

North Tabor Note

Issue Two // Volume One

Spring 2015

FREE

Clean-up & Recycle Day Seeks Your Unwanted Stuff

Start gathering your junk! Our annual neighborhood clean-up is fast approaching. The Mt. Tabor and North Tabor Neighborhood Associations are working together again this year to host our joint cleanup event. In addition to being a very convenient way to get rid of your junk, this event also is a major fundraiser for the two neighborhood associations. Please spread the word to your neighbors and friends! Anyone can bring stuff to the cleanup.

We'll take bulky waste and some yard debris; we'll recycle lots of materials, and have a reuse area for treasures that someone might want to rescue from the land fill. See inside for more information on the clean-up, including types of donations accepted and volunteer information.

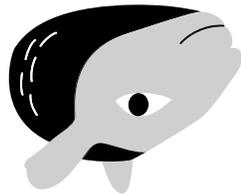
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Annual Spring Clean-up 2014

DATE: Saturday, April 25, 2015
TIME: 9 a.m. to 1 p.m.
PLACE: Mt. Tabor Middle School
parking lot SE 57th Ave. and Oak St.
(just north of Stark)

DROP OFF FEES
\$10-\$15 average load
\$25 large loads
\$30 and up for oversize loads
Tires: \$5 per tire off the rim;
\$10 per tire on the rim



This newsletter was
hand-delivered by an
amazing volunteer!

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3534 Southeast Main Street
Portland, OR 97214

NORTH
TABOR
NEIGHBORHOOD
ASSOCIATION

Spring Clean-up Information

WAYS YOU CAN HELP

Volunteer! Bring a friend – it's fun!
Shifts: 8 to 11 a.m. and 11 a.m. to 2 p.m.

Help direct traffic and unload cars and trucks, and sort recyclables. We also need people with pickup trucks to drive recyclable materials collected to Far West Fibers (now "Far West Recycling").

Bring your tools and help in our "deconstruction area"—this allows us to recycle more—especially valuable metal!

Host a yard sign—help advertize the cleanup: contact John Savoie, savoiej6@gmail.com or 503-724-8925, with your address in the North Tabor neighborhood, and we will find a way to get one to you!

REUSEABLE ITEMS

Reuse Area: Every year we get lots of things that could be used by someone else. Volunteers will rescue reusable items from the dumpsters and display them in the "Reuse Area." Take home an unexpected treasure for a small donation. In past year's people have gone home with yard care tools and equipment, glasses and dishes, books, and even an antique steamer trunk!

CLEANUP SPONSORS

-Metro donates the cost of dumping the drop boxes at the transfer station.
-City of Portland Bureau of Planning and Sustainability provides financial and logistical support to participating neighborhood associations.
-Southeast Uplift Neighborhood Coalition provides administrative support and technical assistance to the neighborhood associations and cleanup coordinators.

ADDITIONAL SUPPORTERS

-Laurelhurst Café is donating coffee and snacks for the volunteers.
-McFarlane's Bark is donating two drop boxes for yard debris and scrap wood.
-Green Century will be at the event again this year and will accept a wide range of electronic devices. Check out their site: greencenturyonline.net/ and Facebook page: facebook.com/SBKGreenCentury

THANK YOU ALL!

For more information about the cleanup or to volunteer, please contact: John Savoie, savoiej6@gmail.com or at 503-724-8925.

WHAT CAN I BRING TO THE CLEAN-UP?

YES ITEMS

General bulky waste
(pretty much anything not listed in "NO ITEMS")

Yard Debris (Limited quantity
WE ONLY HAVE TWO DROP BOXES FOR YARD DEBRIS THIS YEAR—generously donated by McFarlane's Bark)

RECYCLING OPPORTUNITIES

-Yard debris (will be composted by McFarlane's Bark)

-Scrap wood/lumber, paint and with small nails is o.k.

