurst Movies in the Park

Aug 16 Les Misérables (at dusk), Pre-show J Miller Productions 6:30 pm

See <https://www.portlandoregon.gov/parks/> or call 503-823-PLAY (7529) for other free or low cost activities for the summer!

Help Wanted!

The North Tabor News needs the following to help keep it sustainable. The paper depends upon volunteers for production and advertising and donations to meet the printing and postage costs. Call 503-928-4655 or email editor@northtabor.org.

Reporters, Writers and Contributors of Ideas for Content



Photographers and Graphic Artists Submit your Photos

Get some Exercise, Meet your Neighbors and Save us \$\$\$ by Delivering in your Area



Offer Local Businesses the Opportunity to Reach our 5000+ Neighbors by Advertising with Us or Donate or Solicit Donations

Laurelhurst Cafe
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 Weekends 8am - 8pm
 Happy Hour Daily 5pm - 7pm

Now serving Burgers and Fries!
Patio, Patio. Patio!

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Located on the corner of NE 47th and E. Burnside.
laurelhurstcafe.com 503.548.6320

North Tabor March and April Neighborhood Meeting Notes

At the March 19, 2013 meeting, Richard Nudelman gave a presentation of the SE Portland Food Project. He explained how a bag gets dropped off to a participant who fills it with food items and then it gets picked up when it's full.

Bill Hoelzer of Greensavers, specializing in energy savings, presented ideas of working with the neighborhood association to get info and assess interest in participating in a Green Energy Works Oregon program for the neighborhood.

A Coal Trains through North Tabor letter in protest was reviewed; comments were taken and the letter signed by the Board was approved.

The Mural project reported that they will apply for the April 3rd RACC grant and will be pursuing a Kickstarter grant also. Spacecraft: Mission to Arts presented the latest version of the drawing of the mural.

Three board members - Alison Gavine, Tim Kirkman and Frank Spillers who have resigned were removed.

It was agreed to support the 2013 Portland Parks Summer Concert series with a check in the amount of \$250.00

At the April 16, 2013 meeting, Mel Rader from Upstream Public Health spoke in favor of fluoridating Portland's drinking water. Charlie White talked about the No on Fluoride campaign.

The North Tabor Neighborhood Association Bylaws, previously reviewed and updated, were passed.

Nicole Davenport, a board member who resigned as she has moved out of the neighborhood, was officially removed from the Board.

Committee reports were given. The Visioning event in June was discussed. SEUL will facilitate the event.

We voted to skip the May meeting as several members will be out of town at that time.

Banfield Paving Project

The Oregon Department of Transportation will repave both directions of Interstate 84 between Interstate 5 and Interstate 205 (Banfield Expressway) in Portland this summer, using three directional weekend closures to complete construction more quickly. Construction is scheduled to start in May 2013 and be complete in October 2013. Some of the alternative routes they are suggesting will run through our North Tabor neighborhood down Burnside, likely increasing Glisan street traffic as well.

The preliminary schedule of weekend closures is as follows:

10pm, Friday, July 12 to 5am, Monday, July 15
 I-84 eastbound closed from I-5 to I-205 for grinding and paving

10pm, Friday, July 19 to 5am, Monday, July 22
 I-84 westbound closed from I-205 to I-5 for grinding and paving

11pm, Saturday, August 3 to 5am, Monday, August 5
 I-84 westbound closed from I-205 to I-5 for restriping the I-5 merge and replacing signs

This schedule is subject to change based on weather and other factors. Get the latest information and stay up to date by visiting www.i84paving.org or calling the construction hotline: 503.731.4663.

Falafel Hut

Unveil the Goodness of Mediterranean Home Style Food

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Catering Services Available

Anniversary Special thru July 31, 2013
\$2 off your Meal with this Ad

Open Daily 11 - 9
5663 NE Glisan St.
503-206-4142

Infill and increasing density in North Tabor: A Second Opinion

(Continued from Page 1)

Infill development brings direct and indirect benefits to North Tabor. Developers are typically required to provide sidewalk, street crossing improvements, pavement repair, and street trees adjacent to their development. This is most helpful on streets lacking these, but it's nice to have new and improved facilities regardless. In addition, developers pay systems development charges on the order of \$10,000 per unit that result in direct investments in parks, transportation and stormwater facilities – each bureau assesses their own charge. For example, parks charges over \$5000 per new unit for new and improved parks. Indirectly, additional residents result in improved transit service from more people riding transit (evident from the city's recent survey of new apartment buildings). Developers aren't getting a free ride. In fact, they probably pay considerably more than the developers who built the homes we live in (even accounting for inflation).

The article stated that infill is making North Tabor more crowded. North Tabor is not, nor will it ever be crowded as a result of infill. There is a difference

between density and crowding. Density is the number of units in a given geography and crowding is when too many people live in individual units. Crowding is the result of too little infill. For example, New York City created crowded slums when it demolished whole blocks of dense low-income housing. Two or three families crowded into individual apartments due to the diminished housing supply, creating an unhealthy and unsafe condition that resonates in poor communities there today. The only evidence to suggest crowding would be the occasional traffic on NE 60th and Glisan, which is unrelated to neighborhood density and is more a reflection of regional sprawl – people driving into or through our neighborhood to get to work. By accommodating infill development in North Tabor, more housing opportunities are created where people can drive less to get to work, take transit, bike, or even walk to get their groceries. Infill will help alleviate the traffic, not grow it.

There is strong support for the state planning system that accepts infill development in exchange for farmland and forest protection. About 5 years ago, voters in this state overwhelmingly re-affirmed

support for the 40-year old state planning system with passage of Measure 57. Our state planning system is what makes this state, this region, and our neighborhood so attractive. We are close to nature, enjoy food security, and enjoy revitalized inner neighborhoods that would otherwise fester with disinvestment in favor of far-flung suburbs as most other metropolitan regions have experienced. Accommodating infill is a small price to pay for all these benefits. However, we can work to tweak the rules of infill development if we have concerns.

Portland Plan offers opportunity for constructive improvements to infill development regulations. In exchange for preventing unnecessary development of farm, forest, and rich habitats outside of the city, urban areas need to accommodate growth within their boundaries and make it easier to develop by providing straightforward rules and regulations for developers. If we don't like some of these rules, it's fine to advocate change, but not in a way that would create uncertainty for developers – this goes against state planning rules and would be a waste of our advocacy efforts. Instead, let's focus on what really causes concerns. The biggest concerns I share are the scale of new development and maintaining privacy. I believe the City planning staff can address these concerns if they are clearly conveyed. The rules can be changed to expressly prohibit picture windows within the rear half of lots facing adjoining property lines and/or require the bottom sill of windows to be at least 5' high in these locations. Similarly, three stories can sometimes feel out of scale with our mostly one and a half story bungalows. The rules can be changed to limit third floors to just 50% (or less) of the building footprint.

In summary, I hope we can recognize the many benefits of the state planning system and what infill development brings to our neighborhood. If you don't welcome it, I hope we can at least learn to tolerate it and work constructively to make it work better for us all. This view that infill is somehow antithetical to our way of life is in direct contrast to how many in this neighborhood feel, including myself.

The North Tabor Mural Project

(Continued from Page 1)

experience with truly community-based mural projects. This was crucial to the NTNA, who wanted community members to have an integral role in both the design and implementation phases of the mural.

Christin and Gail worked closely with Spacecraft on the development of the mural over the winter. They learned that grant funding was received from SE Uplift in January and decided to have a community meeting on Feb 24th, but also created a survey for input before the event. They received little input initially, so the muralists created a design with lots of open space to leave room for the ideas generated at the meeting. The meeting was a huge success with so many neighbors in attendance that it was standing room only.

The muralists took all feedback received into account when revising their draft design, which incorporated the changes requested and included more everyday people, and historical references and landmarks. Spacecraft presented the mural, which was approved with minor changes at the NTNA March meeting. They then submitted this version to RACC on April 10th along with their application for grant funding in the amount of \$10,000. On Friday, May 24 Gail and Christin learned that NTNA has been awarded \$8925 towards the mural project!

Painting on the mural will begin in a few months for a projected completion at the end of August/early September and there are plenty of opportunities to get involved! A community paint schedule will be developed and posted shortly on the NTNA website. No painting experience necessary - children and families are welcome. Additionally, monetary and in-kind donations are being accepted for painting supplies and food for the mural dedication.

For more information about the mural project contact NorthTaborMuralProject@gmail.com or visit www.northtabor.org to learn about future projects, which may include a community garden or even the development of a new park. Clearly the North Tabor Neighborhood Association is building steam, so stay tuned for more great community projects!

(See pages 4 and 5 for more about this project.)

Our Business is Instilling Hope and Restoring Lives

by Bill Waters, Program Coordinator for the NorthStar Clubhouse

NorthStar, located at 5600 NE Glisan (Southeast corner), is a rehabilitation program designed specifically for those who struggle with mental health issues. NorthStar is just one of the programs offered by NAMI, Multnomah, the local chapter of the National Alliance on Mental Illness, the nation's largest grassroots mental health organization.

NorthStar is quite different than most mental health treatment providers; NorthStar is a Clubhouse Program, a model that is so effective at helping people restore their lives that it has become an evidenced-based practice according to the Substance Abuse and Mental Health Services Administration of the U.S. Government. Members (the term used instead of client or patient) of a clubhouse find an environment that looks like many other workplace environments instead of the usual mental health treatment options like individual and group therapy, medication monitoring, case management, educational groups, occupational therapy, etc. In the clubhouse, members work with a small professional staff to operate the program. Members do all the work that paid staff would be doing in most nonprofit corporations. For example, members in the clubhouse do all of the reception functions, data entry, write reports, track attendance data, draft organizational forms and publish a newsletter. Members also keep the building clean and neat and do all of the outdoor maintenance. Doing this work, side-by-side with their peers, helps members build self-confidence and self-esteem, develop new skills while enhancing skills they brought with them to the program, build social skills and experience hope for the future, something many of our members have lost due to their illness.

Mr. Doug Carson joined NorthStar about six months ago. His story is a good illustration of how NorthStar helps many people go from being totally disabled by their mental health condition to regaining the ability to function and feeling hopeful for their future. Here is how Doug describes his experience:

Doug's Story

I came up from California because I was in crisis; my sister was concerned for my safety. She made it possible for me to get into Providence's Intensive Outpatient Program, where I was diagnosed with severe Depression, Post-Traumatic Stress Disorder and High

Anxiety. After completing the program, I felt alone and my safety net was gone except for a few friends I made in the program. I felt as though I would not be able to cope with my illness and would have to go back to California and live in an abusive and unhealthy relationship.

Doug's smiling face and warm voice is the first contact many people have when they call or stop in at NorthStar



As soon as I went to NorthStar, I felt needed and had a purpose with structure. I was able to see that I do have strength and can still make a difference. I received support from the friends I made and saw that I could help others too. I am no longer in crisis. I no longer call the crisis lines and no longer feel the need to do any self-harm. I no longer see myself having to go to the hospital for my protection. I now see that there is hope and perhaps I won't have to be on Social Security Disability. I see myself as sometime soon being able to go out and work and give back to the community. My strong desire is to help others who are experiencing a mental illness with the same help that I was given. It is great being around friends "who get it" and that is what I get at NorthStar.



NorthStar Clubhouse, 5600 NE Glisan

NAMI Multnomah opened NorthStar in September of 2010. It is still a young nonprofit organization and like many young nonprofits is working hard to obtain funding to keep pace with the ever growing public demand for this type of service. If anyone who lives in the North Tabor neighborhood would like to get involved with NorthStar and help us become a larger and stronger program, there are several ways that you can help.