-White block styrofoam
(no other types of styrofoam)

-Packing peanuts

-Metal

-Tires

-Bikes

-Tools

-Furniture

-Clothing

-Useable building materials

-Appliances

(except those with Freon)

-Rigid plastics

-Electronics (computers & peripherals, cell phones, more)

NO ITEMS

No hazardous waste (e.g. paint, pesticides, solvents, asbestos, gasoline, chemicals, motor oil, tar, paint, batteries, animal waste, liquids, pool chemicals, wood stain, antifreeze, thinners, aerosol spray products, syringes, medications, poisons, toxic chemicals, herbicides, household cleaning products, fluorescent tubes & ballasts, compact fluorescent lightbulbs CFL)

No large quantities of construction or landscape materials (concrete, asphalt, dirt, sod, brick, sand, gravel or composition roofing)

No commercial or industrial garbage

No air conditioners, freezers, refrigerators, compressors or other items containing Freon

No regular household garbage or food waste (things that go in your curbside pickup)

WE RESERVE THE RIGHT TO REFUSE ANY ITEM

Mount Tabor Middle School is holding its annual PTA sponsored rummage sale on Sat. April 25—the same day as the MTNA/NTNA neighborhood cleanup. Come shop our fabulous sale for great bargains, while supporting our Mt Tabor Students! If you would like to donate to our sale, we will be accepting gently used donations at the school on Friday April 24 from 4pm to 7pm, if they are smaller items, there is a box labeled Rummage Sale near the office at

Mt Tabor Middle School, or you can contact Nicole at taborpta@gmail.com for drop off information. We cannot accept computers, large appliances/furniture or mattresses. Mt. Tabor Middle School PTA Rummage Sale Location: Mt. Tabor Middle School Cafeteria, 5800 SE Ash Date: Saturday April 25, 2015 Time: 9am-2pm

Any questions about the sale or donations, please contact Nicole at taborpta@gmail.com



Image by Brave Bros., nounproject.com

Let Us Work On A Vision!

By Terry Dublinski-Milton, Transportation & Land Use Chair

Now that we've submitted comments on the comprehensive plan for growth over the next 20 years, it's time to begin implementing these concepts! What are these? The first is affordability. North Tabor is a neighborhood that is 60% renters, so keeping housing affordable is my primary goal. This includes working to create the economic & zoning climate that allows younger families to buy homes here. On 4/27, there will be an information session on what Inclusionary Zoning will mean for North Tabor. Assuming the ban is lifted this year, we will be able to work with the zoning code to require developers of larger buildings to include workforce & low income housing or public plazas as part of their construction. This zoning tool is not a fix-all, but it could stem some of the displacement we've seen in other neighborhoods. Watch NorthTabor.org for details!

Speaking of zoning, now that the comprehensive draft plan is finished, we'll need to work out the zoning map. North Tabor has a long history of infill being mismatched - our eclectic housing styles make for an interesting neighborhood, but it has allowed for some poor design choices. In our comprehensive plan we argued that creative solutions for lower density housing like additions, ADU's, garage conversions, & other ways to create a livable & affordable community should be studied & implemented. To move this forward, I will be working to help coordinate a summit on affordable housing options in these lower density situations. Would you like to see design criteria? What is the correct balance between saving older structures & adding housing? How can we keep North Tabor affordable? Get involved to help make this happen!

As a neighborhood without a central school or park, but with an increasing population, we also need to keep North Tabor livable. In May the T/LU committee will focus on plans for NE Oregon & a "North Tabor Promenade." Have you ever thought that this street could be turned into People Space? Well, let's do a safari & find out! Saturday May 9, I will lead a ride to look at, take pictures of, & discuss options for public spaces created in Portland out of sub-standard streets. We will look at Holman City Park, NE Klickitat, & other public spaces -- join us & see the possibilities!

On the subject of streets, this spring & summer many streets in our neighborhood will be opened to replace sewer pipes. This is the biggest investment our neighborhood has seen from the city in a long time, so expect street closures & construction. Please be patient as some of our pipes are close to 100 years old. Feel free to contact us with questions or concerns.