NorthStar is currently seeking candidates with legal, financial, educational, marketing, human resources and general business backgrounds to serve on its Board of Directors. The board of a nonprofit helps to steer the organization on a course to success by ensuring its financial solvency, raising funds as needed for sustainability, hiring and supervising the organizations Executive Director and drafting organizational policies and procedures. Boards are comprised of people who bring a range of background educational and occupational experience in guiding the program to success. If you would like to be part of the team that oversees this wonderful organization as it carries out its mission to help those who need its help, please call Mr. Bill Waters, NorthStar's Director, 971-271-7273, and inquire about getting involved with its board.

Another way to help is to donate monies, services, supplies or equipment that will help NorthStar carry out its mission. Becoming a Friend of NorthStar is extremely valuable to everyone involved in the clubhouse.

If you are a business in the neighborhood looking for entry level employees, please contact Bill Walters for information regarding NorthStar's employment programs, 971-271-7273 or billwaters.nami@gmail.com.

Editor's note: NorthStar

NTNA is extremely grateful to NorthStar for offering its building for use by NTNA for monthly meetings and other committee meetings. I have personally enjoyed working with the members on various projects and encourage neighborhood support of this organization. (C. Jordan)

East Burnside St. View of North Tabor Mural Project

Western end of Mural along Burnside to be painted this summer. Design by Spacecraft Mission to Arts



Sponsors for North Tabor Mural Project

by Gail Morris, NTNA Secretary and Mural Project Co-Chair

Two months ago, we mailed out a letter asking the various neighborhood businesses if they could help support us in our mural project. We have received donations from the following neighborhood friends:

- **American Dream Pizza** (donation of pizzas)
- **Community of Christ Church** (monetary donation and offer of storage space for supplies)
- **Falafel Hut** (monetary donation)
- **Friends of Mt. Tabor Park** (monetary donation)
- **Laurelhurst Café** (donation of food, water, storage space, use of vehicle, restrooms)
- **North Tabor Neighborhood Assn** (\$2000 donation)
- **SE Uplift** (grant for \$2000)
- **Seven Virtues** (monetary donation)
- **Tabor Tavern** (monetary donation)

If you would like to help support the Mural Project, please contact NorthTaborMuralProject@gmail.com or leave a message at 503-928-4655. We can always use cash donations or donations of goods and services from neighbors or businesses where applicable.



New speed limit signs sprout on Davis/Everett Bike Route C Jordan

Speed Limits Sprout in North Tabor

Excerpt from Neighborhood Greenways, posted by Margaux Mennesson on <http://btaoregon.org/>

Neighborhood streets should be safe for people — period. These are the streets where we live, where our kids play, and where more people are biking and walking every day. We know that speed is a top (Continued page 6)

Stretch of NE Glisan to Become Safer: Project Area NE 61st - NE 81st

Since 2003, 301 people have been injured and two have died in crashes on NE Glisan between 60th and 82nd Avenue. On July 10th, 2007, a pedestrian was struck and killed while attempting to cross NE Glisan at 64th. Most recently, on January 29th, 2013 a pedestrian was struck and killed while attempting to cross NE Glisan at 78th.

In response to these tragic crashes, nearby residents, businesses, churches, schools, and the Montavilla Neighborhood Association asked the city to improve safety on the street. The Portland Bureau of Transportation and Portland Police Bureau assembled a team to investigate the most recent crash and to identify potential changes that could make NE Glisan safer.

On February 25th, 2013 the Bureau of Transportation led a public meeting with the support of the Portland Police to discuss potential safety improvements on NE Glisan. Everyone who had contacted the City regarding the January 2013 crash was invited. The meeting was well attended. Those present expressed significant concern about safety on NE Glisan, including concerns about speeding and the safety of pedestrians crossing the street. Many voiced specific concerns regarding the crossing at 78th.

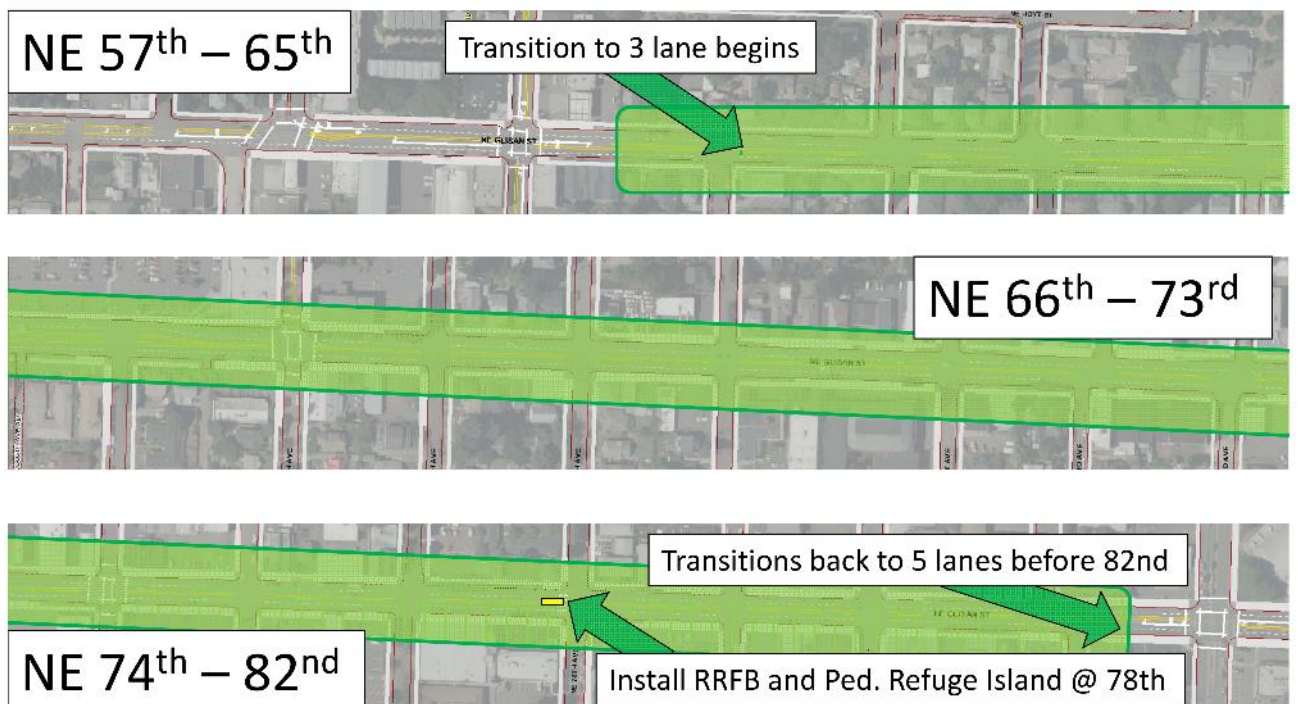
On April 22, 2013 there was a second public meeting in a packed auditorium to discuss strategies to improve safety on NE Glisan between NE 60th and 82nd Avenues. 4,000+ residents near the project area were notified. Staff from the Bureau of Transportation shared data about traffic flow, parking demand, and pedestrian travel in the corridor at the meeting. Transportation staff presented a safety strategy for public feedback involving modernizing NE Glisan from 60th - 80th

into a 3-lane roadway with a travel lane in each direction and a center turn lane. The proposal involves converting the current pro-time parking (no parking during the peak hours) on NE Glisan to full time parking. The proposed reconfiguration of the roadway will allow the same volume of traffic as before because removing left-turning vehicles from the travel lane allows traffic to flow unimpeded for most of this section. Finally, Transportation staff proposed a crossing improvement at NE Glisan and 78th including a pedestrian refuge island and a Rapid Flash Beacon, thanks to financial participation from TriMet which has a bus stop at this intersection. TriMet is interested in making sure transit users have safe access to their bus stops, so they were happy to contribute to this safety project.

There was overwhelming consensus from those present that the project move forward as proposed, though many asked for more safety improvements, such as additional marked crossings, additional bike facilities, and similar changes to E Burnside. Unfortunately, the City only has limited funds available for this unplanned, but sorely needed, project, so the investments in safety will be limited to what the current proposal calls for. You can view the Transportation Bureau's presentation at this meeting on the City's website: <http://www.portlandoregon.gov/transportation/62098>.

The NE Glisan Safety Project is now slated for late summer/early fall construction.

If you have questions about this project, please contact Gabriel Graff at 503-823-5291 or gabriel.graff@portlandoregon.gov.



East Burnside St. View of North Tabor Mural Project

Eastern end of Mural along Burnside to be painted this summer. Design by Spacecraft Mission to Arts



Montavilla Farmers Market Season Opened June 2nd

by Rebekah Hubbard

Spring is in full swing and that means that it's time for the return of the Montavilla Farmers Market on the 7600 block of SE Stark. Volunteers and board members gathered May 25 for a clean-up day to prepare the location for Opening Day, June 2.

Over 45 vendors are signed up for the 2013 season, which runs from June-October and the Sunday before November 24, every Sunday from 10 a.m.-2 p.m. Shoppers will be able to find fresh, seasonal produce and a wide variety of locally made prepared foods such as scratch-crafted gmo-free caramel corn, dog treats, savory spreads, artisan goat cheese, local hard cider, organic local beer, distilled spirits, local salumeria.

Also not to miss for opening day are plant starts, seeds, fresh bouquets and dahlia tubers. Also pastured raised meats, wild caught fish, and eggs from happy chickens and ducks.

A couple of vendors that will be at the market this year:

Decadent Creations

A self-described francophile, owner/baker Mindy Huggins says they'll be bringing strawberry rhubarb pie, asparagus and baby garlic quiche and her best seller, a harvest loaf with carrots, zucchini and blueberry this Sunday. Huggins says she bakes with what she can find at her local farmer's markets, and wakes up when most of us go to bed - midnight or earlier - to bake the goodies that end up at the Montavilla Farmer's Market just a few hours later.

Cerigioli Gardens

Drawing from their Italian heritage, the good people at Cerigioli Gardens say they want to "create a community through shared labor, knowledge, and bounty" with their business. They'll be offering farm-fresh produce, poultry, pork, lamb, rabbit and eggs. Cerigioli Gardens also offers a CSA, a few of which are still available for 2013. Bring them your egg cartons to recycle.

Portland Creamery

This two-year-old family business sources their cheese from a private herd of goats - in fact, the goats live in a pasture right outside the creamery window in Molalla. The award-winning cheesemaker offers an Oregon Chèvre, Herbs de Provence and Sweet Fire flavors, along with a few seasonal options.

Support these great local businesses and more every Sunday this summer at the Montavilla Farmer's Market.

The Montavilla Farmers Market is always in need of volunteers! Help out by being a Chef Demo Assistant, work at the info booth, help set up the market or join us in many other tasks. Sign up at <http://www.montavillamarket.org/support/volunteer/>.

Find a full list of vendors, market news and more at montavillamarket.org, or sign up for the Montavilla Farmers Market newsletter on the right-hand column of the home page.

SE Portland Neighborhood Food Project

While there are those who posit that the most efficient way to help out food bank programs is to donate cash, that is not always the best option for those making donations for a variety of reasons. This story is about a program for those who wish to make contributions in the form of non-perishable food items. The photo on page 1 appeared in Parade magazine last fall and a local food program, Kelly SUN pantry, was one of 10 social service agencies from all over the US featured in the article. This program is one of two food pantries currently served by the SE Portland Neighborhood Food Project.

Richard Nudelman attended the March NTNA monthly meeting and presented an overview of the SE Portland Neighborhood Food Project.

History of The Food Project:

The Food Project was started in Ashland in January 2009 by a group of residents who wanted make it easy for people to donate food to the Ashland Emergency Food Bank. They realized that many of their neighbors wanted to help fight hunger in their community, but for one reason or another, never get around to it. So they created a simple, door-to-door food collection system to enable them to pitch in.