When it comes to transportation safety, this last year we adjusted to a new modernized Glisan, the 50's bikeway, & the new pedestrian crossing in front of Fred Meyer. Do you have safety questions or concerns about the 50's bikeway that it is now six months old? The project manager will be at our April Board meeting to answer your questions!

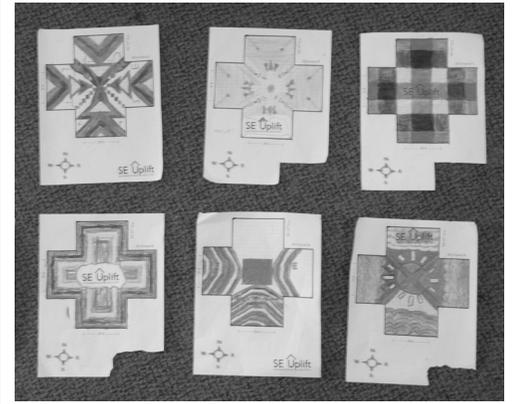
Finally, as the Glisan roadway configuration gets improved with 30 MPH signs & a new crossing, let's work toward an entire safety network. Last month, the full SEUL board endorsed the Montavilla & North Tabor recommendations for a modernized NE Halsey from 67th east to minimally 74th (and hopefully 80th), including bike lanes & a center turning lane to make crossing easier & safer! Have you ever tried to get east out of "The Pocket" to Montavilla or wanted to go to the Rose City Park & been too scared to cross Halsey? Hopefully with some pressure on PBOT, we can augment the new crosswalks & stop sign at the Halsey off-ramp & modernize this dangerous, but short, stretch of roadway this summer.

On our west side, students & members of Laurelhurst Elementary are working toward a pedestrian crossing at 43rd & Glisan. Providence will also be giving a guided tour of the new guest house that has been under construction, and in April I will receive a briefing on Providence's new long term plans for managing the ever-increasing traffic. We are always looking for residents to join us for the Transportation Working Group with Providence.

Want to get involved? Come to our Transportation & Land Use meetings at New Heights Physical Therapy - first Tuesday of every month at 6:30 PM. We are always looking for more public input & interest!

Arts Committee To Paint Street Mural in N. Tabor

By Max Goldenkranz



Sketches by students at Portland Montessori School

The North Tabor Neighborhood Association Arts Committee is proud to announce our plans for an intersection mandala on the corner of NE 53rd Avenue and Everett Street

With support from our parent organization South East Uplift in the form of a small grant, logistic coordination from CityRepair, and partnerships from our neighborhood's own Community of Christ Church and Folktime, we hope to channel the spirit of the Burnside Mural and continue the process of filling our neighborhood with art.

The mural design is currently in its planning stages, a task being handled by the upper-elementary school children at the local Portland Montessori school, who will pick the final design by vote and pass it off to us so we can get it done.

The next month will be quiet. We will begin gathering supplies in May, while the painting itself will be done Mid July; the exact date will be announced in May. Keep an eye on NorthTabor.org and our Facebook page (facebook.com/NorthTaborNews) for scheduling and other information.

What we need from our neighborhood residents is time. The actual painting of the mural will be done by us, the residents, instead of a trained artist. It will be a full-blown block party, so bring your family and friends to help your neighbors make something amazing.

Any questions? Send an email to arts@north-tabor.org & we'll do our best to answer them. Happy Spring!

MADE POSSIBLE WITH HELP FROM OUR
NEIGHBORHOOD FRIENDS

GOLD CONTRIBUTORS



www.bridgetownchiropractic.com

Your Bridge to Better Health and Performance

New Heights

PHYSICAL THERAPY ♦

NE 58th and Glisan
(503) 236-3108

SILVER CONTRIBUTORS



A small-scale urban cidery located in North Tabor
Producer of flavorful & refreshing dry ciders

BRONZE CONTRIBUTORS



Dine In or Take Out
503.548.6320 LaurelhurstCafe.com



Tierra Educational Center
www.tierracenter.com

Thank you to all of our contributors!