Program goals included:

- Providing a regular supply of food to our hungry neighbors
- Creating new neighborhood connections and strengthen our community
- Serving as a model for other communities

The project started with a core group of 10 volunteers picking up food. About a year later, there were over 150 in 3 different towns. The first Pickup Day, in 2009, netted about 600 pounds of food. By December, 2011, they were picking up more than 55,000 lbs. county-wide, every two months.

There are now 9 Food Projects on the West Coast, with more ready to get started. SE Portland Neighborhood Food Project supplies food to the

SECC Food Pantry at 5535 S.E. Rhone and to the Kelly School SUN Pantry, at 9030 S.E. Cooper.

How the Food Project Works

It's a remarkably simple system, built around two main types of volunteers:

Neighborhood Coordinators (NCs) agree to organize a small group of their neighbors to become Food Donors. Their job generally takes a few hours a month.

Food Donors are neighbors who agree to give food every two months.

Neighborhood Coordinators (NCs)

An NC's donor group can be any number of people they like: 3...10...16...or any size.

NCs decide for themselves what constitutes their "neighborhood." It can be a few houses, a whole street, or several blocks. The most important thing is for them to feel comfortable with the area they pick. If they want, they can start small and expand their neighborhoods over time.

Generally, NCs build their "neighborhoods" by knocking on doors, introducing themselves, and asking if people want to participate. It's a great way to get to know neighbors. Many NCs start out by asking friends and acquaintances who live nearby.

When a Neighbor Joins

The NC gives them a reusable green Food Project bag and suggests that they buy one extra nonperishable grocery item each week when they go to the supermarket. The food is stored in the bag. (Note: Besides the obvious practical application, our FP bag is an important symbol of mutual commitment, and a constant reminder of the food bank's needs).

Then every two months, NCs pick up each Donor's bag of food, leave an empty one, and bring all the bags they collect to the SECC Food Pantry at 5535 S.E. Rhone. Representatives are there to receive and process it.

When is Pickup Day?

Our "official" pickup day is the 2nd Saturday of each even month (Feb. April. June, etc.). But the Food Project is set up to give NCs as much freedom as possible. If they'll be out of town on the official pickup day, or prefer to do it the week before or after, they can come up with their own date and work that out with their Food Donors.

What happens on Pickup Day?

Each Food Donor puts the bag of food out by his or her front door. NCs pick up each bag, leave an empty one and a "Thank-you" card (which we supply), and take the food to the SECC Food Pantry at 5535 SE Rhone. The food is divided between the SECC Food Pantry, which serves 400 of our neighbors per month, and the Kelly School SUN Pantry, which provides emergency supplies of food to about 60 people a month.

When we get a total weight for the entire pickup, we let NCs know, so they can let their Food Donors know how much of an impact the FP, and their work, is having. This communication is critical.

The food goes to groups designated by the Food Project steering committee, in assigned proportions.



For more information or to volunteer:
Email: info@southeastfoodproject.org
Phone: 503-775-2110

Problem Solving Issues in Public Spaces: "Someone's sleeping in my yard..."

Whether we rent or own, the violation of the invisible property line that surrounds our homes is something that agitates nearly every one of us. Even a stranger coming up the walk to knock on the door can put us on alert, but the idea of seeing someone sprawled on our lawn or resting behind a shrub on our property is guaranteed to send our blood pressure through the roof with the inevitable question, "How do I handle this?" Simply hoping that they go away soon might not be enough, but there is of course no simple answer – it will depend on the situation. How many people are we talking about? Is the person awake and conscious? Are you home alone? (Call a neighbor to help if you are alone or there are only children in the house.) Here are some points to consider:

1. It is always possible that the person is suffering from some physical or mental illness, and needs your help. If the individual is unconscious and non-responsive, it is a potential medical emergency. Call 911 and report it.

2. People who are conscious and appear non-violent (this is a judgment call with which you must be comfortable) should be approached in a non-confrontational way. Ask if they need assistance, and perhaps offer water (but never let strangers in your house - to use the bathroom or telephone, for example!). Once they know that someone is watching them, they will usually move on. One time I had a neighbor call me to tell me he saw one of the local bottle-collectors lounging on my front porch. I went immediately to the front door, and startled him as I opened it (he clearly thought no one was home). He left immediately.

3. If there is any sign of irrational, violent, or drug/alcohol induced behavior, you need to call the authorities (503-823-3333 and then 0 to go straight to non-emergency dispatcher... unless of course it is an emergency. If the person has threatened you or others, call 911 immediately.)

The best way to discourage such trespassers is to make your yard less attractive to them – this means doing many of the same things you should do to discourage burglary. Are there hidden spaces amongst your shrubbery or under your trees? Trim them back or remove some of the plantings so that there are no "private" areas in which someone could stay unseen. (When we bought our house it had an immense overgrown holly tree under which people had clearly been hiding out. The tree is gone.) soft green lawn is much more inviting than landscaping that makes creative use of rocks and hard surfaces (and the lawn is much more resource intense). Get rid of it, or at least a good part of it. And finally, KNOW YOUR NEIGHBORS. If you see someone trespassing on your neighbors' property, alert them. Form a neighborhood watch, and let your neighbors know when you will be gone so they will act on any suspicious activity. Most homeless people are deserving of our sympathy and our assistance, but

you should never put yourself or your family at risk in dealing with strangers in the neighborhood. Fortunately these are rare occurrences in North Tabor, but it helps to know what to do if the occasion arises.

Here is some additional material forwarded from our very own Southeast Crime Prevention Coordinator, Katherine Anderson, from a 2010 publication of the Office of Neighborhood Involvement Crime Prevention Program:

During a commute to work on public transit, an afternoon spent at a neighborhood park or a walk on the sidewalk to the grocery store, you may come across challenging situations that you are unsure how to respond to. Most residents know that calling 9-1-1 will lead to an emergency response from fire, police or an ambulance in those situations where an immediate threat to life or property is present.

Other times calling 9-1-1 may not seem appropriate. This guide is meant to help clarify which phone numbers you should call for a variety of scenarios that affect the safety and livability of your community so that you can be effective in problem solving these issues.

This resource list provides examples of when to call 9-1-1 and the non-emergency number. These are general guidelines. depending on the context of the situation, you may determine that a more emergent response is needed. There may be times when you call 9-1-1 and are rerouted to the non-emergency number due to a variety of factors.

Call 9-1-1 when an individual or group is:

- Exhibiting behaviors that pose a safety risk to others such as threatening behaviors, fighting, and intimidation, regardless of whether he/she is sober or intoxicated.
- Exhibiting behaviors that pose a safety risk to him/herself such as stumbling into traffic, passing out while intoxicated, and inflicting selfinjury.
- Selling drugs.
- Engaging in lewd sexual behaviors.
- Trespassing (entering another's private property without the owner's permission).

Call the non-emergency number 503-823-3333 when you observe an individual or group:

- Consuming drugs or alcohol in public.
- Aggressively pan-handling, including persistent requests for money despite saying no.
- Urinating or defecating in public.
- Engaging in any other improper use of public property.

Other Numbers can be called for these situations:

- An individual engages in erratic behaviors that are not an immediate safety risk, but may be an indication of a need for mental health assistance. Please contact the Multnomah County Crisis Line at 503-988-4888.
- There is graffiti on public or private property. Take a digital picture and contact the Graffiti Abatement Program Reporting Hotline at 503-823-

4TAG or 503-823-4824; you can also report the incident and submit pictures at www.portlandonline.com/oni/. If the graffiti is on your property, you will also need to file a police report by calling the non-emergency number.

- An animal is aggressively biting or chasing another animal or person. Call 9-1-1 and the Multnomah Animal Control at 503-988-7387, selecting the emergency option. If the animal has attacked but is presently confined, contact the Multnomah Animal Control at 503-988-7387 and select the non-emergency option.
- When there is an accumulation of litter, it is the property owner's responsibility to clean up the area. To find out who owns a property contact the City and County Information Line at 503-823-4000. For illegal dumping on public property, contact Metro Enforcement Division at 503-797-1835.
- For abandoned shopping carts, call 888-55-CARTS or 888-552-2787.
- To report abandoned automobiles on public property, contact 503-823-7309. For abandoned bicycles, contact the Portland Bureau of Transportation at 503-823-7829.
- If individuals are camping on public property or in the right of way, contact the nonemergency number at 503-823-3333. There are also organizations that provide outreach services to individuals in need. For adults, contact JOIN 503-232-2031. For youth, contact Janus Youth 503-233-6090 or New Avenues for Youth 503-224-4339.
- Where individuals need help finding resources to meet basic needs, such as food, shelter, and healthcare, Street Roots has an online directory at www.rosecityresource.org. Another contact for health and community services is the information line 2-1-1.
- Where there are chronic problems that are not resolved by a call to 9-1-1 or the non-emergency number, Crime Prevention Program Coordinators and Neighborhood Response Team Officers can assist you in problem solving efforts. Their phone numbers are listed below (All numbers are area code 503):

Southeast Crime Prevention Program Coordinator

Katherine Anderson, 503-823-3432
 Katherine.Anderson@portlandoregon.gov
 City and County Information and Referral (CCIR) 823-4000
 (CCIR can connect you to a coordinator M-F 8am-5pm)
 Administrative offices 823-4064

Neighborhood Response Team Officers

Central Precinct 823-0097
 East Precinct 823-4800
 North Precinct 823-5700

This and many other useful security/safety issue documents are available at the ONI website: www.portlandonline.com/oni/cp

Speed Limits Sprout in North Tabor

(Continued from page 4)

concern for people who live on Portland's neighborhood streets and for parents who are considering letting their kids walk and bike to school. There has been a great amount of community support to lower the speed limit on neighborhood greenways to 20 MPH, and the BTA is proud to announce that the city of Portland made the new speed limit official last August.

The logic behind lowering the speed limit from 25 to 20 MPH is all about physics. At 20 miles per hour, a person has a 95% chance of surviving a crash. As speed increases above 20, the chance of survival decreases. Lower speed limits have been effective at reducing the crash and fatality rate in cities across Europe. In London, all residential zones have 20 MPH speed limits.

In East Portland, people are walking in the street because there are no sidewalks. Lowering the speed limit to 20 MPH will make a big difference to people and families who use those streets to get to work and to school.

The BTA is proud to have worked with the City of Portland, state legislators, and transportation partners to pass legislation in 2011 to allow cities to lower the speed limit on neighborhood streets from 25 to 20 MPH and significantly improve safety for everyone who is walking, biking, and driving on those streets.

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Another Great Cleanup!

Our annual cleanup had great weather and participation. Our share of this joint project with Mt. Tabor was just a few dollars short of the \$2000 NTNA committed to the Mural Project. Special thanks to Paul Leistner and Amy Chomowitz, Mt. Tabor's Co-Chairs for this event, Laurelhurst Cafe for once again providing coffee and coffeecake for volunteers, Fred Meyer's for a gift card for volunteer snacks, McFarlane's and Metro for waiving fees, BPS/SEUL for funds, Green Century Recycling for electronics recycling, Rebuilding Center and Community Warehouse for picking up reusable items, Mt. Tabor Middle School for use of the facilities, and all the great volunteers who directed traffic, collected fees, sorted and transported recyclables, and all the neighbors who participated and purchased items from the Resale Area.

If you would like to help us plan and carry out next year's event, please call 503-928-4655 or email cleanup@northtabor.org



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PORTLAND FRUIT TREE PROJECT

An abundance of fruit grows on trees within the city of Portland. But without Portland Fruit Tree Project, tons of this delicious food would drop without being harvested, turning into a sticky mess in yards and sidewalks.