GET INVOLVED!

All meetings are open to the public and you do not have to become a member of the board to get involved with your neighborhood! If you would like to contribute to the newsletter or you have a suggestion, please send an e-mail to note@northtabor.org. This newsletter is created solely by volunteers, and we're always welcoming new ideas into the discussion.

EVENT CALENDAR

NTNA Land Use & Transportation Committee
May 5, June 2, July 7, 6:30pm – 8:00pm
@New Heights Physical Therapy
5736 NE Glisan

NTNA Communications Committee
May 9, June 13, July 11, 10 – 11 am
@Biddy McGraw's

NTNA Neighborhood Meetings
Apr. 21, May 19, June 16, 6:30pm – 8:30pm
@5600 NE Glisan St.

Annual Clean-Up
April 25, 9 am – 1 pm
@Mt. Tabor Middle School

A Neighborhood Food Co-op

By John Andersen, Marketing & Branding Committee,
Montavilla Food Co-op

Why Do We Need a Food Co-op in Montavilla? Currently no grocery store exists in Montavilla where the primary emphasis is on fresh, locally grown produce, and whole foods. The Montavilla Food Co-op aims to change that.

When the co-op opens its doors, Montavilla will take a major step forward in bringing back neighborhood food security like it had 100 years ago before the advent of industrial food and GMOs from agri-chemical corporations. And, since the owners of the Montavilla Food Co-op are actually its members (neighbors like you and me), we decide what makes it to the shelves, and all of the profits from sales will stay right here in the neighborhood – where they belong!

You can be a part of this important movement away from industrial food and back to a neighborhood food system by joining the co-op, and meeting many other Montavilla neighbors who are as passionate as you are about healthy, chemical-free, locally-sourced food. For more information, visit our website and our Facebook page for a list of upcoming co-op events.

Good Neighbor Providence

By Peter Keith, NTNA Liaison

Hello, North Tabor Neighbors! I am sure you are well aware of the presence of Providence Medical Center here in our neighborhood. Did you know that they are a part of a Good Neighbor Agreement involving ourselves and the Laurelhurst Neighborhood Association? The purpose of this is to facilitate continuous communication and collaboration amongst all three groups and our community at large. It allows us to work together to have input with the medical center in regards to their master plans, how they directly affect us, and how we can work together to find potentially better solutions for those plans. Items discussed have included

reduced speed limits, cross walk locations, employee ride shares, and working with Tri-Met and PBOT to discourage the use of single-driver automobile traffic into the area.

There is also a resource for learning about news in our neighborhood related to Providence. You can find it online at <http://bit.ly/1Fchmxl>

Some of us clearly live much closer to Providence than others, and may experience traffic, parking or other issues in regards to the hospital such as employees driving off campus to smoke in front of your house. You are welcome and encouraged to report these issues to their "parking" hotline at 503-215-0615. As I am one of two North Tabor residents that are our representatives in this committee, if you feel that there are issues beyond the scope of the hotline, or have other concerns, please do send us an email at : gna@northtabor.org.

April Showers...

By Devlyn Keith

As we head into spring & summer, our weather is likely to be far drier this year, so keep the following in mind:

- If you have any newly planted trees, ensure they get at least 10 gal/week of water during dry weeks. Friends of Trees (FriendsOfTrees.org) recommend "Ooze Tubes" to keep your trees happy.

- New plantings need to be deeply watered for the first 3 years as well, even if they're considered drought tolerant. Check with your local nursery to ensure you're getting your plants the right amount of water.

- Try to water at night, or when the area of your garden is shaded, to cut down on quick evaporation

- Mulch, mulch, mulch! Spread mulch 3" deep around your plants - it helps conserve water and keeps the roots cool.

Have gardening questions? Join us online at the "Gardeners of Montavilla" Facebook group – there's a contingent of North Taborites representing, & everyone is super helpful. Happy spring!

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