Meanwhile, nearly 14% of Oregonians experience food insecurity each year, and many more can't afford fresh produce, which is vital to a healthy diet, and often scarce at food banks.

WHAT WE DO:

Portland Fruit Tree Project organizes people to gather fruit before it falls, and makes this valuable resource available to those who need it most.

We register fruit & nut trees around the city, coordinate harvesting parties, offer workshops in tree

care & fruit preservation, and more!

By empowering neighbors to share in the harvest and care of urban fruit trees, we are preventing waste, building community knowledge and resources, and creating sustainable, cost-free ways to obtain healthy, locally-grown food.

Because money doesn't grow on trees... but fruit does!

Mission: To increase equitable access to healthy food and strengthen communities by empowering neighbors to share in the harvest and cultivation of city-grown food.

History: Started in 2006, PFTP has expanded every year to include more people and trees throughout the city. PFTP was honored as Best New Nonprofit in Portland with a Light a Fire Award from Portland Monthly magazine in 2010.

2012 Accomplishments:

Coordinated 88 Harvesting Parties and Group Harvests with 698 total participants.

Harvested 66,764 pounds of fruit that would have otherwise gone to waste, from 890 trees at 129 sites.

Distributed 1/3 of harvested fruit to harvest participants (53% of whom were low-income) and the rest to local food banks, reaching over 9,000 families in need.

Held 18 hands-on workshops in tree care and food preservation, teaching 190 people skills for self sufficiency, Provided scholarships to 1/3 of participants.

Engaged 108 volunteers in leadership roles

Continued to cultivate two thriving Community Orchards on public land, engaging 83 participants.

Cared for 180 trees and provided yearlong training in organic fruit tree care for 44 participants in our Tree Care Teams program.

Harvesting Programs:

HARVESTING PARTIES bring neighbors together to pick fruit that would otherwise go to waste. Half goes to families in need through local food banks, and half goes home with participants.

Our **GROUP HARVESTS** program works with community partners serving low-income individuals (food banks, schools, social service agencies) to organize harvesting parties for their clients.

Tree Stewardship Programs:

WORKSHOPS provide hands-on opportunities to learn organic methods of fruit tree care.

TREE CARE TEAMS engage longterm volunteers in developing advanced tree care skills and performing much-needed care for registered fruit trees.

Food Preservation:

Hands-on workshops teach various methods and safe practices of fruit preservation, so that seasonal bounties can last year-round!

Fruit Tree Registry:

Our database & tree map includes thousands of trees whose owners want to share the bounty.

Community Orchards:

We cultivate orchards on public lands to provide food and education for the community, in partnership with other organizations.

Current projects include Sabin Community Orchard and Green Thumb Community Orchard.

Register your tree(s)

Need help with harvesting? Want to share fruit with neighbors in need? We can help! Contact us for a Tree Registration form.

Join a Harvesting Party

Harvest season begins in July and ends in November. Contact us to sign up for a Harvesting Party in your neighborhood!

Become a 'Group Harvest' Partner If you work with low-income individuals and would like to arrange a harvesting party for your group, please contact us!

Attend a workshop

We offer hands-on learning opportunities in fruit tree care and food preservation. Contact us or visit our website for details.

Volunteer

There are many ways to be involved! Contact us to discuss current opportunities & ways you can help. Do you value the work of the PFTP? Please support our efforts with a tax-deductible donation. Anything helps! Make checks payable to 'Portland Fruit Tree Project' and mail to:

1912 NE Killingsworth St.
Portland, OR 97211

Or contribute on-line: www.portlandfruit.org

Click on: Support Us!

Share in the harvest!

www.portlandfruit.org

503-284-6106

info@portlandfruit.org

NATIONAL NIGHT OUT

Get ready for the party!



Official Date: Tuesday, August 6, 2013
Parties are considered NNO parties if they are registered with the City of Portland and occur between August 2nd-August 11th

What is National Night Out?

National Night Out is a unique community event, celebrated across the United States and Canada that happens the first Tuesday in August every year. On this day, parties, gatherings, and get togethers happen throughout Portland. The focus of these parties is on preventing crime and drug activity by getting to know the people on your block and in your neighborhood.

How can I participate?

You can participate in Portland's National Night Out celebrations and activities by hosting an event or attending a party. To register your party, learn more about National Night Out, or find an event in your neighborhood check the website listed below.

Why register your party?

Parties registered through the Office of Neighborhood Involvement Crime Prevention Program are eligible for a variety of fee waivers and receive visits from local public safety officials.

Party Registration Deadline: July 23, 2013








PORTLAND, OREGON ★ 503-823-4064
www.portlandoregon.gov/oni/nno

T A B O R T A V E R N



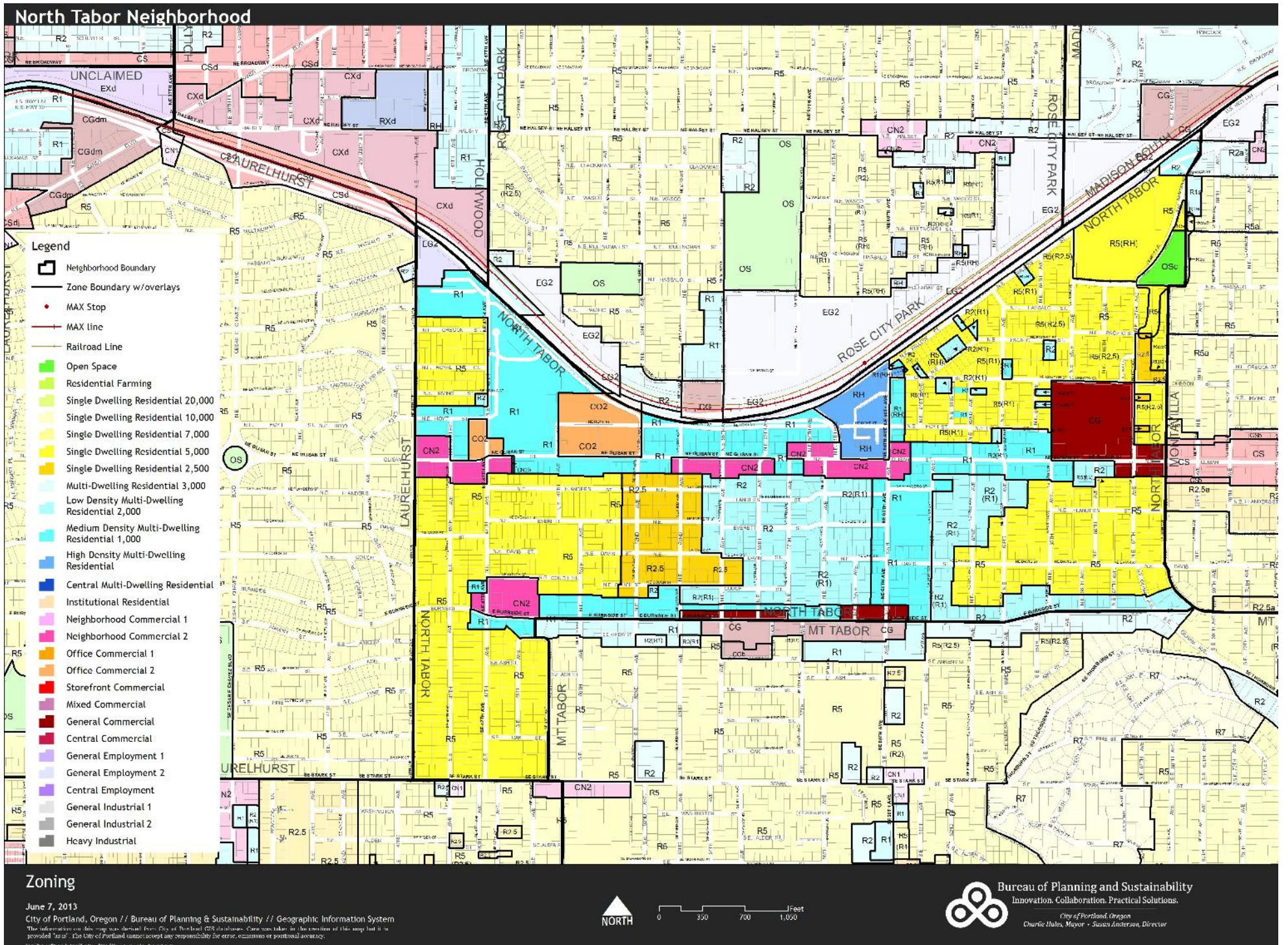
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DINNER

SUNDAY BRUNCH

<http://tabortavern.com/>
5325 East Burnside Ave., Portland
503.208.3544

House of Dreams Cat Shelter Book Sale and Bazaar Help
HOD crafting for the bazaar is next Saturday, June 21st at TaborSpace at SE Belmont and 55th in the Nursery Room from 1-3 p.m. We hope to see you there. Please RSVP if you plan to attend. The bazaar is closer than you think and we need help with making items to sell. Let us know if you can bring your sewing machine to do some simple sewing. There will be other projects for non-sewers. See you at the book sale THIS SATURDAY, June 15th from 10-3 at 4400 NE Glisan in the parking lot of Portland Yoga Arts. Tell all of your friends and neighbors - we have hundreds of books to sell at great prices!



Map of North Tabor Neighborhood's existing zoning (provided by City of Portland Bureau of Planning and Sustainability)

Updating the Comprehensive Plan

by Gabe Frayne

A committed group of neighborhood activists from North Tabor and other neighborhoods in the Southeast Uplift coalition gave up their Saturday morning this past June 1 to participate in a mapping conversation with representatives of the Portland Bureau of Planning and Sustainability (BPS). The purpose of the event, which was sponsored by SE Uplift and held at the SEUL offices on SE Main Street, was to receive additional neighborhood input for the Portland Comprehensive Plan update, due to be completed in 2014. Among other topics, the conversation touched on housing, transportation, residential density, gentrification, and economic development.

The current Comprehensive Plan, adopted in 1980, is overdue for periodic review required by state law. As BPS says, "The plan has been updated many times, in small and large ways; but never as a whole." The review must at a minimum, address the requirements of Oregon's statewide planning goals (http://www.oregon.gov/LCD/pages/index.aspx#The_Goals); apply to the whole of the City limits, plus an adjoining Urban Services Boundary; and meet anticipated employment and housing needs for the next 20 years." Such review is all the more urgent due to projections of an additional 130,000 households within Portland city limits by the year 2035. "We have more than enough zoning for 130,000 plus households," says Tom Armstrong of BPS. "Where they land on the map is another question." Zoning allows for more density than has been built – where properties are zoned for higher density, an owner can tear down existing housing and replace it with higher density housing. One of the working assumptions noted on the BPS

agenda was that, "Current comprehensive Plan Map designations provide adequate capacity for housing and commercial uses to accommodate projected population growth." Tom Armstrong noted that the residential growth capacity in Portland is 85 percent multifamily dwellings and that "two thirds of it is already on the ground."

The percentage of families with children will stay about the same but the biggest change will be an increase in the percentage of Portlanders over 65. Although it has long been a cliché that Portland is paradise for childless 20- and 30-somethings, more than one of the residents seated at the tables noted an increasing presence of young families in their neighborhoods putting down roots. If this is a trend, it may portend a greater demand for single-family housing with added square footage. And in contrast to past decades, there has been a marked increase in population flowing into Portland and Multnomah County from outlying suburban areas.

One conversation with direct bearing on North Tabor had to do with the availability and convenience of public transit. Though North Tabor is clearly on a transportation corridor, it was noted that more residents generally means more traffic, even with bus and Max lines nearby. One of the maps showed a possible trolley car route running from the designated Town Center along Belmont up Thorburn past 82nd and participants suggested changing the rerouting to Glisan at 60th to ultimately connect up with the MAX at 82nd.

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